

#### 4-H Science Core Competencies

The 4-H Science core competencies identify how 4-H youth development workers can be competent and caring resources to youth, organizations, and communities.

4-H youth development

professionals and volunteers implement 4-H Science programs

following eight essential

that offer the

elements.

#### CARING ADULT

UNDERSTANDS THAT EACH YOUNG PERSON BENEFITS FROM A POSITIVE RELATIONSHIP WITH A CARING ADULT BY:

- Communicating the capacity of all youth to learn and experience success.
- 2 Willing to learn alongside youth.
- 3 Being comfortable not having all the answers.
- 4 Demonstrating support for all youth, regardless of their challenges.
- 5 Understanding and caring about youth and their families.
- 6 Appreciating the context in which youth and families live.

#### SAFE ENVIRONMENT

## CREATES AN EMOTIONALLY AND PHYSICALLY SAFE LEARNING ENVIRONMENT BY:

- Modeling strategies for conflict resolution.
- 2 Encouraging youth to share new ideas and different perspectives.
- 3 Modeling and facilitating how to give and receive constructive criticism.

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### INCLUSIVE ENVIRONMENT (BELONGING)

#### DESIGNS INCLUSIVE LEARNING ENVIRONMENTS BY:

1 Promoting teamwork and cooperation.

2 Providing opportunities for youth to teach and learn from each other.

3 Demonstrating respect for others.

4 Fostering an environment of mutual respect for others.

# SEE ONESELF IN THE FUTURE (SENSE OF HOPE)

NURTURES AN ATMOSPHERE OF OPTIMISM AND A POSITIVE BELIEF IN THE FUTURE BY:

1 Encouraging the belief that all youth can learn science or pursue science careers.

2 Creating a science-friendly learning environment.

3 Promoting science careers for all youth, regardless of their gender, race, or ethnicity.

4 Demonstrating how science can improve the world.

#### VALUES AND PRACTICES SERVICE TO OTHERS

ENCOURAGES AN ETHIC OF CARING
AND CIVIC RESPONSIBILITY BY:

1 Helping youth connect to the community through service projects.

2 Encouraging empathy for others and responsibility to the community.

3 Engaging youth in real world science activities that consider the needs of others.

4 Understanding the positive and negative effects that science has on humans.



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### OPPORTUNITIES FOR SELF-DETERMINATION

#### ENCOURAGES AND SUPPORTS INDEPENDENCE IN YOUTH BY:

- 1 Helping youth set their own goals.
- 2 Encouraging youth to make their own decisions.
- 3 Describing pathways to engage in science careers.
- 4 Communicating the value of science for all.

#### OPPORTUNITIES FOR MASTERY

## PROVIDES OPPORTUNITIES FOR YOUTH TO DEVELOP SKILLS, COMPETENCE, AND EXPERTISE BY:

- Designing experiential, inquiry-based, opportunities for youth to learn 4-H Science skills.
- 2 Challenging youth to explore new or different 4-H Science projects and areas of learning.
- 3 Supporting youth in achieving their goals in the face of setbacks.
- 4 Knowing how to foster an increasing development of skills in youth.

#### ENGAGEMENT IN LEARNING

#### ENCOURAGES YOUTH TO DIRECT AND MANAGE THEIR OWN LEARNING BY:

Assisting youth in setting realistic goals of their own choice.

- Encouraging an inquiry approach to learning and exploration.
  - 3 Providing sufficient time and an appropriate environment for thorough learning.

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