

every marriage matters

From: Every Marriage Matters [mailto:tomdressel@everymarriagematters.ccsend.com] **On Behalf Of** Every Marriage Matters
Sent: Tuesday, July 7, 2014 12:06 AM
To: tomdressel@comcast.net
Subject: Five Minutes for Marriage: Who Is Your Friend?

Hi, just a reminder that you're receiving this email because you have expressed an interest in Every Marriage Matters. Don't forget to add everymarriagematters@comcast.net to your address book so we'll be sure to land in your inbox!

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Five Minutes for Marriage July 2014

A friend is someone whose face lights up when they see you and doesn't have any immediate plans for your improvement.
Bill Coffin as quoted in Scott Stanley's book *A Lasting Promise*

Click on the orange, bolded title to find the rest of the story.

Let us know if a link doesn't work, we should be able to forward a copy of the article to you.

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The **BULLETIN INSERT** for July. It offers 8 expectations that help build great marriages.

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UPCOMING EVENTS for July describes opportunities to grow relationships. We would like to add classes and seminars your church will be offering.

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Your prayers and financial help to strengthen marriage are greatly appreciated

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DATE NIGHT PDX AUGUST EVENTS

Date Night PDX - an opportunity to improve marital relationships through the challenge of dating 4 times in 4 weeks in August. Research says it works! We'll provide tips, tools, and support materials via a special website. We've got a couple of very special dates for you in August:

Barnes & Miner Comedy Night, Friday, August 1 at City Bible Church. Jerry and Amy make it easy to laugh about the little things as they share humor from their own marriage.



I Still Do, Saturday, August 23 at Moda Center. Presented in three locations this year: Washington DC, Chicago and Portland with a great lineup of speakers, including: Dennis Rainey, Al Mohler, Crawford & Karen Loritts, Shaunti Feldhahn and Ron Deal.



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Challenge couples



Josh and Rachel Curtiss, Directors. Josh is a youth pastor, Rachel is an assistant professor of elementary education.

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you know to Date
4 Times in 4 Weeks. Utilize the following
handouts, and other resources to be found at
EveryMarriageMatters.org



REKINDLE THE SIZZLE
WITH 4 DATES IN 4 WEEKS THIS AUGUST

Not sure where to start? Don't worry, we have your first fun date planned! Join Every Marriage Matters for a Barnes and Miner Comedy Night as Amy and Jerry share humor from their marriage.



BARNES & MINER COMEDY NIGHT
Friday, August 1st, 2014 @ 7pm
City Bible Church (Rocky Butte)
Tickets: \$10/Couple

For more info or to purchase tickets, contact tomdressel@comcast.net or visit www.everymarriagematters.org.

Why Every Married Couple Needs to Date

- It** ♥ is a lot of fun.
- ♥ allows you to really connect.
 - ♥ improves your communication.
 - ♥ gives you quality time together.
 - ♥ recaptures the romance.
 - ♥ pulls you out of your ruts.
 - ♥ strengthens your relationship.
 - ♥ increases sexual opportunities.
 - ♥ causes you to feel better about your relationship.
 - ♥ reduces stress.
 - ♥ deepens your commitment.
 - ♥ builds positive memories.
 - ♥ protects your relationship from divorce.

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Find additional resources for your relationship at
www.everymarriagematters.org
Designed by Emilie Murray



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DATE NIGHT PDX

FRIENDS MAKE TIME FOR EACH OTHER

You build closeness by enjoying memorable times together. Review some of the activities that help you build friendship with your spouse:

- **Date Again** -- return to the "little things" you enjoyed while dating -- a special restaurant, "our" song, favorite perfume romantic walks, sitting together holding hands, talking by a cozy fire until midnight.
- **Develop Common Interests** -- take turns picking out fun things to do -- sports, hobbies, cultural events; just enjoy being together!
- **30 Second Phone Calls** -- telephone occasionally and just say, "Hi, honey, I was thinking about you and just wanted to say I love you and am looking forward to seeing you tonight."
- **Initiate-Initiate-Initiate!** -- touch, caress, give hugs, express appreciation verbalize your love, send notes, share sexually.
- **Creative Dating** -- "capture" your spouse for a surprise picnic, or overnight stay at a

romantic hotel, or a candlelight dinner at home alone.

- **Welcome Home** -- always greet your spouse eagerly when you arrive home, touch, smile, and speak, communicating "I'm glad to see you!"

from *Intimate Encounters* by Dr David and Teresa Ferguson

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The Best News Heard in a Looong Time!

Half of all marriages are not ending in divorce! According to the Census Bureau, 72% of those who have ever been married, are still married to their first spouse! And the 28% who aren't, includes everyone who was married for many years, until a spouse died. No-one knows what the average first-marriage divorce rate actually is, but based on the rate of widowhood and other factors, **we can estimate the divorce rate is probably closer to 20-25%.**

Treasure your spouse: Consider your spouse and your marriage a high priority and a gift from the Lord. Pray together! Take the Date Night PDX challenge! Have fun! Laugh together!

Respectfully,
Tom and Liz Dressel

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