

Let Us Know Your Favorite PDX Date

What is your favorite inexpensive Greater Portland date? Let us know. The top four entries will receive a copy of the book “**Fun Loving You**” by Ted Cunningham (Ted will be part of the Date Night Comedy Tour coming to Portland on August 5). We’ll publish the top winners in our August issue. Judging will be done by a panel of romantically inclined women. Here are a couple of winning dates from the past:

Every Marriage Matters has suggested summer fun dates for several years. One of our favorites was suggested by Bob and Theresa Pulford: “Our love of the outdoors and exercise takes us downtown on MAX for the beginning of a 3-mile walk that loops the waterfront, using the Hawthorne and Steele bridges.” While you’re there, take in the Saturday Market and/or lunch from one of the numerous food carts.

A favorite of Paul and Ann Norman: “A date we like is called the 4T Trail because it involves using the tram (Portland Aerial Tram), train (MAX), trolley (Portland Street Car) and trails. The hiking section of the trail is about 4.5 miles, unless using an optional shortcut that bypasses forest trails in favor of city streets. The trail part starts at the zoo, then heads to council crest via the Marquam trail, and over to OHSU and ride the aerial tram (no cost for going downhill) to the trolley and ride the trolley to a connection with MAX and ride it back to the zoo. You can get a map of the trail just by doing a Google Search on ‘Portland 4T trail’”.

E-mail your favorite date to: tomdressel@comcast.net by July 20th.

Build a great marriage, spend time sharing with each other from Dr. Steve's book *20 Rules and Tools for a Great Marriage*.



YOUR FUNNEST (and funnest) AUGUST DATE



We challenge you to have lots of fun. Rekindle the sizzle! **Date 4 times/4weeks** during August. Hey, start practicing for the challenge now! Get them on your calendar, maybe call them “funerals”, so when the boss asks you to work overtime, you can tell him “sorry, I’m booked”.

Stuck in the “dinner and a movie” rut? Get ideas for your next date from **Great PDX Dates** at www.DateNightPDX.org under Resources.



6:45 pm August 5th
City Bible Church
9200 NE Fremont St, Portland
\$25/COUPLE

Laugh until your sides hurt

Get your tickets at www.DateNightPDX.org

Have fun! Date often, why not weekly?

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Every Marriage Matters

Advocates for Healthy Marriage

Check out additional resources at www.EveryMarriageMatters.org