**Arkansas Youth Development Institute**

**COURSE LISTINGS AND**

**TRAINING HOUR EQUIVALENTS**

The following is a list of all courses currently offered through the Arkansas Youth Development Institute, along with the assigned number of training hours credit assigned for each course. Though the time it takes individuals to complete each course will vary, the number of training hours assigned to each course will not.

The courses offered through the Arkansas YDI are as follows:

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| **Course Title Assigned Number of Training Hours Credit** | |
| **Adolescent Development \*** | 1.0 |
| **Adverse Childhood Experiences** | 1.0 |
| **Age Appropriate Discipline \*** | 2.0 |
| **The Art of Inclusion (part 1)** | 1.0 |
| **The Art of Inclusion (part 2)** | 1.0 |
| **Best Practices in OST Evaluation**  **Building Assets with Youth\*** | 1.5  2.0 |
| **The Building Blocks of Social and Emotional Learning** | 1.5 |
| **Bullying Prevention** | 2.0 |
| **Child Development \*** | 1.0 |
| **Civic Engagement: Engaging Young People in Civic Life** | 1.5 |
| **The Common Core State Standards** | 1.5 |
| **Conflict Resolution\*** | 1.5 |
| **Cultural Competency for Youth Workers\*** | 2.0 |
| **Engaging Parents\*** | 1.5 |
| **Health and Academic Achievement\*** | 2.0 |
| **Integrating STEM into Youth Programs** | 2.0 |
| **Leadership (Part 1)** | 1.0 |
| **Leadership (Part 2)** | 1.0 |
| **Maltreatment of Children\*** | 1.5 |
| **Mitigating Summer Learning Loss** | 1.5 |
| **Overview of Positive Youth Development Approach\*** | 1.5 |
| **Supporting Youth to be Workplace Ready**  **Trauma Informed Care (ACEs 2)** | 1.0  2.0 |
| **Unhealthy Coping Behaviors in Youth** | 1.0 |
| **Working with Culturally Diverse Youth\*** | 2.0 |
| **Working with Girls** | 1.0 |

**\***Youth Worker Orientation Certificate

All courses are currently free of charge to all Arkansas residents and are registered with the Professional Development Registry (PDR). To obtain more information regarding these courses, contact Karl Benz at [kbenz@astate.edu](mailto:kbenz@astate.edu) or 501-660-1014.