An Exciting
Church
Excited About
Its Mission!

The Calvary Chronicle

A Quarterly Publication of First Calvary Baptist Church

VOLUME I, ISSUE 4

JULY 2016

JESUS, THE RESTORER OF MEN

"The Lord is my Shepherd, I shall not want. He maketh me to lie down in green pastures; He leadeth me beside the still waters. He restoreth my soul: He leadeth me in the paths of righteousness for His name's sake."

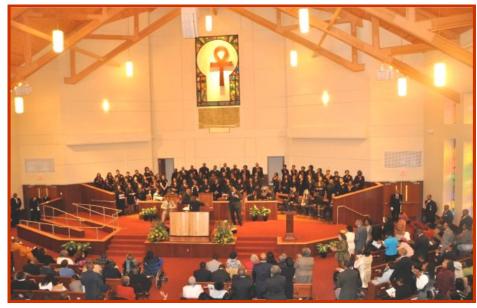
-Psalm 23:1-3 KJV

Mighty Men of God, you have been challenged to rise up and lead this congregation into a new era. As Pastor Davis reminded us, you were chosen to lead and to serve. God created you to be the heads of your households. He entrusted in you the ability to not only present yourselves as an example to your family and your community, but also to lead others to Christ. Walk in faith, believing and trusting in God, for He shall direct your path.

-FCBC Calvary Chronicle Staff

First Calvary Baptist Church

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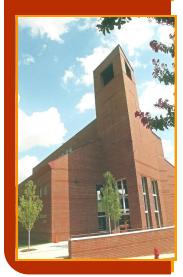
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"Put on the whole armour of God, that ye may be able to stand against the wiles of the devil."

- Ephesians 6: 11



Pastor's Desk Message

Dear First Calvary Family:

Here we are with another issue of the Calvary Chronicle! Thank you, Chronicle Staff, for your tireless work in pulling this publication together. We also thank those in our Church Office and congregation that support this newsletter. The Chronicle is full of great information regarding Ministry Work at First Calvary. I hope and pray that each family takes time to download (if you can) or get a copy and read about some great things going on in our Church. Since our last Chronicle issue, we have accomplished a lot as a Church, and that includes having Evangelism Month, our Spring Revival, Youth Month, Vacation Bible School, Family Fun Day, Graduation Sunday, the Youth Summit and Youth Sunday, ... and now we are at the close of Manhood Month! There are great things happening in Ministry here and we still have the rest of 2016 to go!

On the horizon is Mission Month with our Food Pantry Family Challenge....and we encourage each family and individual to participate and bring in the weekly items. Your contributions help our Food Pantry continue to serve the community each week...so get ready...and bring in the dry beans, soup, hot dogs, tuna, canned vegetables, and cereal and rice! We are looking to collect 100 of the featured items each week....and if EVERY family in First Calvary would bring in just ONE item...we will more than surpass our goal! (But don't stop at just one :-) We will also highlight Missionary Sunday in August and our Back to School Event. Please consider donating a full-sized bookbag for the children and youth from the community that will attend this Annual Event...it's always packed and there is a great need.

Also coming is Christian Education Month (September), the Christian Education Workshop and Promotion Sunday, Singles' Weekend, the Annual Biblical Institute, our 133rd Church Anniversary and final Sacrificial Sunday, and oh yeah... SOMEONE'S 25TH PASTORAL ANNIVERSARY CELEBRATION is coming soon :-) Wow!! First Calvary certainly has a lot going on in Ministry each month. Where do YOU fit in? Find a place and put your gifts to work for the Cause of Christ!

This month, we have celebrated with our Men and that has allowed us to share thoughts on a "Man from the Bible" in our Bulletin Desk Message (hope you have been following along and reading...not just this month, but we encourage you to read your church bulletin EACH WEEK J). We started out with Jesus...the Restorer of Men! He is the Ultimate Example of a Godly Man...a true leader...a Servant of God's people. Next came the disciples of James and John....one of the set of brothers...the "Sons of Thunder". James and John are great examples of how Christ can turn our weaknesses to strengths. Our third study was Job. "Though He slay me, yet will I trust Him." Job knew that God on his side was better than any other option. God has us...He knows the outcomes...He knows our struggles...and with Him for us, no one or no-thing can be against us! We ended the month with a study on Moses, a familiar story. Moses reminds us that God is faithful, that His promises are true and that He takes care of His people. The Bible is full of men and women that have their lives transformed by the power of the Holy Spirit. They show us what can happen when you have a growing relationship with Christ. Grow in God's Grace and remember that we are AN EXCITING CHURCH EXCITED ABOUT ITS MISSION!

Yours in that Blessed Hope, Pastor Fredrick A. Davis

Ministry Spotlight

"But I would have you know, that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God."

- 1 Corinthians
11:3

"But I would have Spotlight on: Tæ AÛ { ã ÁÇT ^} © ÁT å ã d D

The Mission Statement of the Male Summit Ministry of First Calvary Baptist Church is as follows: "The Male Summit is a men's ministry dedicated to the holistic development of a man spiritually, mentally, emotionally, physically and financially. The intent of this ministry is to develop or produce men who are R.E.A.L. (Righteous, Effective Accountable Leaders).

The Male Summit is currently studying Eric Mason's book titled "Manhood Restored." Each year, First Calvary Baptist Church celebrates the men of the church with a Men's Month in the month of July. The theme for this Men's Month is "Jesus, the Restorer of Man." Since the Male Summit has been studying this book, there has been an increase in the spirituality of the group. We learned that levels of growth are not what counts, but closeness to Christ is what matters and we feel that the men of this group are growing closer daily.

"So God created man in his own image, in the image of God created he him..."

- Genesis 1:27

The Male Summit meets monthly on the Tuesday after the third Sunday from 7:00-8:15 pm. Our meeting is open to all men of the church. This invitation is extended to interested men from the community and other churches. Our annual events include a men's conference, cookout, gospel songfest, and the annual "Men's Day" Celebration.

The Male Summit is an involved ministry at First Calvary Baptist Church. This group offers assistance to other ministries by setting up tables and chairs, by helping with food drives for the church Food Pantry Ministry, by assisting with the local mobile market, and by helping with evangelistic efforts in the community and surrounding city. We also support and encourage each other to continue the journey on the road called "Straight." We invite men to come and join the "Male Summit" and enjoy the wonderful brotherhood and fellowship that we have found to be such an important influence in the lives of the men in the group. MEN'S ministry

Submitted by Minister William Booth





"The LORD is my light and my salvation; Whom shall I fear? The LORD is the strength of my life; of whom shall I be afraid?"

- Psalm 27:1

Member Spotlight



Member Spotlight: *Trustee Reginald Chambers* (pictured above with daughter (left), Kalynn Marissa, and wife (right), Sandra)

What service do you normally attend and where do you sit? 10:45am and I sit on the right side about mid-way.

How long have you been a member of FCBC? Approximately 23 years.

Do you belong to any ministries at FCBC? Yes, I am a member of the Trustee and Usher ministries. I also used to be a part of the Scouts ministry.

Do you have a favorite verse in the bible and why? Yes, Psalm 27: 1-4 which reads 1 The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid? 2 When the wicked, even mine enemies and my foes, came upon me to eat up my flesh, they stumbled and fell. 3 Though an host should encamp against me, my heart shall not fear: though war should rise against me, in this will I be confident. 4 One thing have I desired of the Lord, that will I seek after; that I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to inquire in his temple.

"And I thank Christ Jesus our Lord, who hath enabled me, for that he counted me faithful, putting me into the ministry..."

- 1 Timothy 1:12

These verses provide me comfort in knowing that the Lord will be there for me as long I continue to seek his goodness and He will keep and hold me in his temple. It also lets me know that He has my back when I face enemies.

Pastor Davis wants us to be a congregation that empowers, enhances and evangelizes. What does empower mean to you and how do you demonstrate it? Empower means motivating others to be confident. I show this by sharing my years of experience spiritually, professionally, and recreationally. I am able to help folks grow spiritually by sharing my experiences and also encouraging them to use the bible to find answers to life's many challenges.

Have you celebrated any big events recently? My daughter graduated from N.C. State University in May with a degree in Civil Engineering. She then moved to Silver Spring, Maryland to start a new job.

Where did you go to school? Aggie Pride! I graduated from North Carolina A&T (the real gold and blue, not the Johnson C. Smith blue) with an undergraduate degree in Economics. I am also a graduate of UNC-Greensboro with a degree in Management Information Systems.

What do you enjoy doing in your spare time? I am an avid pool player and have played in various tournaments. I play racquetball. I also love jazz and collect jazz figurines.

IT'S BEEN A BUSY QUARTER AT FCBC!!

VACATION BIBLE SCHOOL

VACATION BIBLE SCHOOL

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Spring Revival

2016 Graduates

^{Celebration} of Manhood

Youth Lives Matter

Happy 60th Birthday, Pastor Davis!



The staff of the FCBC Calvary Chronicle pray that this birthday was wonderfully blessed, and that you will be blessed with many happy returns of the day!

P = PERSISTENT in his PRAYERS for the PEOPLE

A = APPRECIATED for all he does

S = a **SMILE** is his signature

T = TAKES his calling seriously

O = OFFERS constructive criticism

R = REACHES the masses through sermons and prayer

D = DOESN'T micromanage

A = ALWAYS up for a good joke

V = a man of VALOR

I = a man of INTEGRITY

S = **SIMPLY** stated, he's a great Pastor!

- Submitted by: Toni McIntosh



First Calvary's Annual Family Fun Day

FCBC's Annual Family Fun Day on June 18th started the 2016
Summer season off just right! Once again, family and friends of First
Calvary Baptist church gathered at the New Hope Camp and Conference
Center in Chapel Hill to celebrate the start of summer. The weather was



perfect and there was
plenty to do, whether you
wanted to relax or to show
off your skills. The
infamous line dancing
classes took the saints to
a new level of exercise.

This traditional

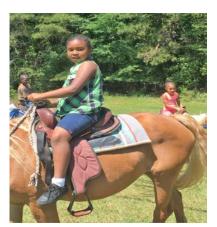
church gathering is a way for members, visitors and community members alike to get to know each other in a safe and caring environment. Aside

from a tasty spread of food, most family fun days also include a range of games and activities that encourage families to have a good time.

However, thanks to Pastor Fred A. Davis,
Minister Micara Lewis Sessoms, and a host of
volunteers this was not your traditional church
gathering. 2016's Annual Family Fun Day was an
opportunity to connect with friends you hadn't
seen in a while; meet new friends, and share
your love of fellowship with visitors.



As family members arrived, they were greeted with a bottle cold water, freshly popped popcorn, or an ice pop and volunteers enlisted to help them find something they would enjoy. Under the shelter, there was a lively bingo game with fantastic prizes as well as smaller groups playing cards, board games, or simply reading a book. The younger family



members had a choice of pony rides, water slides, and face painting. Those seeking a little more adventure could choose from putting their name on the list to be next for the cornhole game, a dip in the pool, or learning the latest line dance. There were a host of activities, board games, and stimulating conversations for everyone to meet their definition of *fun*.

I have saved the best for last: did I mention the food???? Guests had their choice of hot dogs, hamburgers, fried chicken, baked chicken, fried fish, baked beans, coleslaw, watermelon, peach cobbler, chocolate chip cookies, salad, lemonade, ice cream and more!!

Pastor Davis recognizes that ministry takes willing workers and each year this gathering is held at no cost to members. It is just the church's way of saying thank you for all you do to make us "an exciting church excited about its mission".

Submitted by Faith Thompson



Food Pantry Family Challenge

Each week in August, on Sunday and/or Wednesday (or anytime you are at the church during the week), you and your family are asked to bring a specific item to help restock the FCBC Food Pantry:

- ♦ August 1st-6th: How You 'BEAN? I'm SOUP-er! Bring bags of dry beans and cans of soup!
- ♦ August 7th-13th: Pass Da' PASTA! Give a box of spaghetti or pasta and pasta sauce!
- August 14th-20th: **MEAT Me at Church!** Bring in hot dogs and cans of tuna!
- August 21st-27th: We CAN Do This! Donate two or more canned veggies! (Corn, Green Beans, Green Peas, Carrots)
- ♦ August 28th-30th: **Go With the GRAIN!** Donate boxes of cereal and bags of rice!

(Collection boxes are now in the Food Pantry area, near the Church Office and in the Vestibule.)

The goal is AT LEAST 100 ITEMS each week!!

THANK YOU IN ADVANCE FOR YOUR DONATIONS & SUPPORT!! This is a great family, ministry, work, group, fraternity/sorority, or summer project!

*The FCBC Church Office Staff & the FCBC Food Pantry are co-sponsoring this project in loving memory of Deaconess Juanita Montgomery.







Annual Book Bag Drive

The Annual Back to School event is coming August 17th. The goal this year is to collect 300 backpacks! Donations of quality, full-sized book bags are currently being accepted. Your support is greatly needed, so please deliver your donations to Minister Carter's office by August 10th. If you prefer to make a monetary donation to purchase book bags, please make your check payable to First Calvary Baptist Church (including in the memo: Back to School). Thanks in advance for your generosity!



Back to School - Get Ready!!

As I prepare for a new school year, I like to cleanse my mind and get ready for what is ahead. The school year is filled with hard work, social interactions and extracurricular activities. It is important to prepare your mind early for the school year. Here are some Life Hacks for school:

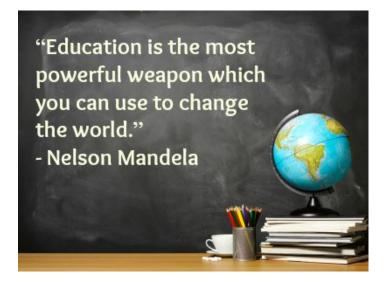
- 1. Get your school's supply list for your grade. This can be obtained from your school, school's website or office supply store.
- 2. Gather your school supplies, and put your name on them. If you can, find school supplies that will inspire you to use them.
- 3. Make a daily schedule to organize your time after school. Include homework, study/review and break times, as well as extracurricular activities.
- 4. Find a place in your home that will be your homework and study area. If possible, find somewhere with few distractions.

- 5. Find that one first day of school outfit, but don't wear it until the second week of school. Everybody wears theirs on the first day...Be Different!
- 6. **BYOU-Be** Your Own You...it's okay! Going to a new school? Seek peers who have the same interests as you. Making new friends can actually be fun!

For more Life Hacks for school, see Nia!

-Submitted by Nia Shields





"Study to shew thyself approved unto God, a workman that needed not to be ashamed, rightly dividing the word of truth." - 2 Timothy 2:15

Brainstorming for 2016

On June 4th, the Visionary Ministry, under the leadership of Sister Jacqueline Richardson, hosted its annual Brainstorming Session. This is the time of the year that leaders, and other members of the congregation that are interested, share their thoughts, concerns, and aspirations for the future of First Calvary Baptist Church.

One of the primary objectives of the Visionary Ministry is to help Pastor Fred A. Davis share the vision that God has given him for leading, guiding, and directing those who call themselves members of First Calvary Baptist Church. To that end, the ministry chose as a theme for the Brainstorming Session: "Developing and Leading Disciples into Spiritual Excellence". This is the same vision that Pastor Davis shared with the congregation during Leadership Month.

For the first time, interested persons could register on-line as well as with a hard copy. Thanks to the Computer Ministry, registrants were able to share their email address for follow up information as well as list all of their ministries. This type of information is needed for the church moving forward in identifying which ministries can be combined as well as identifying where there is a lack in our ministries.

One hundred and eleven people turned out on Saturday,
June 4th and eagerly participated in the process that was
described by Visionary Ministry member Robert White. Deacon
Sylvester Cash started the morning with a fervent prayer for
wisdom, clarity, and love to prevail. The Culinary Arts Ministry and
Brother Frank Chalk provided attendees with a fantastic breakfast
and energy building snacks throughout the day.

The Computer Ministry started the day by sharing recent developments to the website and invited participants to go on-line and offer feedback on what changes worked for them and any suggested improvements. Pastor Davis then shared the "State of the Church" and why brainstorming was so important to the longevity of the church. He itemized some of the great things that were instituted as a result of past brainstorming sessions:

- 1. Creation of the West End Foundation;
- 2. 07:45 worship service
- 3. Young adult ministry
- 4. New sanctuary
- 5. Future south Durham site
- Additional church staff positions



- 7. Website / on-line giving
- 8. Youth ministry

Pastor Davis shared how work with one of his mentors, Margaret Murchison, was influencing the brainstorming session and what he hoped for all of our Christian lives. He urged us to continue to show up, grow up, glow up and be filled up with the love of God in all of interactions.

Attendees were then separated into three groups to brainstorm around three central questions:



- 1. What does it mean to be a leader?
- 2. What is the cost of ministry?
- 3. What are the barriers to

giving (time, talents, and treasure)?

Each group was assigned a facilitator (Sis. Stephanie Jones, Bro. Robert White, and Sis. Faith Thompson) and a scribe (Sis. Jackie Olds, Sis. Rebecca Oats, and Sis. Gloria Lindsay) to capture the comments during the session. The comments will be transcribed,

presented to Pastor Davis for review and returned to everyone that provided an

email address. The comments will start going out in at the end of July.

Thank you to all who participated. If you have not yet attended one of the three sessions that the Visionary Ministry hosts each year, please plan to do so. The Leadership Conference is held in January, Brainstorming Session in June, and the Whole Family Conference in October. This allows an opportunity for you to meet other members, learn more about the vision of house, and discover your part in fulfilling that vision!

- Submitted by Faith Thompson



"Behold, I have given him a witness to the people, a leader and commander to the people." - Isaiah 55:4

It's the Most Wonderful Time of the Year: Back to School Time Already!

As we get ready to transition the children back to school after a summer that seems to have gone much too quickly, parents must keep in mind what this means for us. While summer break might have meant scheduling challenges and motivating the children to do activities that would help them to hold on to their learning, it also meant that parents did not have to worry about school supplies, homework, strict bedtimes, projects, school meetings, and after-school sports. All this freedom is coming to an end for everyone.

As parents transition back to school right along with the children, let's start the behaviors that will ensure the children's success right from the start. With proper attention to detail, classroom management strategies can be easily reinforced at home, especially for elementary school and middle school students. Parents can connect with teachers to learn about classroom management routines and reinforce them at home. When parents know the classroom routines, they have an idea of how they can help their children fill in the gaps. For example, if submitting homework is a problem for students (which is often the case especially for middle school and high school students who say "I did the homework, I just didn't turn it in."), when parents know how homework is submitted, then they can help their children rehearse the procedure for submitting the homework until it becomes a routine for the student. Additionally, parents can implement in the home routines similar to those implemented in school so that children become even more efficient at implementing success routines.

Another key element of children's school performance comes through the intimate involvement of parents in the school environment. When children are convinced that there is close collaboration between teachers and parents, they tend to settle into the learning environment more quickly. Establishing close collaboration with teachers can be as little as parents sending the teacher an email each week inquiring about children's highlights and challenges or responding to the weekly newsletter that goes home each week (yes, please look in the book bag or check your email). A step up in parental collaboration would be reading and responding to the weekly communication and making the point to go on at least one field trip with the class this year (it can be a parent or any other positive adult from the family or inner circle of friends). The next step would involve doing all those things, and volunteering for one class event during the school year.

The ways for parents to collaborate with teachers in the school environment are limitless, and are appreciated by both students and teachers. It is so endearing to experience the positive impact that parents' presence can have on all of the children in the class. The teacher sees active parents as interested and engaged partners in the education process, children see parents respecting and cooperating with teachers, and open communication pathways are developed between parents and teachers. The open communication pathway is one important key to children's early and ongoing success in the school year. Remember, the collaborative parent does not have to be a parent at all, but could be any positive adult in the child's life who agrees to take on this role.

Submitted by: Dr. Jennifer Rounds-Bryant, FCBC Parenting Ministry

First Calvary Baptist Church The Health & Wellness Ministry Fredrick A. Davis, Pastor

Be in the Know about your Medications.



3 Questions that YOU may have about your Medications:

What do I do if I miss a dose? If you take a medication once per day for a chronic condition (like high blood pressure or diabetes), usually, you should take the missed dose as soon as you remember if during the same day. If you usually take your once-a-day medication in the morning, it may be best not to take your missed dose at night but rather skip that dose and take it first thing in the morning. However, these are general instructions and you should check with your physician or pharmacist for specific instructions.

How do I know the side effects of my medication and if there may be an interaction with other drugs or supplements? Each prescription medication has a patient information leaflet which provides information about the MOST important side effects and interactions. Ask your pharmacist to provide you a copy and to discuss that with you when you pick up your medication. You are entitled to have a pharmacist consultation and it is advised to do so when you begin any new prescription.

How can I best remember when to take my medications? Use an Organizer Pill Box: If you take several medications, you can keep track of all your medications by using a pill box where you can organize your medications on a weekly or monthly basis. The organizers are available at every pharmacy. Ask your pharmacist to print out a copy of ALL your medications on one sheet and what instructions are for the schedule

Dr. Brenda Jamerson, PharmD states, "Be in charge of knowing about your own medications by knowing each medicine's name, dose and time you should take it".



Remember the ABC's:

Ask your Pharmacist or Physician for help to understand proper use of medication
Be informed about the medication side effects
Comply with the instructions on when and how long to take the medication

For more information:

- 1. https://www.cdc.gov/men/nmhw/
- 2. blackdoctor.org

Source: Community Health Coalition, Inc. www.chealthc.org

THE ARMOR OF GOD

Ephesians 6:10-17

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b __ _ _ plate of Righteousness

_ oes of the Gospel





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FREDRICK A. DAVIS, PASTOR

CALENDAR OF EVENTS: AUGUST - OCTOBER 2016

Each Wednesday:

- Noon Day Prayer, 12:00 p.m.
- Prayer & Praise, 6:45 p.m.
- Bible Study, 7:00 p.m.

Each Sunday:

- Early Worship, 7:45 a.m. Worship, 10:45 a.m./ Children's Church, 10:45 a.m.
- Sunday School, 9:30 a.m.
- Baptism, 10:30 a.m. (1st Sundays)

4th Sundays:

• Intercessory Prayer, 7:00 a.m.

AUGUST - MISSION MONTH

- Annual Back to School Event August 17th
- Missions Sunday August 21st
- Johnson C. Smith University Alumni Concert August 28th, 4pm
- Camp Calvary Recognition Day August 28th 10:45am.

SEPTEMBER - EDUCATION MONTH

- Bi-Annual Health Fair September 3rd
- Labor Day September 5th Church Office closed
- SILC Conference September 16-18th
- Christian Education Workshop September 24th 9am
- Christian Education Promotion Sunday September 25th
- Biblical Institute September 26-28th, 7pm nightly
- Memorial Day-MAY 30TH (Church Office Closed)

OCTOBER - CHURCH ANNIVERSARY MONTH

- Quarterly Church Conference October 6th, 7pm
- Couples Ministry Seminar October 14-15th
- New Disciples Ministry Fair October 16th
- 132nd Church Anniversary/Sacrificial Sunday October 23rd, 9:30am
- Harvest Festival October 26th

Calvary Chronicle Staff:

Rita Bryant

Toni McIntosh

Nia Shields

Maticia Sims

Faith Thompson

Mary Vickers

Contributors:

Pastor Fredrick A. Davis

Betty Borden

Dennise Lindsay

Deacon Kevin G. Montgomery

- *Are you a writer? Do you aspire to the likes of Langston Hughes, Zora Neale Hurston, James Baldwin, or Nikki Giovanni?
- *Are you a regular "shutterbug" who enjoys taking pictures?

Are you an up-and-coming Gordon Parks, Lorna Simpson, Carrie Mae Weems, or John H. White?

*Do you have a talent for editing?

*Do you have an eye for proofreading?



*Are you a wiz at graphic design, or possess a talent for visual presentations?

If you answered "yes" to any of these questions, the Calvary Chronicle is in need of your talents!



Welcome New Disciples!

The following individuals completed New Disciples' Class and received the Right Hand of Fellowship (since 01 May 2016):

Katrina Herrera Courtney A. Ramsey LeTroy Gardner Danyell Hinton Erica Shelly Floide Shelly

The mission of the Calvary Chronicle ministry is to promote communication among the members, disciples, and friends of FCBC in the spirit of Christian Love.

If you are interested in joining the Calvary Chronicle staff, please contact Sister Toni McIntosh at calvarynews@firstcalvary.org or (919)341-4645. Thank you!