INTERNATIONAL CONFERENCE OF POLICE CHAPLAINS B08 Law Enforcement Family Course Exam

- 1. List two aspects of police work that cause hardships for law enforcement families.
- 2. For the police officer, law enforcement family can mean what two things?
- 3. What are the pressing issues in law enforcement families?
- 4. What are the roles the chaplain can play for the law enforcement family?
- 5. What are some things that chaplains can do for the law enforcement family?
- 6. What are some of the fears of the law enforcement family?
- 7. What are some of the reasons an officer or family member might turn to drugs or alcohol?
- 8. Besides the stress of the job, police officers may feel additional stress from what challenges?
- 9. What is the most important element of a healthy relationship?
- 10. Name some family assistance programs or positions.

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- 1. Shift work, media, isolation, cumulative stress, always being in control, no gray areas, negativity, camaraderie, quasi-military institution
- 2. The law enforcement family (thin blue line) and his/her biological family
- 3. Divorce, drug and alcohol abuse, anger and violence, finances, demands of the job, fears
- 4. Friend, supporter, confidant, pastor, listener
- Counseling for drug or alcohol abuse, debriefing, counseling in domestic situations and divorce, support in illness, death, and disability situations, conducting weddings, premarital counseling, and funerals, offering support and encouragement
- 6. Death and dying, safety of the family, presence of guns in the home, loss of control, corrupt officers, abandonment either by divorce or death, financial loss, loss of identity
- 7. Fear of death or injury, constant negativity of media, shift work, lack of sleep and rest, lack of support from administration, feelings of abandonment by family, ease of obtaining drugs and alcohol
- 8. Extramarital affairs, personal issues such as divorce, alcohol, and/or drugs, taking the job home, agency politics, lack of agency support system, death of another officer, mentality and personality of a police officer
- 9. Communication
- 10. Agency support teams such as Peer Support Teams, family services program such as employee assistance programs, media coordinator, chaplain program, memorial services

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