

NORTHWEST CHAPLAIN'S CONNECTION

International Conference of
Police Chaplains — Northwest
Region 2
www.icpcnw.org

Chaplain Jim Crowley
Regional Director
Northwest Region 2
jbcrowley@bendbroadband.com

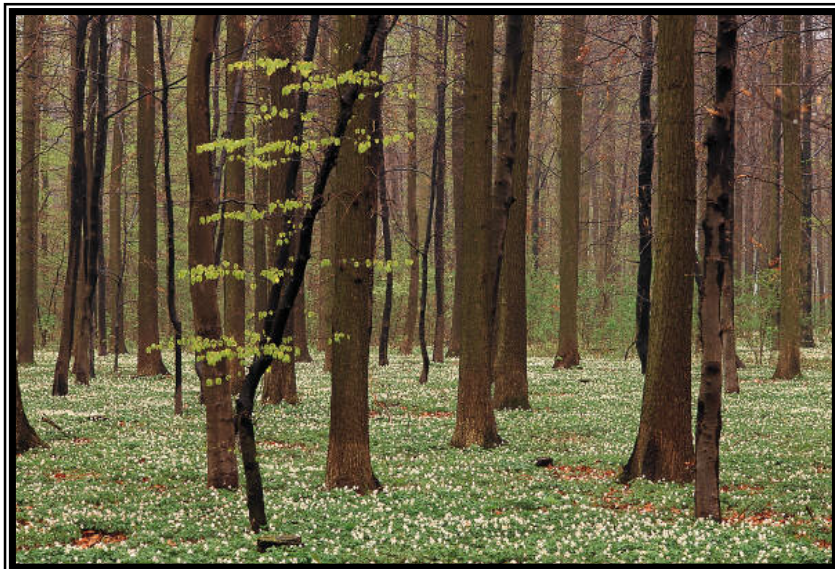
Greetings Northwest ICPC Chaplains –

Wow, these last few months have screamed by for most of us. Things really get moving sometimes for all of us – I pray daily that you are taking care of yourselves. It makes me want to ask – How are you doing?

I caught myself basically going about – well, pretty fast we will say, the other day and I asked someone, “how ya doing,” while I was walking by them and I didn’t hear any response. I got about 25 feet away and turned to see if they heard me. They were standing still and watching me zip down the path and I said “What?” Their response sobered my people’s scale – I hate it when that happens. They looked at me and said, “you asked how I was doing and I wanted to tell you but you were going too fast!!!! Most of the time I sling that phrase around unconsciously with little hesitation only to realize I am saying something that I really do not mean. I don’t want to know how someone is doing; I flip-pantly throw that out there as more of a greeting than anything else. Sad thing is there are folks that need to tell someone how they are doing and when we ask them we hope they really won’t tell us. Too bad that I am the only one doing this huh? Most of the time, chaplains do care about how folks are doing and they make the time to discover how they are – the good ones anyway!!! It is a Standard of Care that we want to maintain with the officers that we care about. We ride with them in their Patrol Cars, we walk through their places of business, we meet them in eating establishments and we listen to their hearts, because for many of them we are all that they have to Vent On and get some of the yuk out of their system. We make an investment into their lives with the hope that they will become healthy enough to maintain their responsibilities and take care of themselves and their families. I’m getting info from our Northwest Chaplains on how you are taking care of your First Responders/ Officers and without your saying it, you are setting a standard of care for your departments. When you make your presence known it is a Gift to Many. How are you doing?

Chaplains – you are the best – I Appreciate You and Respect You as You continue to Raise the Standard of Your Presence.

God Bless - jim



Northwest Chaplain's "Connection"

The purpose of the Northwest Chaplain's "Connection" is to provide a point of communication to share training opportunities in our region, and to provide prayer support for one another.

Please send your brief articles, dates to remember, and suggestions to drpauellis@gmail.com by the 10th of each month.

"But let all who take refuge in you be glad; let them ever sing for joy. Spread your protection over them, that those who love your name may rejoice in you." Psalm 5:11

CISM DATES

Individual and Peer Support CISM Class—

May 16th & 17th. Bend, Oregon

Approved Instructors: Chaplain Crowley and Chaplain Dismore

- For additional information please contact - Chaplain Jim Crowley at jbcrowley@bendbroadband.com

Pastoral Crisis Intervention CISM Class

May 31st & June 1st. Portland, Oregon

Approved Instructors: Chaplain Crowley and Chaplain Dismore

- For additional information please contact - Chaplain Jim Crowley at jbcrowley@bendbroadband.com

Stress Management for the Trauma Service Provider

May 25th & 26th. Bend, Oregon

Approved Instructors: Chaplain Crowley and Chaplain Dismore

- For additional information please contact - Chaplain Jim Crowley at jbcrowley@bendbroadband.com

Regional Training Seminar 2012

January 9th—12th, 2012

Cannon Beach, Oregon

**Police and Fire Chaplain
Training Academy**



May 1-6, 2011

Washington Criminal Justice

Training Commission

Burien, WA

Register early!

**You may register at
policechaplaintraining.com**

**ICPC Annual Training
Seminar 2011**

**In Montego Bay, Jamaica—
July 11-15, 2011**

**Visit icpc4cops.org for
Registration Information**

**ICPC ATS 2012
Spokane, WA**

**Class Title: *IT'S A TOUGH JOB: MANAGING STRESS IN
LAW ENFORCEMENT***

ALEXIS ARTWOHL, PH.D.

Sponsoring Agency: Bend Police Department

When: April 27th, 2011

Hours: 8:00am to 5:00pm

Where: Bend Police Department, 555 NE 15th, Bend, OR

Cost: \$50/person

Course Description: Class Objectives

1. Learn about stress reactions.
2. Learn about the research on the mental health of police officers.
3. Learn about the three sources of stress: traumatic, organizational, and personal.
4. Learn about resources for issues such as managing stress, suicide, and returning veterans.
5. Learn about the research on critical incident stress and debriefings
6. Learn about strategies to take care of self and others.

Class Description

(One Day Class)

About one third of American workers experience job stress or burnout to the point where they have a diagnosable mental illness at some point in their career. For police officers these sources of stress include critical incidents on the street and organizational stressors inside their agency. Personal stressors also take their toll as they do for everyone. Dr. Artwohl will review the research that looks specifically at the mental health of police officers and will present findings that you may find surprising. She will then present strategies for coping and fostering stress resistance. Her information is based on solid current research.

"Dr. Alexis Artwohl is a true pioneer. Her research and training is of enormous value to cops, military, and mental health professionals and should be required for all professionals in those fields."

Lt. Col. Dave Grossman (Ret.)

Author of ON KILLING

Dr. Alexis Artwohl is one of the nation's foremost experts in the field of critical incident stress. Her expertise in the field of deadly force encounters and keen insights into the psyche of street cops have contributed tremendously to the curriculum presented in today's police academies. Without a doubt, she is responsible for saving the lives and careers of many police officers."

Lt. Dave Grossi (Ret.)

Former Lead Instructor with Calibre Press

To Register: Contact Kim Morse, Bend Police Department, (541) 322-2974 or
kmorse@ci.bend.or.us