

hanging rock christian assembly

PACKING LIST

mountain bike adventure

- Bible, pencil & paper
- casual clothes & biking clothes (we do get muddy)
- walking shoes & an extra pair for biking
- swimsuit & towel
- jacket or sweatshirt
- rain gear
- bag(s) for dirty clothes & muddy shoes
- washcloth & towel
- toiletries
- insect repellent & sunscreen
- flashlight
- sleeping bag & pillow
- medication (in original container)
- water bottle(s) or hydration pack
- mountain bike
- bike helmet
- bike gloves
- backpack to carry lunches & water
- sunglasses
- water shoes or sandals for offsite activity
- spending money for offsite activity and travel stops
- money for missions offering

optional

- tent (the camp has some available)
- bike light (handle bar type)
- spare bicycle tube
- camp chair
- umbrella