

## 50 Ways to Love Your Spouse

1. Start each day with a kiss. 2. Wear your wedding ring at all times. 3. Date once a week. 4. Accept differences. 5. Be polite. 6. Be gentle. 7. Give gifts. 8. Smile often. 9. TOUCH. 10. Talk about dreams. 11. Choose a song that can be "your song." 12. Give back rubs. 13. Laugh together. 14. SEND A CARD FOR NO REASON. 15. Do what they ask before they ask. 16. Listen. 17. Encourage. 18. Do it their way. 19. Know their needs. 20. Fix their favorite breakfast. 21. Compliment them twice a day. 22. Call them. 23. Slow down. 24. Hold hands. 25. Cuddle. 26. Ask their opinion. 27. Show respect. 28. Welcome them home. 29. Look your best for them. 30. Wink at them. 31. Celebrate birthdays in a big way. 32. Apologize. 33. Forgive. 34. set up a romantic getaway. 35. Ask, "What can I do to make you happier?" 36. Be positive. 37. Be kind. 38. Be vulnerable. 39. Respond quickly to their requests. 40. Talk about your love. 41. Reminisce about your favorite times together. 42. Treat their friends and relatives with respect. 43. Send flowers every Valentine's Day and Anniversary. 44. ADMIT WHEN YOU ARE WRONG. 45. Be sensitive to their sexual desires. 46. Pray for them daily. 47. Watch sunsets together. 48. SAY "I LOVE YOU" FREQUENTLY. 49. End each day with a hug. 50. Seek outside help if you need it.

- by Dr. Steve Stephens



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