

Relationship Revolution: Emotionally Healthy Spirituality

The Problem

Community Church - West Bend, WI

1 Samuel 15: 10-24

January 8, 2012

The Problem of Emotionally _____ Spirituality

_____ – Great Promise / Chosen / Anointed

Instructions: _____ Destroy - vs. 3

Problem: _____ Obeys - vs. 9

1 Samuel 15:12-25

An Emotionally Unhealthy person, says “No” to _____ and

Silence and Solitude – allowing us to understand what is going on, on the _____, my motives, feelings, thoughts, attitude on the inside

Slow Down

The _____ to live fake or superficial lives is strong

An Emotionally Unhealthy person, says “No” to _____ their Personal Relationship with God

Saul is more interested in being _____ by people than God

1 Samuel 15:22 ...To obey (listen) is greater than sacrifice...

Do you and I spend time listening to God?

Contemplation is about clearing space out so we can go _____ and

An Emotionally Unhealthy person, says “No” to being _____ through Setbacks and _____

Only through hurts, problems, sufferings will we learn _____ Hebrews 5:8 -

Although he was a son, he learned obedience from what he suffered.”

LIFE Application:

Warning: _____ vs. _____ - vs. 25

If we embrace God’s truths the journey will be _____ . Healthy is not the _____ of pain.

Top 10 Symptoms of Emotionally Unhealthy Spirituality

Using _____ to run from God

_____ the emotions of anger, sadness, and fear

Dying to the _____ things

_____ the past’s impact on the present

_____ life into “secular” and “sacred” compartments

Doing for God instead of _____ with God

Spiritualizing away _____

_____ over brokenness, weakness, and failure

Living without _____

Judging the spiritual journeys of _____