to Renee Putt

The Flame - Spring 2016

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## The Flame

Newsletter of the Kalamazoo District United Methodist Women

## **BE A VISIBLE UNIT!**

Is your UMW
Unit visible in your church family? in your community?
Let's get out of the kitchen/basement/ or where ever we meet. Show people who we are. Lead by example.

Did you see the #UMWumbrellas pictures? If your Unit took a picture, I can still post it on the Kalamazoo District UMW Facebook page and send them on to the National UMW site. Just email the picture to me. (Take the picture during fellowship time after worship.)

I have to say something about Westwood UMW in Kalamazoo. They are offering a once a month Friday night Film and light supper. Each month the film will

be on a different social issue.
January was on Human Trafficking with a local speaker and the film. Good food and good turnout of women and men---way to go Westwood!

Are you planning to have a UMW Sunday at your church in 2016? I hope so! We can help you with the planning, just give any District Officer a call. Here are some starters:

- get a date on the church calendarmaybe a day when the pastor is away
- we have a speaker list or use one of your own choice
- choose your hymns, Response magazine has great prayers,

sayings, etc.

set up a display during 'coffee hour' showing what your Unit is doing and some history of the Unit (pictures, program booklets, mission projects, books).

Make UMW Sunday one of your goals for 2016.

Does someone write a paragraph for your church newsletter promoting UMW and projects like making one handled school bags or upcoming District Events?

BE VISIABLE AND GROW. Read on. Your District Team is excited about the events and projects for 2016. Be excited about your Unit.

Cindy Thiele Kalamazoo District UMW President

## Spring Fling Tea Time

Sponsored by Kalamazoo District United Methodist Women



Saturday, March 12, 2016

Registration at 12:30 p.m. Event 1:00-3:00 p.m.





Portage Chapel Hill UMC 7028 Oakland Dr. Portage

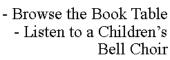
\$7.00 \$5.00 Girls 5-12

(girls should be accompanied by an adult)



- Hear the History of Tea

- Sample Tea & Tea Foods



Register by March 5: Mail: Adele Paxson, 1332 Royce Ave. Kalamazoo, MI 49001 E-mail: adelepax@charter.net and bring your payment to the event Online: https://squareup.com/market/kalamazoo-district-united-methodist-women

Make checks pay able to: Kalamazoo District UMW

## PLEASE NO PERFUME DUE TO ALLERGIES

(name)	(phone # or email address
(church)	_

**Register for Spring Fling On-Line** 

**Spring Fling Flier** 

## **Spiritual Growth**

The Kalamazoo and Heartland Districts are retreating together! This is a great opportunity to get to know fellow United Methodist Women AND to check out Wesley Woods Camp! There are many options to make this event work for you. If you are unable to stay the night, you can commute for only \$25. (This includes one lunch and both days.) Plan to attend this Spiritual Growth Retreat hosted by the Heartland District. We look forward to seeing you there!

(This map shows the church locations and the area covered by the Heartland District)

dormitory-style

main lodge that

sleep 79 people.

rooms in the

## **Spiritual Growth Retreat**

The next retreat will be April 29-30, 2016 at Wesley Woods Camp, 1700 Clear Lake, Dowling, Michigan.

There are two styles of lodging, one being a motel-style with two people sharing one room and 4 people sharing a bathroom. There is room for 34 guests. The other style consists of two



cooked meals are served daily in the dining hall. Coffee

Home-

and hot drinks are available 24 hours a day.

The retreat leader will be Pastor Devon Herrell, who is



spring retreat. Everyone who has heard her speak highly recommend her and have enjoyed time with her



Motel-style lodging

immensely. Please pray about and make your plans now to attend this spring's Spiritual Growth Retreat. Invite your friends and family to join you.

Blessings, Vicky Burrows, Heartland District UMW Mission Coordinator for Spiritual Growth



Dormitory-style lodging

**Spiritual Growth Retreat Flier** 

2016 Spiritual Growth Retreat



# Created for Happiness:

## Understanding your Life in God

- -- Develop the happiness habit!
- -- Seek happiness in God
- -- Examine the understanding of happiness and how to live the life that God calls us to

Retreat leader: Rev. Devon Herrell

Friday & Saturday, April 29 & 30	
Friday: Registration: 1:30-2:30 p.m. Registration: 4:00-5:00 p.m. Session One: 2:30 - 4:00 p.m. Session Two: 5:00 - 6:30 p.m. Dinner: 6:30 p.m.  Saturday: Join us for a day of fellowship and spiritual growth Sending forth 3:00 p.m.	
Where: Wesley Woods Camp, 1700 Clear Lake Rd. Dowling, MI49050	8
Lodging: \$60.00 lodge -bunks, bring your own bedding & towels, communal shower \$80.00 motel – linens/towels provided, shower, 2 /room, 4 /bathroom	ewww CllpProjoe:tIAfo
Please return this portion no later than April 25,2016; to Registrar: Darlyn Turner, 1145 Lakeview Drive, Clare, MI 48617 Questions? darlynt@hotmail.com or 989-621-6828 Please make checks payable to: Heartland District UMW  Cost:\$60.00 Lodge \$80.00 Motel	
Name: church:	
Address:	
Phone & e-mail:	

#### **Nominations**

The Kalamazoo District Team has a full slate of officers for 2016. They are working diligently to make this years District events meaningful, informative and entertaining for all. For next year my nominations committee will be searching for a new secretary as Elyse



Alice Reissmann

Connors will be completing her four year term in that position.
There are four team meetings each year for which minutes are taken. Also minutes are recorded for our District Annual Meeting in the fall. A yearly

District Directory is also completed by the

secretary; training is provided by the present secretary and the Conference for all tasks. If you have ever thought about joining our District team, you will be most welcome. You will be helping to plot the course for our district for the next year as well as making lifelong friends on the team. Come join us.

Alice Reissmann Nominations Chair

## Mission u

"Learning Together for the Transformation of the World"

SAVE the DATE: July 14-16, 2016 to visit the beautiful campus of Albion College (a United Methodist college). Everyone will be taking the Spiritual Growth class, as well as a choice between the two other studies. The Spiritual Growth study is "The Bible and Human Sexuality." We are excited to report that the author of the study, the Rev. Ellen Brubaker, will be leading us through this fascinating and challenging material.

The geographic study, Latin *America*,

People and Faith, will be repeated; and the new social issue study is Climate Justice. Which will you choose?

Children and Youth (newly added) will also study Climate Justice. Remember that the registration fee for children and youth who are accompanied by a registered UMW is waived. Consider bringing the whole family. Also, remember that MEN are ENCOURAGED to attend.

Childcare (for preschool age) will be available at no charge. Scholarships are always available. Please check with the District and Conference Mission Coordinators for Education and Interpretation about the details.

In 2016, the In-Gathering will be UMCOR School Kits.

As always, there will be a silent auction, a used book sale, videos and some surprise fun and festivities to complete your Mission u experience!

All we need is YOU to make a successful Mission u in 2016.

Blessings, Sue Emmons, Dean (The DOVE, Issue 39 Volume 1, page 3)

2016 Mission u Studies

## 2016 Kalamazoo District Challenge

The new challenge for our District is underway; we are making one-handled school bags. The pattern can be obtained from midwestmissiondc.org. I have recently returned from the distribution center in Chatham, IL with two bolts of book bag fabric. I will have it available at the Spring Fling event at Portage Chapel Hill. If you want to start sooner, make sure to use a heavy duty fabric; the pattern gives some suggestions. Make sure to follow the directions TO THE LETTER. Bags that are not made as specified will not be accepted. So get your sewing groups formed and your sewing machines ready; the challenge has begun!!! Contact me with questions at: areissmann1998 @gmail.com 269-621-6138.

Alice Reissmann



One Strap School Bag Pattern

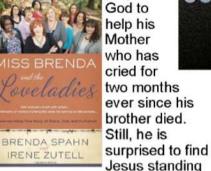
## Reading Program

Just a word from the Reading Corner: Program Resources has two recommendations for your reading list considerations. Both books are on the 2016 list.

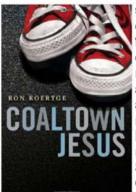
Miss Brenda and the Loveladies is a heartwarming true story of a business woman who turned her home into one for several female prisoners. This story not only changed Brenda's life, but through the grace of God, also the lives of the prisoners. It is listed under Nurturing for Community.

Coaltown Jesus is a Youth book which you can count on all levels of the Reading Program. Walker, who lives in a nursing home his mother runs, has

prayed for



in the middle of his bedroom. This book is written in poetry



style and one of my friends enjoyed reading it aloud. It is a quick read and is listed under Spiritual Growth.

Hope

you find a book from the Reading List from 2011-16 to curl up with on some snowy winter day.

Berrianne Provost & Adele Paxson Program Resources

2016 Reading Program Book List



# One Strap School Bag for MMDC

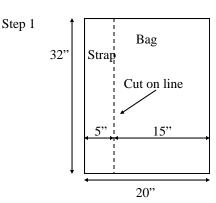
## **Sewing Instructions**

## Finished Size: 14" wide x 14<sup>1</sup>/<sub>2</sub>" tall

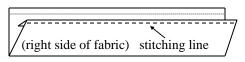
Suitable fabrics: denim, corduroy, sailcloth, med.-heavy drapery fabric, light upholstery; NOT double-knit.

## **Step 1: Cut the fabric**

Use one piece of fabric 20" wide by 32" long and cut a 5" strip off of the long side for the handle (strap). **OR**Cut a piece 15" wide by 32" long for the bag, then cut a coordinating piece 5" wide and 32" long for the handle (strap).



Step 2

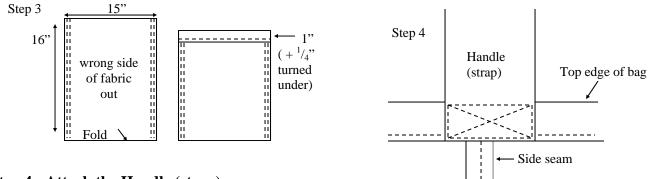


## **Step 2:** Make the Handle (strap):

Press under 1/2" on <u>each</u> long side of the narrow 5" piece. Fold in half lengthwise with the right side out, and press. Sew along the long open edge of the handle.

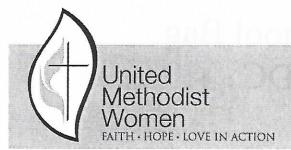
## **Step 3:** Make the body of the Bag:

Fold the large piece in half with the wrong side out, making a 15"x16" bag. Stitch up the side seams with a 1/2" seam then stitch again for strength. If the fabric ravels, please zig-zag the edge of the seam, too. (OR use a sergerer) Fold down the top of the bag 1/4" toward the outside, press in place. Fold it down another 1" and press. Stitch near the edge as shown. Turn the bag right-side-out and press.



## **Step 4:** Attach the Handle (strap):

Center the ends of the strap over the side seams, on the inside of the bag. Pin in place. Stitch a box around the edges of the strap, then sew an X to the corners of the box, as shown.



## West Michigan Conference

# Faith Journey Lake Junaluska October 26-30, 2016

(Wednesday - Sunday)

### Our Tour Includes:

- Transportation via deluxe highway motor coach
- · Countryside's 'breakfast to go' bag
- Two nights accommodations at first class hotels and two nights at the Lake Junaluska Conference and Retreat Center
- · Five breakfasts, three lunches, and four dinners
- Guided tour at the National Underground Railroad Freedom Center
- Tour of the Red Bird Mission and shopping at the craft shop
- Guided tour of the Brooks-Howell Home and time to get to know Deaconesses
- Shopping at the Folk Art Craft Center on the beautiful Blue Ridge Parkway
- · Time to enjoy Lake Junaluska
  - o The World Methodist Museum
  - o Shopping at The Lake Junaluska Bookstore (Cokesbury)
  - o Ice cream social at the historic Lambuth Inn
  - o Walk the path around the lake
  - o Relax in the Susannah Wesley Garden
- A tour of the Scarritt Bennett Center which includes the labyrinth and a Belle Harris Bennett Fellow's presentation
- View the Last Supper wood carving and the stained glass World Christian Fellowship Window at The Upper Room Chapel. Stroll in the sculpture and symbol garden representing Jesus in the Garden of Gethsemane. Your visit includes some time for shopping at the gift shop.
- Taxes and tips for all inclusions (driver's tip appreciated)



\$839.00 per person, double occ.

\$994.00 single occupancy

\$789.00 per person, triple occ.

\$669.00 per person, quad. occ.

Departure Points and Times:

6:00 am Grand Rapids:

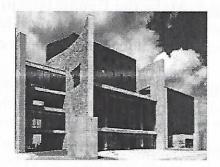
Park & Ride Lot, I-96 and the Beltline

7:00 am Holt

Holt United Methodist Church, 2321 N. Aurelius Road



Lake Junaluska Conference & Retreat Center



National Underground Railroad Freedom Center



Red Bird Mission

Tour Arranged By Countryside Tours, Inc For More Information Call 616.636.4628 or toll-free 800.784,3828

#### 2016 Friend List

Cindy Thiele 673-4515 Glenn, Ganges, South Haven\*, Burnips (no unit), Fennville (no unit)

Joyce Mitchell 925-4528 Stevensville, Arden (no unit), Berrien Springs (no unit), Bridgeman Faith (no unit), Hinchman (no unit)

Elyse Connors 303-1226 Keeler, Lawrence, Riverside (no unit), Silver Creek (no unit), Three Oaks (no unit)

Cheryl Rumery 628-4894 Hopkins, Otsego, Almena (no unit), Gull Lake (no unit), Trowbridge (no unit)

Adele Paxson 343-2903 Kalamazoo First, Parchment, Pathfinder, Vicksburg, LifeSpring (no unit)

Berrianne Provost 327-7181 Portage Chapel Hill\*, Westwood\*, Northwest (no unit), Paw Paw (no unit) Nancy Snell 630-926-1235 Bangor Simpson\*, Kendall, Plainwell (no unit), Kalamazoo Sunnyside (no unit), Townline (no unit)

Clare Olney 906-1230 Allegan\*, Casco, Lacota (no unit), Monterey Center (no unit), Pearl (no unit)

Delberta Troutman 621-3663 Marcellus\*, Scottda le, Coloma (no unit), Kalamazoo Milwood (no unit), St. Joseph (no unit)

Angie Mather 684-1785 Buchanan Faith , Buchanan First, Water 's Edge, Galien (no unit), Olive Branch (no unit)



A friend is one who

strengthens you with prayers, blesses you with love and encourages you witti he.

\_ c.;. Mj

Alice Reissmann 621-6138 Gobles\*, Oshtemo, Lakeside (no unit), Sodus Chapel Hill\* (no unit), South Monterey (nounit)

Jane Rainey 427-8403 Hartford\*, Breedsville (no unit), Bloomingdale (no unit), Oronoko (no unit), Portage Prairie (no unit)

Laura Knepple 445-0849 Edwardsburg Hope, Niles Wesley, Pokagon\*, Morris Chapel (no unit), Niles Grace (no unit)

Sally Messner 646-7791 Dowagiac First, Schoolcraft, Cassopolis (no unit), Lawton St. Paul's (no unit), Wakelee (no unit)

## 2016 Kalamazoo District UMW Officers

President Cindy Thiele 269-673-4514 cindatth iele@gmail.com

Vice President Joyce Mitchell 269-925-4528 joycemitchell56@gmail .com

Secretary
Elyse Connors
269-303-1226
elyseconnors@hotmail.com

Treasurer Cheryl Rumery 269-628-4894 milllake@frontier.com

Mission Coordinators: Spiritual Growth Clare Olney 269-906-1230 clareolney55@gmail.com

Social Action Nancy Snell 630-926-1235 nsnell997@gmaii.com

Education & Interpretation Delberta Troutman 269-621-3663 dtroutman 1@comcast.net

Membership, Nurture & Outreach Angie Mather 269-684-1785 camather2@comcast.net Program Resources Adele Paxson 269-343-2903 adelepax @charter.net

Berrianne Provost 269-327-7181 ber-lanprovost@sbcglobal.net

Nominations Chair Alice Reissmann 269-621-6138 areissmann1998@gmail.com

Nominations Members: Jane Rainey 269-427-8403 janerainey214@gmail.com

Laura Knepple 269-414-1780 lksras1124@gmail.com

Member at Large Linda Dunn 269-492-5758 Icdunn2000@gmail.com

Flame Editor (appointed) Sally Messner 269-646-7791 kdumwfiame@gmail.com

West MI Conference Officer Spiritual Growth Simmie Proctor 269-637-6053 simmiepr@hotmail.com Winter is certainly upon us, and many of you will be headed South for a bit of respite from the cold. No matter where we are, however, there is social justice work to be done! Isn't it wonderful to be a part of a worldwide faith organization that knows no boundaries, and that continues to stand with the poor and disenfranchised, and with women and children everywhere?!

February is Black History month.
United Methodist Women have kept a very important issue – mass incarceration – at the forefront of our minds for many years now, and the general public is becoming more aware of the racial disparities and social implications of the U.S. criminal justice system. We should be asking: What does race have to do with incarceration in America today? Why is it

that a black boy born in 2001 has a 1 in 3 chance of going to prison in his lifetime? Why has the federal prison system grown over 500%

over the last 30 years? (The private prison system is certainly profiting immensely)... And why are nearly 80% of people in federal prison for drug offenses people of color when studies show that they are no more likely to use or deal drugs than white people? There are 2.7 million children today growing up in households in which one or more parents are incarcerated. A drug conviction also imposes a lifelong ban on many aspects of social, economic, and political life, including the right to vote

in many states. The U.S. has the highest incarceration rate in the world. We have less than 5% of the world's population, but yet over 25% of its incarcerated population.



The UMW Reading Program lists two wonderful books that address this subject: The New Jim Crow (2012 list) and Just Mercy (2016 list). Another great book is Ta-Nehisi Coates' book Between

the World and Me, which was written as a letter to his teenage son. Also the main speaker at the "Keep Making Peace Day" in East Lansing on Saturday, April 16 is Detroit Free Press

columnist Rochelle Riley. The theme of the event will be "Mass Incarceration: Locked In, Locked Up, and Locked Out".

Let's get out UMW women there en masse! I hope to see you there.

Blessings on all you do in this broken, but still lovely world.

Nancy Snell Social Action

**Keep Making Peace Day 2016** 

Isn't it wonderful to be

a part of a worldwide

faith organization that

knows no boundaries!

#### New Mission u Studies

THE BIBLE

SEXUALITY

Spiritual Growth
The Bible and
Human Sexuality,
by Ellen
Brubaker;
Participants
Guide by M.
Garlinda Burton

This study explores the Bible and human sexuality as two essential components of our Christian faith. The Bible is part of the foundation of our faith. Human sexuality is part of who we are as human beings, created by God and called good. The study invites us to explore

the complexity of the biblical text and our varied understandings of it in light of human sexuality.

Social Action
-climate Justice:
A Call to Hope and
Action,
by Pat Watkins

This study invites you to understand climate justice, which means setting right our relationships with each other and the earth. Climate injustice is the result of climate change. The study will challenge

you to see what needs to happen for climate justice to become a reality in the world today. The church

needs to more
r.i::ra"li'Y.'1:.tii:r=I powerfully model a
way of doing it
differently. This will
entail not just
focusing on the
environment, but
also asking hard

questions regarding financial profit, a growing economy, our independent way of thinking and our understanding of efficiency.

(The DOVE, Issue 39 Volume 1, page 10)

Important 2016 Dates:

March 12 - Spring Fling Portage Chapel HillUMC

April 22-23 – Spiritual Grovvth Wesley Woods UM Camp

> June 15 - Mission Day Gobles UMC

June 24-26 - NC Jurisdiction Grand Rapids

July 14-16 - Mission U Albion College

August 13 - Short Study Cassopolis UMC

September 17 - District Annual Water's Edge UMC

October 15 - Conference Annual Muskegon Central UMC





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