

Join The Feeding Frenzy



I. Determine To Begin Right

- A. Start with a readable version of the Bible.
(NIV, NKJV, NASB, ESV or New Living)
- B. Start with a length of time in mind.
- C. Start with a location in mind.
- D. Start with a notebook or journal.

II. Determine A “Vine Time” Plan

- A. Ideas for your time in the Word:
 - Devotionals or reading Check-lists can be helpful.
 - As you begin, thank God for His presence.
 - Ask God for help in understanding His Word and to show you something to apply to your life.
 - As you read, put yourself in the verses. Use first person pronouns, like I, me, my, mine. A very helpful way to do this is to think of yourself as a Bible **SPECT**ator and ask yourself the following questions...
 - **S** – is there any **SIN** for me to avoid or confess?
 - **P** – are there any **PROMISES** for me to enjoy?
 - **E** – is there an **EXAMPLE** for me to follow?
 - **C** – is there a **COMMAND** for me to obey?
 - **T** – is there anything for me to apply **TODAY**?
- B. Ideas for your time in prayer. It helps to use a simple pattern for your time like this (**A.C.T.S.**)
 - **A – Adoration:** Spend some time thanking God for who He is and for the qualities in Him that you are thankful for.

- **C – Confession:** Spend some time confessing your known sin to God. Ask yourself if there are attitudes or actions in your life that need to be turned over to Him.
- **T – Thanksgiving:** Thank God for all the things He is doing in your life and the lives of those you care about. He loves to hear “*thank yous*” even in the midst of hard times.
- **S – Supplication:** Talk to God about your needs and the needs of those you care about.

- C. Spend a couple minutes chewing on a memory verse for the week.
- D. Share what you learned with your spouse or a friend.
- E. Some Random Practical Suggestions:
 - If you miss a day or two, don’t beat yourself up!
 - Don’t be afraid to mark up your Bible.
 - Keep a notepad for writing down distracting thoughts.
 - Do keep some kind of notebook or journal to record what you are learning.
 - Do find a Q.T.I.P. (Quiet Time Influence Partner)

III. Determine To GET STARTED

- A. What time is best for you? _____
- B. What length of time is best? _____
- C. What place is best? _____
- D. What is your plan for reading? _____

The Challenge: I, the undersigned, do promise, to the best of my abilities and with God’s help, to join the Feeding Frenzy for the next two weeks.

X _____