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|  | Bereavement | Posttraumatic Stress |
| *Cognition* | Focus on lost person and  Images of person | Focus on death and images of horror |
| *Affect* | Yearning for lost person | Longing for security/safety |
|  | Separation anxiety | Anxiety about the threat |
|  | Anger (protest) | Anger, irritability, and reminders of threat |
|  | Sadness | Numbing |
| *Arousal* | Arousal to scan for lost person | Arousal focused on potential further threat |
|  | Response to cues of that person | Response to stimuli with startle reactions |

Rynearson, E.K. (2007)