

The ICPC Journal

A membership periodical published quarterly by the
International Conference of Police Chaplains ®

SEPTEMBER 2004

JOURNAL



A professional
organization
serving those
that serve...

PRESIDENT'S PERSPECTIVE....

A message from Walter Schott, President of the International Conference of Police Chaplains.



My cup was full and running over, even before leaving for St. Louis. I was greatly blessed through the many beautiful encounters I had with so many of the chaplains. It was my intent to be a good listener. Your overwhelming support, encouragement, and prayers, along with your ideas, suggestions and in a few instances, some strong recommendations, will not go unheeded nor taken lightly. At this point, permit me to say 'thank you' to Hillard Martin, chairperson, and your entire committee for hosting the 2004 ATS. Your efforts are deeply appreciated.

It was a thrill to have 146 first-time chaplain attendees at this ATS. My hope is that this experience was all that you anticipated for it to be and more. Registrations totals consisted of 426 chaplains, 103 spouses, 30 youth and children, for a total of 659 persons.

This ATS was one of the finest hours for me as an ICPC member and as your President. It is a distinct honor and privilege to serve an organization that is moving on to new levels of achievement and professionalism. During this session I sensed a renewed spirit of togetherness, a new attitude of sensitivity, an awareness of our strengths in diversity, and an urgency to catch the 'VISION' of this being a new day for ICPC.

At this session we adopted a budget for 2004-05 totaling \$464,000. We dealt with issues regarding new Regional Guidelines, along with possible regional realignments; new amendments to the Constitution and By-Laws; approved Standing Committee status to the Disaster Response Committee; gave approval to a name change of the 'Certification Committee' to the 'Credentials Committee, and awarded the ATS site to Minneapolis for 2007. Space does not permit me to detail on these and other items. If you have any questions or need additional information, you may contact the Destin office or myself. My e-mail address is: wschott@bis.midco.net or call at (701) 663-3421.

Other outstanding events included the memorial service and the banquet. This year's John A. Price Awards went to chaplains Richard S. Kassel, Robert A Mitchell and Walter E. Yarbrough. The Merit Award went to James G. Powell. Congratulations each one of you.

There is so much more I want to share, but the editor is looking over my shoulder and saying, cut, cut. In conclusion, let me share this thought with you. **Fellow chaplains, the train is on schedule and moving toward its destination! Be sure that you are on board experiencing the exciting new adventures through the world of ICPC.**

—President Walt

The ICPC Journal

Vol. 1, Num. 3, September 2004

Publisher

Dr. Charles R. Lorrain
Executive Director, ICPC

Associate Publishers

Chaplain John Harth
Chaplain Steve Norden

The International Conference of Police Chaplains is a 501 (C) (3) non-profit corporation in the State of New Mexico

International Office:

P.O. Box 5590
Destin, Florida 32540-5590
(850) 654-9736 Fax (850) 654-9742
Email: icpc@icpc.gccoxmail.com
Website: icpc4cops.org

Greetings from our Executive Director.....

Dr. Charles R. Lorrain



During my career as a front-line law enforcement chaplain, I spent nine years as the SWAT chaplain for our county's Special Enforcement Team (S.E.T.). I was a hot responder with the team on all callouts.

As was tradition, everyone in this unit was given a moniker by the rest of the team. It was used during communications on callouts, at trainings, and generally reflected something about that individual. Once you were given your moniker, it was final.

On the day the team was deciding mine, I was generally excited, thinking about all the possibilities they could come up with. Then they told me what it was going to be.....GASKET! I thought "gasket", what a dumb

(Continued on page 3)

CHIT-CHAT

A Members Forum

This is a Real Deal—Come on Board!!!!

What: ICPC Cruise

Who: Any ICPC members, spouses and family

Where: Western Caribbean Cruise—Cozumel, Roatan, Belize City, Cancun

When: January 15-22, 2005

Departure: Houston, TX

Cost: Inside Cabin from \$414.00 per person Outside Cabin from \$469.00 per person
*Airfare not included

Hosts: Walter & Lola Schott

Information: 30 cabins have been reserved on the Norwegian Sea for ICPC members, spouses, and family, with 11 cabins already being occupied. When the remaining 19 cabins are booked, additional cabins may be available based upon current cruise line availability and pricing. Listed rates are per person based upon double occupancy, including port charges. Government taxes are \$52.50. Rates are cruise only and based upon availability at time of booking. Roundtrip cruise line transfers between Houston Intercontinental and the ship are available for \$50.00.

Lola and I are looking forward to serving as your hosts. There will be NO business meetings! This is going to be a very relaxed, restful and enjoyable atmosphere where everyone else will be waiting on you!

Contact: **Parker Cruise and Tour**
(425) 822-2628 1-800-242-8262
Be sure to mention ICPC when calling to book!



(Continued from page 2)

name.....but then they told me why. They said a gasket, although small, unseen and seemingly unimportant is critical to the operation of the machinery. It fills the gaps, it helps the machinery to function properly, it keeps parts from wearing out, and without it—the machinery would surely fail! Although not getting the recognition of the larger parts, it is probably the most important and often overlooked part to the function of the machinery. After that explanation, I was proud when my moniker was heard over the radio. When someone asked why I was referred to as “gasket”, I gladly filled them in or a team member stepped in and “educated” them. I tell you all that to say this: Never feel that what you do as a chaplain is small, unseen or seemingly unimportant—you *are* critical to the operation of the department—never doubt it!

Highlights

2004 Annual Training Seminar

St. Louis, MO





Training Level Achievements

Basic Training Level

Albertson, George
 Arnold, Paul T.
 Barhoo, Tony
 Bauer, Kevin
 Bewley, Billy Darrell
 Bobo, John
 Bradley, Keith W.
 Brim, Shirley
 Brown, Neal
 Burk, Douglas
 Cardwell, Gary
 Carroll, Terry
 Cheng, Tom Y.
 Clark, Faye
 Colson, Tony L.
 Cook, Darrell
 Cross, Richard
 Cyr, Linda
 Day, James L.
 Diaz, Jorge
 Dyer, Kenneth
 Everett, Toby M.
 Findley, William C.
 Fussell, Ron
 Gerking, Ronald
 Glenn, Mary
 Goodwin, Chuck
 Harris, Thomas C.
 Horton, Jacqueline
 Hughes, Sr., John W.
 Jones, Donald G.
 Kaddis, James S.
 Kalal, Richard
 Kelley, Edward J.
 Kiilsgaard, June
 Kirk, Ken
 Klossner, William
 Kovacevich, Steven
 Landeza, Jayson
 Langford, Samuel V.
 Ledwith, Margaret C.
 Martin, Stephen E.
 Meads, Richard E.
 Meier, Thomas J.
 Mendelsohn, Joseph
 Miano, Anthony E.
 Miller, Charles S.
 Nix, Richard
 Olmedo, Armando
 Orosco, Philip
 Osborn, Thomas J.
 Otto, Ronald

Patterson, Alfred
 Pierce, John C.
 Pollitt, Norman
 Quesenbury, Coy
 Rittenhouse, George E.
 Robbins, Richard
 Rogers, Rita
 Roso, Henry
 Sago, Bruce
 Scarlett, David R.
 Smith, Dearl R.
 Sonstebly, Dennis
 Spangler, Bruce
 Spears, Frank D.
 Taylor, Lamar
 Taylor, Lynn H.
 Thorvig, Mary Ellen
 Truett, Ewell Dean
 Ussery, George
 Waldrop, Michael
 Warren, Todd A.
 Waters, Teddy C.
 Willis, Darryl Brent
 Winters, Larry E.
 Wise, Dwight
 Wolke, Daniel E.
 Wouters, Ernie J.
 Ames, Donald E.
 Arno, Donna
 Bidy, Donald
 Bolden, Gary

Senior Training Level

Cutlipp, Robert
 Ferrell, Eugene
 Folz, Marvin
 Fricke, Milton
 Froese, Neal
 Gillespie, John
 Harvey, Daniel
 Hendricks, Michael
 Hetherington, William
 Hoffman, Jeff
 Johnson, Duane G.
 Johnson, Warren
 Juengal, Ralph
 Kazer, Michael
 Klein, Dov
 Kobata, Ronald

Kovacevich, Steven
 Mahn, David
 Martin, Ellen
 Morley, Joseph
 Newton, Stan
 Norman, Eileen
 Roberts, Michael
 Shochet, Michael
 Swain, John
 Tarleton, George
 Turner, James
 Ullian, James
 Vergara, Alex
 Williams, Douglas
 Zuithoff, Kenneth

Master Training Level

Connolly, Leo
 Crooks, Paul
 Guy, Jesse (Allan)
 Higgins, Donald
 Kelley, Arthur
 Payne, Bobby
 Petty, Terry
 Phillips, Fred
 Ramsden, Mary
 Stinson, A. Mac
 Teer, John
 Transue, John
 Wolf, Moshe



Three of Hawaii's finest receiving Senior/Master level certificates

2004 John A. Price Award Recipients

John A. Price Award for Excellency in Chaplaincy—Career Chaplain

Chaplain Richard Kassel is the chaplain for the Marion County Sheriff's Department in Indianapolis, Indiana. He is a university and seminary graduate with additional specialized training specifically related to police chaplaincy. He has attended every ICPC regional and national training seminar since becoming a member in 1993. He has been involved as a presenter on several occasions at both the regional and national level. His Sheriff says, "This chaplain has given back so much to the community—a person who extols the virtues of duty, honor, fellowship, and selfless service. He spends countless hours responding to horrific crimes to provide solace to the families of victims, yet still has time to direct other chaplains as they go about their pastoral duties and manages a jail chaplaincy in a facility that rivals many in Midwestern prisons in size."



Chaplain Richard Kassel



Chaplain Robert Mitchell

John A. Price Award for Excellency in Chaplaincy—Volunteer in a Larger Department

Chaplain Robert Mitchell is the chaplain for the Clarksville Police Department, Clarksville, Tennessee. A college and seminary degrees are part of his credentials. Having served as a police chaplain since the mid 1980's, he has participated actively on both the regional and national levels of ICPC. He holds an office within his region. His establishing of a local police chaplaincy program was a challenge to his desire and determination for such service. In the words of his Chief of Police, "In policing for almost 30 years, I never believed in a police chaplain's program." However, this chaplain made a believer of his Chief, receiving his full support in establishing and providing for such a service. His Chief goes on, "Not only did he show us hard core "cops" that there is a place and a necessity for a chaplain, I do not know what we would do without him....you could not have picked a finer individual for this honor."

John A. Price Award for Excellence in Chaplaincy—Volunteer in a Smaller Department

Chaplain Walter Yarbrough is the chaplain for the Malvern Police Department, Malvern, Arkansas. He has experienced both college and seminary training and has been a chaplain for ten years and has actively participated in both national and regional training seminars. One of his superiors said "Most officers have told me that there is just something about "Preacherman" that makes you just trust and open up to him." The Sheriff had this to say, "He is a valuable asset to our department and his compassion for his fellow man and his devotion to duty goes beyond what words can describe. Chaplain Yarbrough is thought of so highly that his Chief and the town's Mayor made the trip to St. Louis to be there for the awarding of this honor. Walter brings credit upon the ICPC and those who serve within the law enforcement chaplain's profession."



Chaplain Walter Yarbrough

Congratulations to the 2004 Merit Award Recipient:
Chaplain Jim Powell

Changes / Information at a glance.....



- The Nominating Committee was selected for the 2005 elections . They include:

James Ballard—Chairperson
Kate Gustolise—Board Member
Gary Malkus—Board Member
Richard Kassel—Board Member
Harold Elliott—Member at Large
Jim Powell—Member at Large
Joanne Reuter—Member at Large
- Standing Committee: Status was given to the Disaster Committee as a standing committee
- Name Change: The Certification Committee has been changed to the ***Credentials*** Committee
- Semantics Change: Due to legalities, The ICPC will no longer be “certifying” chaplains, rather, chaplains will be attaining various training levels (basic, senior & master). The standards and requirements for each level remain the same. We cannot certify a person’s level of proficiency.
- 12 Core Courses: It was passed to require the completion of the 12 core courses (or equivalent) for all levels of chaplaincy credentials—including Senior & Master level.
- 2007 ATS: The bid to host the 2007 Annual Training Seminar was awarded to Minneapolis, MN
- Vision/Planning Committee: The vision/planning committee has been tasked to evaluate the feasibility of a regional realignment.
- Regional Guidelines: New Regional Guidelines including job descriptions for regional officers and election procedures were disseminated.
- Mission Statement: A new mission statement was adopted for ICPC. It reads: “*Developing professional chaplains through dynamic education and support.*”
- Core Values: A set of core values was established for the ICPC. They are: “*We respect and honor the badge and the men and women who have earned the right to wear it. We pledge availability to the needs of law enforcement officers and victims of crime. We subject our lives and our office to the scrutiny of accountability to ensure integrity. We offer professionalism of service, including confidential listening, and spiritual counsel.*”
- By Laws: There were several By-Law amendments made at the ATS. They are too numerous to mention here in there entirety. Should you desire to have these, please contact the office in Destin and we will be glad to send them to you.
- Blacketor Scholarship Recipient: Paul Blacketor announce the recipient to the Paul Blacketor scholarship for the 2005 Annual Training Seminar to be *Ernest Michel*.
- 2005 Annual Training Seminar: Richard Hobbs, Chairperson of the 2005 ATS committee in San Antonio announced the dates of the ATS to be July 11-15, 2005.

Any questions relative to business that was conducted at the Annual Training Seminar should be directed to the main office in Destin where we would be most happy to assist you.

A story from a 1st time attendee at the Annual Training Seminar.....



I should have known better. On my eight-hour drive to the ICPC Annual Training Seminar, I found myself wondering; would this conference prove to be worth the time, effort, and expense required to attend this event? Much to my delight, this trip would prove to be much more than just another conference in a big city.

After the first full day of workshops, we were invited back to the banquet hall for a “get to know one another” time, complete with refreshments. I was there making small talk with a couple of other chaplains for about thirty minutes when I met Tim. He smiled and started things off by conducting a friendly interrogation of my life, ministry, and chaplaincy.....a very detailed interrogation to be exact. I didn’t know it, but there was a point and purpose to all of this. After I got past my initial apprehension (never having met anyone quite like him), I found myself discussing everything imaginable with him. Four hours later we started to wrap it up for the evening.

Although it was late, there was one more thing he wanted to tell me. “At the beginning of this evening I was wondering if you were the one? Well, you see, each year before I attend the ATS I pray the same prayer to God. In that prayer I ask Him to lead me to at least one person with whom I can begin a lifelong friendship and one into whom I can pour myself, someone who may have had some similar background or shared life experience to which I could relate. After spending the night talking with you, it’s pretty clear to me that God led me to you, Roger”.

Now, I don’t know if you have ever felt like you were the result of somebody else’s prayer, but it’s hard to describe that kind of experience in words. All I can say is that I had this overwhelming sense that God was doing something really special and it was very humbling. Interestingly, all of this happened before I found out that Tim was a highly-respected veteran chaplain currently serving multiple departments, a presenter at the conference, a valued leader in the ICPC organization, and a appointed member of a special task force for the Department of Homeland Security!

Well, the rest of the conference went very well. I met some other great people and I learned a ton of valuable things in the twelve sessions I attended. On the final night of the conference I showed up for the conference banquet. When I arrived, there didn’t seem to be a seat left in the house. Then out of the middle of the crowd Tim appeared. “Roger, there you are...I’ve been looking for you...Do you have a seat?” I replied that I didn’t. “Well that’s good, because I have been saving one for you at my table and I wasn’t sure you were going to show to claim it...Follow me”. We finally arrived at our table which I soon realized was the head table. Seated around me were Tim and his wife, the ICPC President and his wife, the ICPC Executive Director and his wife, the banquet emcee and his wife, and one other ICPC leader from Hawaii. Then it hit me....”What am I doing at this table?” I wasn’t in the presence of my enemies, but it certainly felt like God had prepared a table before me and my cup was overflowing (see Psalm 23). This was turning out to be an extraordinary week, but little did I know that it would get even better.

At the end of the night I thanked Tim and his wife and begged them out to lunch the next day as a sort of “thank you” They agreed, and so the next day we met in the hotel lobby. When I arrived, Tim asked me, “Roger, you don’t mind if my friend Father Jim joins us. He’s a priest and chaplain in Detroit.” I was happy to have him join us, so the four of us left for the restaurant.

Once we sat down and ordered our meals, I remember Tim saying that Father Jim was from Detroit. I decided to inquire further about his Detroit Police chaplaincy experience because I remembered that my Police Chief in Wausau served in Detroit years ago. “Does the name William Brandimore ring any bells for you?” I asked. The Father replied, “Yes, I remember him. I was the Chief Chaplain several of the years Brandimore was on the force”. I was dumbfounded. What are the chances? I mean, I had never met Father Jim, but there we were sitting next to each other, eating sandwiches in downtown St. Louis.

Then I turned to him and said, “Jim, you may not believe this, but the day I met Chief Brandimore is the day he asked me if I’d consider being a chaplain.” He told me about a group of Detroit P.D. chaplains that spent lots of time with their officers, really got to know them, came to love them, and had a major impact in their lives. Chief Brandimore told me that he had envisioned the day when we could have something like that in Wausau. “You know what, Jim? I’m a chaplain because of you your ministry.” As I thanked Father Jim, I casually put my hand on his shoulder as a gesture of appreciation. He instinctively grabbed me and gave me the biggest hug that I can remember getting in a long time. You would have thought that I had just given him a wagon of gold and in a sense, I guess I did. In that brief moment, we both realized the utter joy of giving and receiving, and the most amazing thing was that God had made this all possible. I turned to look at Tim and his wife across the table. They were both grinning from ear to ear, and it looked like there were tears in their eyes. It is a moment we’ll never forget.

Before we left the restaurant, I thanked all of them (and God) for their love and investment in me. They just smiled and said, “You’re welcome. Now go and do likewise.”..... I plan on it!

Thought for the day.....

There are no
impossible
dreams;
There is just our
limited
perception
of what is
possible.

In Memoriam

Our hearts and prayers go out to
Chaplain Allan Guy, who's
beloved wife Gayle, passed away
as soon as they returned home
from the ATS in St. Louis.

Allan & Gayle Guy were married
for 33 years. Allan mentioned that
Gayle had a wonderful experience
at the ATS and was very
appreciative of how the auxiliary
treated her.

Condolences may be sent to:

Chaplain Allan Guy
8805 North Road
Pleasant Valley, MO 64068

A message from Stu Nelson Director of Fundraising and Marketing



CALLED TO SERVE WITH OUR TREASURES

'Give generously to him and do so without a grudging heart; then because of this the Lord your God will bless you in all your work and in everything you put your hand to.'
Deuteronomy 15:10

Over the many years as a police officer and now as an executive with ICPC, I have put thousands of miles on my vehicle. The simple truth is that if I hadn't kept the tank full, I would have been very limited as to how far I could go.

It's no different in the organized ministry in which we are a part. God has honored ICPC in many ways. We have been able to move into new offices which will save finances; we are keeping current with our bills being paid; we are working with new computers-much needed as the ICPC ministry continues to grow; but our ICPC story needs to be continually told. We can simply exist and be mediocre or we can accept the challenge and invest in the ministry of ICPC in ways that will increase our numbers of chaplains; make inroads with existing and new law enforcement agencies; and reach out beyond ourselves to accept the challenge within our communities.

You are part of a professional organization. You have the opportunity to be credentialed further establishing your credibility as a chaplain. While you have the responsibility of yearly membership dues, I'm going to ask you to step out in faith with us here at ICPC and give beyond the membership dues with an extra gift. This additional gift will not only allow us to continue to provide you with an organization that stays on the cutting edge of law enforcement, but it will continue to allow us to put some 'fuel in our tank' that will help us expand our commitment to chaplains and agencies.

Here's the plan. I challenge each of you to pray specifically for ICPC each day for this coming month. As part of that commitment, also ask God to show you in some way that you could make an additional financial gift to this organization, and at sometime during the month, send that in. Just think of the financial stability if each member would give an extra \$25 dollars this month.

Finally, you as members, are rubbing shoulders on a regular basis with lay people, and businessmen in their organizations on a regular basis. How about sharing this opportunity with them to help support this community chaplain ministry within the circles of our law enforcement agencies. Tell them of some of the blessings of God through your efforts and encourage them to make a contribution to ICPC to further the efforts of the organization.

Remember, we live in the midst of an abundance that the vast majority of the world can only dream about. Do we live as though it's all ours, or do we see it all as belonging to God? He invites us to be good stewards of the resources He has given us to manage.

On the International Scene



Israel

By special invitation from the Israeli Police Department and the Minister of Internal Security of Israel, 20 people from various disciplines in trauma visited Israel. Among those in the group were ICPC members Rabbi Jeffery Leynor and Roy Frady from Plano: Gene Grounds, Founder of Victim Relief Ministries and Chaplain for McKinney Police Department; D. D. Hayes, Chaplain for DFW Airport; Lt. Anthony Williams, Chief of Staff for Dallas Police; Danny Chandler, Director of Homeland Security for Dallas County; Mental Health professionals; Victim Relief Chaplains from Texas, California and New York; and your Secretary.

The primary purpose was to see first hand the security measures taken by the nation of Israel. Along with this, we observed the preparation for mass casualties, the aftercare measures taken with their people following terrorist attacks, how their security personnel and civilians handle the constant threat of trauma, and impart any information we could to assist them in their work.

Under the umbrella of Victim Relief Ministries (<http://www.victimrelief.org>) and Victim Chaplains and Counselors Association of America (<http://www.victimchaplain.org>) we traveled from Tel Aviv to En Gedi including visits with the Knesset, the Chiefs of Police of Hebron, Tel Aviv, Jerusalem and the central zone of Israel.

Several points of interest emerged during the visit. The key to disaster response is pre-disaster training. Every village, town, city neighborhood and city block is prepared prior to the disaster. While the concept is critical, it is not enough simply to have a well-coordinated response to disaster. Preparation and commitment to a command structure by officers and responders was paramount in their training.

In our meeting with David Revivo, Superintendent Commander of the Marine Police in Tel Aviv we heard of the extreme measures taken by the Israeli Navy and the Marine Police to make the shoreline as safe as possible while maintaining an extreme level of normalcy. We saw gun boats in the harbor while families basked on the sun drenched beach. The colorful umbrellas around the cabañas were in contrast to the military green worn by many of the soldiers along the walkway.

We heard from Ghanem Salman, Deputy Commander of the Central Border Guard, tell us how terrorist attacks had gone from 20 a month to zero since the erection of the wall separating the borders of Jordan and Israel.

David Wilder, Spokesman for the Jewish Community of Hebron, showed us the street where a little girl was killed. The wall had a mosaic tile memorial with her picture in the wall. About 200 yards away was the high fence separating the Muslim community from the Jewish Community.

I want to commend our Disaster Response Committee and Wayne Whitelock for their excellent report at this year's ATS. I would also like to encourage each of our members to do all you can to learn as much as you can about disaster, trauma and terrorist attacks. You will not be able to prevent things from happening, but we, as a collective body, can prepare then respond according to protocol.

By the way, tourism is down in Israel, prices are right, it is a great place to visit. Plan a tour today and pray for the Peace of Jerusalem.

Rickey Hargrave, Secretary
ICPC



ICPC Secretary Rickey Hargrave with two Israeli soldiers

Who Takes Care of the Caregiver?

By Chaplains Jack & Phyllis Poe

It's a fact. Those who find it the hardest to reach out and ask for help . . . are the helpers themselves. After all, we live with the myth that to express any kind of pain or suffering only demonstrates our own weaknesses. And as chaplains our unique perception is, "If I can't take care of my own problems, who would ever ask me for help with their problems?"

Whether or not we reach out for help is often predicated on past experiences. If we have ever shared our innermost feelings with someone and found the experience rewarding and beneficial, then we will do it again. But the opposite is also true. If someone has violated our trust either by not taking us seriously or by breaking our confidence, we will be very hesitant to ever trust another person, even a peer. So when we are hurting and desperately need someone to share our pain and validate our experience, we will suffer in silence because we are afraid to trust again.

When I am asked, "Chaplain, where do you go for help?" I answer, "Oh, I have some friends, other chaplains, whom I can turn to." But deep down inside I must admit that I rarely turn to anyone. Police chaplains normally do not ask for help until we hit bottom. Only after we have exhausted our usual resources do we look elsewhere for assistance. It is at this point we cry out, "What now? Where do I go from here?"

Begin with prayer In the difficult days following the bombing of the Murrah Federal Building, the press asked Governor Frank Keating, "What does Oklahoma City need the most?" "Your prayers," he replied, and he was right on target. Our community, as well as Phyllis and I, have lived in the strength and power of those prayers. I doubt if I would still be a police chaplain today if it were not for the fervent prayers of Christians from across our nation and around the world.

The prayers of others were effective because they were coupled with our own

prayers. There were days when I thought I could not give another hug, say one more kind word, offer up a prayer, or hear one more heartbreaking story. Yet, when the time came and I asked for strength from above, God heard and equipped my spirit for ministry.

Know your limits and set boundaries

Like most caregivers, I thought I could do it all. I was so busy taking care of others that I neglected to take care of myself. Through professional counseling, both Phyllis and I were diagnosed with post-traumatic stress disorder (PTSD) and compassion fatigue.

It costs something to care. I know that now. I'm beginning to set better boundaries and I am learning to say, "No." I can be responsible to someone but I do not have to be responsible for someone. I

Take advantage of support groups

Become a part of an accountability group, especially one in which you are not the main facilitator. Support groups of all kinds are available, from civic groups that meet for fellowship and community service, to groups focusing on a common interest or hobby.

Following the Oklahoma City bombing, we began a Bible study/prayer group consisting of rescuers and survivors, most of which are involved in law enforcement. Leadership is rotated in order to share the responsibility. We have continued to meet every Tuesday morning for the last nine years. I cannot begin to tell you how valuable this group has been in my personal recovery and healing.

Take time off to take care of yourself

I am eternally grateful for friends who graciously provided short retreats for Phyllis and me. Ken Gaydos and his *Support 7* ministry sent us to the San Juan



Murrah Federal Building

am on call, but I am not on tap. For some, being on call 24/7 may meet the need to be needed. But that lifestyle will bankrupt us emotionally, physically, and spiritually.

Islands for a brief getaway. What a

(Continued from page 12)

lifesaver! But recent studies have revealed that two or more weeks away is sometimes not enough to offer rest and recuperation.

In 1998, three years after the OKC bombing, Phyllis and I hit bottom. We crashed and almost burned. Realizing what was happening, a friend intervened and arranged for us to have professional counseling. We learned that time away was essential, but we had never taken off more than a week at one time, and it was usually tied to a meeting somewhere. Then our own department insisted we take off an entire month, covering for us with volunteers. And later, on our fortieth wedding anniversary, Phyllis and I spent three and half weeks on the East Coast, a wonderful time of healing and rest.

“There’s so much to do and so little time.” We’ve all said those words many, many times. But now I’ve learned that it’s not only good to retreat and rest, it is necessary for survival.

Resign as general manager of the Universe Place your hand over your heart and repeat after me: “I, _____, being in complete control of what is left of my senses, do fully acknowledge and accept that I do not have, nor have ever had, control over the events in my life. I cannot manage what I cannot control, so therefore, I hereby resign as general manager of the Universe.” Feel better? I certainly hope so, for life really is a choice. Choose to give leadership and control to the One who promised to give it back to you . . . and more abundantly.

During the recovery operation of the bombing, one of our officers came to me and said, “Chaplain, I have found the scripture for Oklahoma City. It is Psalm 34:18, ***The Lord is near to the brokenhearted and saves those who are crushed in spirit.***” I say, “Amen!” God is true to His promises. Through His Word we have found strength and comfort. His Word has become for us, ***‘a lamp unto our feet and a light unto our path.’*** (Psalm 119:105)

* * *

A friend shared this with me and I pass it on to you: “The journey has always been about laughing together, loving each other, seeking adventure, believing in dreams and making a difference . . . but sometimes we forget.”

WHERE I GO FOR HELP

(Phyllis Poe).....

The bombing of the Murrah Federal Building in Oklahoma City on April 19, 1995, left me changed forever. With so many lives lost, so many hurt, and so many still hurting, all my human responses came into play: anger, fear, anxiety, depression, confusion, and even hate.

Instead of stopping to reflect, I worked harder and harder, slowly giving myself away to total exhaustion. When I was completely worn out, all of those destructive feelings surfaced and very nearly cost me my marriage. I was living on emotions and not in faith, and those emotions would overwhelm my entire being and rule me completely.

April 19th was just the beginning of sorrows. Two years later, our city endured the worst tornado ever on record, and again we found our lives literally topsy-turvy. Putting the pieces of our lives back together, and helping others to do the same, became a full-time job. And then . . . 911! Shock! And those horribly familiar emotions took over once again.

Personal hurts came, too. The divorce of a close family member, a savage ice storm that wreaked havoc in our city once again, another tornado that demolished our own worship center, my mother’s near-death illness, the teenage trials of our grandchild . . . life goes on.

Staying in God’s Word I probably would have stayed in a state of deep depression except for one thing in my life. After the bombing, I became a teacher-leader for an “Experiencing Joy” class at Council Road Baptist Church. I know firsthand that personal time with God is beneficial and healing, and taking on this responsibility has kept me steadily in The Word.

Support Group Studying God’s Word with others in the class has brought all of us through the deep waters of insecurity and into the light of hope. The bonds of Christian friendship and the privilege of sharing our fears and feelings without rejection are of tremendous value.

Intercessory Prayers Staying in God’s Word is primary, but the prayers of my own family and friends are of utmost importance. There are people, some of which I’ll never know their names, who have prayed me through some difficult situations. I have come to heavily rely on those prayers.

An Attitude of Praise and Thankfulness I have discovered that in the midst of the problem, praise is powerful. And an attitude of thankfulness, no matter what, is healing. It has been hard for me to learn to say, “Whatever, Lord!”

My husband (and best friend), Jack, has continued to love me unconditionally through our roller-coaster ride of events. We have leaned on each other through it all, and God has been the center of our focus. He has kept us in His will and He is truly our Joy. But It all comes down to this: My faith commitment, the support of my spouse and family, the prayers of family and friends, my personal prayer life, and time in God’s Word, has become the “support staff” of this chaplain.



Jack & Phyllis Poe

Two Clergyman Graduate From Police Academies

Following the example of Chaplain Frank Nouza, the first clergyman in the history of the nation to graduate from a police academy, Chaplain Jerry Godsey, Assembly of God minister, and chaplain for Imperial County, California Sheriff's Office and Chaplain Carl Faria, Roman Catholic priest, and chaplain for Monterey County, California Sheriff's office, have graduated from state-approved police academies. Each was assisted financially by Problems in Ethics and Policing, a non-profit organization that raises funds to send experienced police chaplains to police academies. It also has funds to assist experienced police chaplains who are also clergypersons to take college courses which have some content in ethics. PEP's trustees are willing to consider applications for either program from chaplains anywhere in the United States.

Chaplain Godsey says that "You can never fully understand what a peace officer is going through or how to help him or her without some understanding of their world. Just going on ride-alongs does not get you into their heads and ways of doing things. I have gained more respect from the deputies I work with. There is a real distinction between civilian personnel and sworn personnel. I believe that attending the academy has helped with that divide".

He also says, "In my position as crime prevention supervisor, graduating was invaluable. It opened doors as far as details I am able to work. Most important, it opened doors of ministry to the department I serve. As deputies opened up to me on a professional level, the personal side followed. Now they have figured out that I am here to serve them, not the Sheriff. Communication has opened up allowing me to meet their needs".

Chaplain Faria writes, "I was the oldest cadet at the age of fifty-one but I was also a Catholic priest and there had never been a cadet there with that label. The cadets were immensely supportive and encouraging. The instructors were all police officers and they couldn't have been more pleased that I wanted to do so much to help them".

He continues, "When you think you are doing enough with your life, God finds a way to say, "Here is a challenge I think you can handle". I grew and became a better person than I could ever have imagined. After all, our life is His and our work is to be His hands, His feet, His arms, and His love to those who pay such a price to protect us".

To apply for either of PEP's programs, write to:

Mr. Francis O. Morris, Chairman
 Problems in Ethics and Policing
 P.O. Box 444
 Escondido, CA 92033

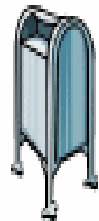
MOVING?

Please fill this out and return promptly if you are moving or if you have a change of phone number or email address.

Send to:

ICPC
P.O. Box 5590
Destin, FL 32540-5590

- I'm moving. Please change my address as indicated below.
- I've changed a number or email address as indicated below.
- I've changed other information as indicated below.



Name (please print) _____

Street Address _____

City _____

State _____

Zip _____

Phone _____

Email _____

Other _____

Hall of Fame

The International Conference of Police Chaplains wishes to thank the following individuals for their generous contributions:

General Support

John Fiers, Rita Rogers, Lawrence Thomas, Stephen Davies, Milton Fricke, David Bridgen, Jerry Carr, Gary Malkus, June Kiilsgaard, John Zurek, Robert Mitchell, Bobby Payne, Cyndee Thomas, Michael Poole, Robert Cornelius, Colin Aalter, Dublin Christian Church, David Archer, Butch Millett, James Powell, Rita Rogers

Nelson Support

William Bourne, Patricia Hanks, Barbara Newman, Patricia Riggins, Janice Peterson, Dan Corbett, Jon Neff, David Bridgen, Carroll Powell, Wallace Trembath, Bob Keyser, Mary Brinkley, James Powell, Daniel Larsen, Melvin Anderson, Carolyn Norquist, George Massey, Anne Skinner, Ron Anderson, Douglas Brannock, Dean Johnson, Cliff Linhart, Randal Anderson, Helen Magnuson, Richard Johnson, David Sobocinski, Harvey Koch, Paul Ahlquist, Donna Gregory, Jack Person, Richard Kassel, Arnold Nelson, Charles Mingle, Robert Beyler, Richard Eska, Gary Hovda

Powell Support

Keoki Awai, James Ballard, Kate Guistolise, James Powell, Gary Lewis

IT Support

Sean Murphy

Building/Moving Fund

Colin Alter, Destin Church of Christ, Paul Nelson

International Travel-Africa

Sharon Ashurst, Wayne Roberts, John Almond

Special Gifts

Margaret Price in memory of Jack A. Price, Randall Reese, Norland Bolen, Craig Hungler, Stu Nelson, East Great Lakes Region, Jorge Diaz, Cyndee Thomas, West Region, ICPC Auxiliary

Unity in things necessary, liberty in things doubtful, charity in everything.

Exciting News!!

The International Conference of Police Chaplains announces the opening of its new location:

**119 B Benning Drive
Destin, FL 32541**

Our mailing address (P.O. Box 5590) remains the same, just our physical location has changed. For those of you who have visited us, our new location is smaller in total square footage, but laid out in such a way as to be much more conducive to our overall office function. We invite any/all of you to come visit us in beautiful Destin and see our new headquarters!



International Conference of Police Chaplains
International Headquarters

Upcoming Regional Seminars

Alaska—TBA

E. Great Lakes—TBA

Florida— January 24-28, 2005 Lakeland, FL

Indiana—TBA

Mid/No. Atlantic—April 17-19, 2005 Exeter, RI
Bill Hinckley— (860) 564-4408

Mid-East— March, 2005 Williamsburg, VA
John Transue— (757) 396-6943

Mid-West—April, 2005 St. Joseph, MO

North Central—October 3-5, 2004 Bismarck, ND
Dan Sweeny— (701) 226-1290

Northwest—January 10-13, 2005 Cannon Beach, OR
Tim Klerekoper— (253) 661-6574

South Central—Feb. 27-Mar. 2, 2005 Oklahoma City, OK
Jack & Phyllis Poe— (405) 297-1215

Southeast—March 7-10, 2005 Hoover, AL
Tommy Stuart— (205) 444-7616

Southwest—January 25-26, 2005 Westminster, CA
Robert Benoun— (714) 893-4141

W. Great Lakes—March 13-15, 2005 La Crosse, WI
Mark Clements— (608) 785-7424

West—April 27-29, 2005 Modesto, CA
Donna Arno— (209) 577-3474

REGIONS AND REGIONAL DIRECTORS

AFRICA: Chaplain Kibinge Wa Muturi

ALASKA: Chaplain Bert McQueen

EAST GREAT LAKES: KY, West NY, OH, West PA: Chaplain Walt Tully

EUROPE: Chaplain Francis Pole

FLORIDA: Chaplain Daniel Harvey

INDIANA: Chaplain Rick Kassel

MICHIGAN: Chaplain William Sanders

MID-ATLANTIC: NJ, Eastern NY, Eastern PA: Chaplain Dan Schafer

MID-EAST: DC, DE, MD, NC, SC, VA, WV: Chaplain Robert Johnson

MID-WEST: IA, KS, MO, NE: Chaplain John Harrell

NORTH ATLANTIC: CT, MA, ME, NH, RI, VT: Chaplain Wayne Whitelock

NORTH CENTRAL: MN, ND, SD: Chaplain Dan Hall

NORTHWEST: ID, OR, WA, MT, WY: Chaplain Tim Klerekoper

EAST CANADA: ONT, QUE: Vacant

PACIFIC: HI, Australia, New Zealand: Chaplain Milton Fricke

SOUTH CENTRAL: AR, LA, OK, TX: Chaplain Keith Jenkins

SOUTHEAST: AL, GA, MS, TN: Chaplain T. Leon Adams

SOUTHWEST: AR, Southern CA, Southern NV, NM: Chaplain Gary Malkus

WESTERN: CO, Northern CA, Northern NV, UT: Chaplain Rufus Watkins

WESTERN CANADA: AL, BC, MAN, SAS: Vacant

WEST GREAT LAKES: IL, WI: Chaplain Lisle Kauffman

The ICPC Journal

U.S. Postage Paid
Non-Profit Org.
Permit #795
Pensacola, FL 32501