



PART 2: The Balance of Time

Matthew 11:28-30 "Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light." NIV

1. Balance is always found at the _____.

- ❖ Matthew 6:6 (Message) *"Find a quiet, secluded place so you won't be tempted to role play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense His grace."*
- ❖ It's not a program. It's not a pill. It's a _____!
- ❖ When our life _____ around our relationship with Christ it keep everything else in balance.
- ❖ Isaiah 40:29-31

2. Balance is about _____.

- ❖ 1 Peter 5:7 Cast all your anxiety on him because he cares for you.



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3. Balance is achieved through

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4. Balance is a _____ behavior.

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5. Balance is maintained through _____.

- ❖ **Proverbs 16:18** Pride goes before destruction, a haughty spirit before a fall.
- ❖ **Proverbs 15:22** Plans fail for lack of counsel, but with many advisers they succeed.

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