

# IRON MAN

STAND YOUR GROUND

# taking it home

{ notes for small group, family & personal study }  
**october 16, 2011** }

## Empowerment for the Battle!

Ephesians 6:18-20  
Dr. Noah Palmer, *Lead Pastor*

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### The kind of prayer needed for victory (6:18):

1. Pray \_\_\_\_\_ of prayers.
2. Pray at \_\_\_\_\_.
3. Pray in \_\_\_\_\_.
4. Pray with your eyes \_\_\_\_\_ ( \_\_\_\_\_ ).
5. Pray when it is \_\_\_\_\_  
(with all \_\_\_\_\_).
6. Pray for all the \_\_\_\_\_.

Specifically for certain people: for needs as \_\_\_\_\_  
\_\_\_\_\_ (19-20).  
with \_\_\_\_\_.

In being equipped as a follower of Jesus, faithful,  
\_\_\_\_\_ prayer is essential for our personal life and  
ministry.

## keeping it real

1 What's the deal with prayer anyway? We acknowledge the necessity of prayer and proclaim its power. We know God calls us to pray. Yet we don't pray. Explain.

## look at the book

2 Many of us don't pray because we don't know how. Write out a tutorial about 'how to pray & how not to pray' from the guidelines given by Jesus in Matthew 6:5-15.

3 Another way to learn to pray is to pray the prayers found in the Bible. Pray the prayer found in Ephesians 3:14-21 using the name of a friend in place of the pronoun 'you'. Next, pray it out loud in the presence of your friend. Describe the potential impact.

## the next step

4 Just maybe your prayer life is hindered by barriers found in the verses below. Which of these barriers is most chronic for you? How will you begin to address it?

- Psalm 66:18
- Matthew 5:23-24
- James 4:2-3
- 1 Peter 3:7

### my next step this week is to:

- Complete my memorizing of Ephesians 6:10-20
- Plan how I can personally improve my prayer life and do it!
- Commit to one of our prayer ministries at Oakwood.
- Other \_\_\_\_\_