

## 50 Ways to Love Your Spouse

1. Start each day with a kiss.
2. Wear your wedding ring at all times.
3. Date once a week.
4. Accept differences.
5. Be polite.
6. *Be gentle.*
7. *Give gifts.*
8. *Smile often.*
9. TOUCH.
10. Talk about dreams.
11. Choose a song that can be "your song."
12. Give back rubs.
13. Laugh together.
14. SEND A CARD FOR NO REASON.
15. *Do what they ask before they ask.*
16. Listen.
17. *Encourage.*
18. **Do it their way.**
19. *Know their needs.*
20. *Fix their favorite breakfast.*
21. Compliment them twice a day.
22. *Call them.*
23. Slow down.
24. Hold hands.
25. Cuddle.
26. **Ask their opinion.**
27. *Show respect.*
28. *Welcome them home.*
29. *Look your best for them.*
30. *Wink at them.*
31. *Celebrate birthdays in a big way.*
32. **Apologize.**
33. **Forgive.**
34. **set up a romantic getaway.**
35. Ask, "What can I do to make you happier?"
36. *Be positive.*
37. **Be kind.**
38. Be vulnerable.
39. *Respond quickly to their requests.*
40. Talk about your love.
41. *Reminiscence about your favorite times together.*
42. **Treat their friends and relatives with respect.**
43. *Send flowers every Valentine's Day and Anniversary.*
44. **ADMIT WHEN YOU ARE WRONG.**
45. *Be sensitive to their sexual desires.*
46. Pray for them daily.
47. **Watch sunsets together.**
48. Say "I love you" frequently.
49. *End each day with a hug.*
50. *Seek outside help if you need it.*

- by Dr. Steve Stephens



[www.everymarriagematters.org](http://www.everymarriagematters.org)

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