The gift of life and a glimmer of hope, wow! As I woke this morning this saying came to my head and I thought of both the officers and the Christmas story.

We are in a day full of hurt, pain, confusion and darkness. As the story of the officers shooting became a reality to all of us yesterday, opening up yet again our still fresh wounds. I know for me I felt as if someone literally punch me in the stomach and took my breath away, I found out as I woke up. I wanted to crawl back in my bed and just stop! Stop feeling, stop knowing, just stop.

In the Christmas story human kind was in place a of pain also, a place of injustice, darkness and a people in need of hope.

Last night, hearing that the lives of the officers were not taken, and that they were going to live, my heart filled with over flowing hope. I cried tears of joy knowing they were going to live. Their wounds are deep, our wounds are deep, but because they have life, we have hope. These Officers, men, husbands, fathers, their life gives us hope that the darkness will not overcome us.

That's what Christmas is all about, the life of another who came to us to give us hope. Jesus was born into this world to bring hope to a hurting people. He came to mend our broken hearts, carry our wounds and to comfort us when we hurt. His life brings us hope!

I have to admit Christmas has been very hard for me this year, but this morning as I awoke and this saying came to my head I had to stop write it down, and ponder it, "The gift of life and the glimmer of hope". Right now because of the season that we are in, both the season of darkness and the season of hope, take a moment and ponder. Take a moment to think of all the hope you have, hope for the healthy lives of the officers, hope for their future, hope for our future. Without hope people parish, we do have a reason for the season that gives us hope

I thank God for the lives of the officers, I thank Him for giving us that hope. I pray that the officers are restored back to full heath, that their lives be full and long. I pray for each of you that find hope, that you find hope not only in Christmas but in your lives. The darkness will end, we have a hope!

Merry Christmas family

Chaplain Lisa