

# IRON MAN

STAND YOUR GROUND

# taking it home

{ notes for small group, family & personal study }  
**october 2, 2011**

## Have You Lost Your Mind?

Ephesians 6:17a  
Dr. Noah Palmer, *Lead Pastor*

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Genesis 3:1-7  
2 Corinthians 11:3

### How to protect your mind.

Put on the helmet of salvation.  
Salvation

- our position in Jesus
- our power over sin

Romans 12:1-2

*be transformed:* present, passive, imperative

## Metamorphosis

the key is our minds

Romans 13:12, 14

Make no provision: “Don’t even think about it!”

Even God puts on the helmet of salvation!

Isaiah 59:17-20

God goes into the conflict with the helmet of salvation to deal with the adversaries and to be the Redeemer for His people!

This week: Use your mind!

When you are assailed by the devil: Use your mind!

Use your mind to battle for the life of another!

[These notes are also available online at oakwoodnow.org.]

## keeping it real

1 We seem to have helmets for most every activity. In your opinion, are helmet laws a necessity or an intrusion? Where would you like to draw the line? What are the primary issues that stir the discussion on both sides of this debate?

## look at the book

2 Look at the life of the Apostle Paul and describe the transformation that took place. What surprises you? What motivated him? Was the transformation immediate or not?

- Acts 7:54-8:3; 9:1-31; 14:19-28
- Galatians 1:11-18; 2:1
- Romans 7:14-25
- 2 Corinthians 11:23-27
- 2 Timothy 4:6-8

3 There is a battle raging for the minds of people ever since the events of Genesis chapter 3. In addition to Romans 12:1-2 and 2 Corinthians 11:3, how do these verses describe this struggle and what do they suggest for victory?

- Ephesians 4:17-24
- Proverbs 23:7
- Philippians 4:8

## the next step

4 Make some time to get alone with God this week for at least an hour. Design a simple time line of the transformation that has been taking place in your life since you placed your faith in Christ. Answer the questions from number two above about yourself. What’s next for you?

### my next step this week is to:

- Continue or start to memorize the bookmark! (Ephesians 6:10-20)
- Memorize Romans 13:14
- Talk with a trusted friend about your battles and work together to strengthen your minds.
- Other \_\_\_\_\_