

# Talking Through Difficult Issues

A recent e-mail to FamilyLife focused on one of the greatest benefits of their Weekend to Remember getaway. The writer said that it *helped them learn how to talk with each other about difficult issues.*

You can't avoid the tough conversations in marriage. You bring different personalities and backgrounds and experiences into the relationship. You have different ideas about completing chores and other household responsibilities. Even if you are both following Christ, you still have different ways of looking at life.

The problem is, most people don't know how to talk through difficult issues. They don't know how to handle conflict.

In this case, a wife wrote that she and her husband usually "ended tough conversations with either one of us walking out of the room and then sleeping on opposite ends of the bed with a 'And his foot better not touch mine!' mentality."

This couple wasn't avoiding the difficult conversations, like many couples do. They just couldn't talk through difficulties without letting anger take over.

They ended up attending a Weekend to Remember getaway, and learned a lot from sessions on communication and conflict. But what really helped them were the couples' projects, when they had the chance to talk through what they were learning in a relaxed setting.

The Weekend to Remember is coming to Portland's Jantzen Beach Red Lion the weekend before Thanksgiving, Nov 18-20. Details at [www.WeekendToRemember.com](http://www.WeekendToRemember.com). Register using group "MarriagePDX" to save \$\$.

– From the article by Dave Boehi. Find the full article at <http://tinyurl.com/z26z7pv>

Check out Tony Evans new book: **Kingdom Marriage: Connecting God's Purpose with Your Pleasure.**



## Your marriage can be one of your life's most rewarding relationships. Get it on!

It's a challenge to build a strong, God-honoring relationship. But so worthwhile! Whatever your age, whether dating, engaged, or married, there's a class or seminar for you.

## RESOURCES FOR YOU

**Retrouvaille** This lifeline for marriage helps couples through difficult times in their marriages. Retrouvaille has helped 10's of 1000's of couples experiencing marital difficulty. There's a weekend on Oct 14-16 at Mount Angel Abby. Call 503-225-9191 or visit [www.helpourmarriage.org](http://www.helpourmarriage.org)

**Marriage Coach Training** You and your spouse are invited to become a coach couple. Pre-married to seriously challenged couples are saving their marriages with the support of couples coaches like you! You'll receive 24 hours of training using a proven curriculum. Starting Oct 14 in Vancouver. Details: [MarriageTeam.org](http://MarriageTeam.org).

**Looking Forward to November:** Cannon Beach Couples Conference (with Bill and Pam Farrel Nov 4-6), Marriage Encounter (at Mount Angel Abby Nov 11-13), and the Weekend to Remember (in Coeur d'Alene Nov 4-6 and 18-20, and in Portland Nov 18-20). Check the details at [www.WeekendToRemember.com](http://www.WeekendToRemember.com).

**Have fun! Date often, why not this week?**

October 2016

**Every Marriage Matters**

*Advocates for Healthy Marriage*

Check out additional resources at [www.EveryMarriageMatters.org](http://www.EveryMarriageMatters.org)