

**4 DATES  
WEEKS  
FUN**

# Date Night PDX August 2014

It is time for the 6th Annual Date Night PDX. Restore the fun you had before mortgages and kids and jobs and all the stuff detracting from a great marriage. Research data show married men and women who have "couple time" at least weekly were 3.5 times more likely to report being "very happy" in their marriages, compared with those spending less alone time with their mates. Consider yourselves challenged to **4 DATES, 4 WEEKS, 4 FUN.**

**Get Your Dating Started!** There are a number of great date ideas and suggestions at [DateNightPDX.org](http://DateNightPDX.org) under the [Date Night Resources](#) menu, including:

- 10 Only-in-Portland Dates/Both Fun and Cheap
- 11 Legitimately Fun Things You Can Do In Oregon Without Spending a Dime
- Best Trails Near Portland (57 of them!)

**Free cultural passes** available at Portland Metro libraries can be checked out for the day. Passes are available for the Japanese Garden, the Portland Chinese Garden, Pittock Mansion, the Crystal Springs Rhododendron Garden, the Evergreen Aviation Museum and the Portland Art Museum (a reduced entry fee at this last location). Plan ahead, check with your library, and make a reservation for your pass early.

Do you want to understand your woman more fully?  
For Men Only by Shaunti Feldhahn is super informative.



## Date Night Comedy Tour

City Bible Church, Friday August 11, 2017



Ted Cunningham

Jeff & Stacy Kemp

Jason Earls

Jeff Kemp, FamilyLife vice president and former Seattle Seahawks quarterback, and his lovely wife Stacey will MC. Comedians Ted Cunningham and Jason Earls will keep you in stitches with their standup comedy.

Register at [www.DateNightPDX.org](http://www.DateNightPDX.org)  
**\$30/COUPLE**

**Next Level Relationships Training** Help couples take the "next best step" in their relationship! We'll train you on how to lead a skills-based, group experience with small groups, adult education classes, or even weekend retreats! The group program features a researched based assessment, Couple Checkup, powered by Prepare/Enrich. Sat, Jul 23, at Harvest Community Church, Beaverton. Details at <http://tinyurl.com/lqf3dhw>

**The PREP Approach in Couple Therapy** Training by Drs Howard Markman, Scott Stanley and Galena Rhoades on using the skills and strategies of PREP in couple therapy. The concepts are particularly potent and easy to use in couple therapy. CE's are available. Aug 23-25 at the University of Denver. Details at <https://www.preptoolbox.com/ThePREPApproach/training.php>

July/August 2017

**Every Marriage Matters**

*Helping Marriages Become All God Intended*

Check out additional resources at [www.EveryMarriageMatters.org](http://www.EveryMarriageMatters.org)