

DREAM TOGETHER

When was the last time you and your partner dreamed about your future together?

Our research shows that dreaming together creates shared meaning in a relationship. You don't need to have the same dreams as your partner. You just need to support them.

If you're dating or engaged, ask each other questions like, "Where do you want to live?" and "What do you want our home to look like?" and "How do you want to celebrate holidays?"

If you're married, ask each other questions like, "Where do you see our marriage in five years?" and "Where do you want to travel together?" and "How do you want to raise our children?"

If you're empty nesters, ask each other questions like, "How do you want to spend our retirement?" and "How do you want to be involved in the community?" and "What legacy do you want to leave?"

As you live your lives together, it's important—and fun—to talk about your dreams as a way to give purpose and meaning to your marriage.

Open-Ended Questions For more Open-Ended Questions to facilitate meaningful conversations, download Gottman Card Decks for free at tinyurl.com/ycndloxu.

– The Gottman Institute

Consider reading to each other Dr. John Gottman's classic book *The Seven Principles for Making Marriage Work*



EVERY
MARRIAGE
MATTERS

RESOURCES FOR COUPLES

Marriage is one life's most rewarding relationships.

It is a challenge to build a strong, God-honoring relationship. Whether you are 18 or 80, dating, engaged, or married, there is a stimulating book, class or seminar for the two of you.

Retrouvaille Do you feel alone? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille has helped 10's of 1000's of couples experiencing difficulties in their marriage. For information or to register for the program beginning with a weekend on Jan 18-20 in Albany, OR. call 503-225-9191 or visit HelpOurMarriage.org

Northwest Marriage Conference Join us for 104.5 WAY-FM's 2nd annual Northwest Marriage Conference. Strengthen, enrich and renew your marriage with excellent speakers Mike and Laurie Sheffield, Dr. Steve Stephens, and Scott LaPierre. Feb 9 at Living Hope Church, Vancouver. Details at WayFM.com

Weekend to Remember A time to renew your love and commitment to one another, to reminisce all the reasons why you married, and to restore a little romance in your relationship. It is a weekend to discover blueprints for a healthy, happy marriage. Mar 8-10 at Sunriver, go to WeekendToRemember.com. Save \$\$\$ HALF OFF when you register using the group "MarriagePDX."

Love Like You Mean It marriage cruise, from FamilyLife. If you take only one cruise, make this the one! The Feb 10-16, 2019 cruise has been virtually full since last April. Start planning for Feb 9-16, 2020 which will be celebrating their 10th anniversary aboard the Royal Caribbean ship, *Allure of the Seas*. LoveLikeYouMeanItCruise.com has the details.

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Every Marriage Matters

Helping Marriages Become All God Intended

Check out additional resources at www.EveryMarriageMatters.org