

The ICPC Journal

A membership periodical published quarterly by the
International Conference of Police Chaplains ®

March 2004

JOURNAL



A professional
organization
serving those
that serve...

PRESIDENT'S PERSPECTIVE....

A message from Walter Schott, President of the International Conference of Police Chaplains.



My Fellow Chaplains:

There is an air of excitement, anticipation, mood swing, and achievements that are going to have a profound and positive effect throughout our membership.

At this very moment you are reading the 2nd edition of the new ICPC Journal. I am proud of this publication and want to express my personal appreciation to the Editorial and Public Relations Committees, Executive Director, Chuck Lorrain, and the Destin staff for a first-class production. Three additional pieces of promotional materials have been produced, all in color, with a truly professional appearance.

Recently the ICPC Executive Committee met in St. Louis at the site of our 2004 ATS. Allow me to highlight a few items that were part of a very full agenda:

1. Infrastructure at the Destin office is receiving a new look and going hi-tech.
2. International scene—new challenges are being faced, but also creating new opportunities for expansion, training and growth.
3. Fundraising and financial stability were discussed, reviewed and analyzed.
4. Chaplain Hillard Martin previewed the program for the upcoming ATS.
5. Credentialing criterion has been changed to meet ICPC and legal standards.
6. Standards for entrance into ICPC membership and maintaining membership were reviewed.
7. A new set of "Guidelines for Hosting the ATS" was unveiled.

Mr. Cordell Dick, a professional financial consultant and fundraiser was invited to this session. His wisdom and knowledge presented the Executive Committee with excellent insights into the dynamics of fundraising and creating financial stability. A recent move created a new position when Executive Director, Chuck Lorrain, appointed Stu Nelson as the Director of Marketing/Fundraising for the ICPC.

One last and important word: **The landscape of ICPC is changing!!** We are rapidly moving on to new levels of attainment. Dr. Chuck Lorrain, ICPC Executive Director, is a visionary and an achiever, totally dedicated to serving this organization. The Executive Committee is an energetic, dynamic, goal-oriented group, with great wisdom, commitment and passion for the ICPC. Let us keep the **vision**, stay **focused**, be **excited**, and remain **prayerful**.

—President Walt

The ICPC Journal

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CHIT-CHAT

A Members Forum

Jim Powell Finishes Walk



Chaplain Jim Powell walking east of Freeport, Fl.

Some say the measure of a man may be summed up in one word—PERSISTENCE. If one were to look up the word in the dictionary, there they would find a picture of Chaplain Jim Powell.

Jim could not leave his walk “finished” as he had, so on February 1, 2004, he set out to resume the last leg of his trek from Destin to Miami.

Starting his walk again was not easy. First, he had to get another driver who would commit to a month on the road away from home. Then as he started his walk again it poured! Jim said “it rained more this morning than the whole way from Seattle to Destin.”

Jim’s last leg took 21 days and he ended up in Miami at the Orange Bowl on February 21, 2004.

The membership of the ICPC congratulates Chaplain Powell on a job well done. He truly brings credit upon the profession of law enforcement chaplaincy.

—Ed.

Dear Chuck:

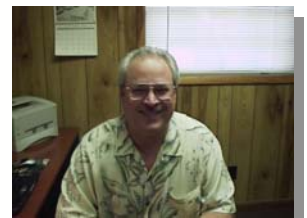
The December issue of the *ICPC Journal* arrived and I read it from cover to cover. I am not sure just where to start but I think it really is necessary for you to hear what I have to say about it.

1. The cover has a professional look to it. It is well put together and catches the eye. I also think the name “Journal” is right on target.
2. Chit-chat is a good way to handle members letters— a nice way to share good stuff.
3. I enjoyed David’s article. It was not only well written but provided a much-needed perspective for proactive chaplaincy.
4. Your article was both timely and on target, but more than that it was a solid piece of hard work clearly written and documented. It is the type of article that gets put in the file for further use and referenced when needed. It is what I would expect to find in a “professional journal.” You have clearly set a higher standard than what we have seen before. Keep it up!
5. Tim’s line of duty death story and Jim’s account of the walk were both good, tight, one-page, slice of life, human interest pieces that provided an important human interest balance to the Journal as did the International Scene.

On the whole I thought this was an outstanding improvement over what has been done in the past. It has professional integrity and human interest— a hard but important balance to hold in future issues. I also appreciated your use of photographs and attention to lay out and style. The three-column format is particularly effective for ease of reading.

—Chaplain Wayne Whitelock

Greetings on behalf of the over 2800 members of our organization. As we continue to press on and move forward to meet the challenges that lie ahead, people are getting excited at the new opportunities that exist. People are asking “what can I do”? “How can I become more involved”? It blesses my heart to see so many wonderful people stepping up. This is your organization and there are no limits as to where we can take it. What we should all be asking ourselves is how can we **complete** the mission, not **compete** with the mission. We have been allowed an awesome privilege of working with law enforcement and it carries with it great responsibility, but there is no room for egos, just hearts ready to serve.



Dr. Charles R. Lorrain
Executive Director

Responding to the Death of a Member of Your Department The Law Enforcement Funeral

By William P. Sanders, D.Min., CMC, CTR
Michigan Regional Director

My first law enforcement funeral came to me when I was a newly appointed chaplain for the Michigan State Police. I had volunteered, I had previously been a chaplain, I had my ICPC basic training courses “under my belt,” and I thought I was ready for anything. How wrong I was. I had said to myself, “I could do a law enforcement funeral,” after all I was a pastor and funerals are one of the things we do. Well, again, I was wrong. There is a “vastness,” an “overwhelmingness,” that is associated with a law enforcement funeral that is hard to explain. I hate to make the statement, but it is almost like you have to experience the preparation, planning and delivery to really understand.

Another experience assisted me. At our ICPC Annual Training event in Albuquerque, New Mexico, God “whispered” in my ear that I could do it when it was announced that we were looking for someone to write a funeral manual for the ICPC. I said yes and a box of funeral materials collected over the years was sent to me (in fact it almost beat me home). When this first funeral service suddenly was brought to me, I had been working on the funeral manual. I was better prepared than if I hadn’t been thinking about it.

After the funeral I was determined that I would write that manual and fill it with helpful hints, useful material, and checklists. I sought counsel from many of our ICPC chaplains and law enforcement agencies and support groups. The *ICPC Law Enforcement Manual, A Practical Guide for Law Enforcement Agencies When Faced With the Death*

of a Member of Their Department was published in 2001. Unfortunately in the six years that I have been with the Michigan State Police, I have been directly involved in three funerals. I would like to share some thoughts from the book and from my experience.

You probably will not be prepared for the magnitude of a law enforcement funeral. The immense size and community outpouring always surprises me. Even the way the media shows up. We need to be ready.

Preparation for a death: line-of-duty, active but off duty, or retired, needs to be made today and not tomorrow. I believe the very first thing that we must do it to check and see if your department or agency has a death policy. A United States Department of Justice, National Institute of Justice “Research In Brief” document, states that a staggering 67 percent of law enforcement agencies surveyed lacked formal policies concerning the death of a member. It is almost as if the department had a policy, a death was automatically going to happen in their department. As chaplains, we have the opportunity to present a case for such a policy because of the nature of our work unlike anyone else in the department can. I would hope that each of you would make it your mission. It may be an uphill battle, but it will pay so many rewards in the future. The funeral manual has a sample policy that could serve as a guide for your department in creating one or revise what they have.

How can an agency or individual be ready for an unexpected death? Preplanning is essential. Simple things to complex things have to be planned for and anticipated.

Simple things such as: are there enough mourning ribbons for your officers? Do you have white gloves for those that will be assigned to casket detail during the viewing and funeral? How do you display and fold the flag of your nation or state? More complicated things such as: do you have blank ammunition for the firing detail at the grave side? Can you find a color guard or bagpipe player on one day’s notice? Can the site chosen for the funeral service handle 1000 to 1500 officers and their vehicles? (Even more if you serve a large city of a state agency!) What about the grave site? Is there motel or hotel space available for those coming from out of town? A check list is included in the manual to assist you and your agency with this planning.

What is the role of the chaplain in your agency? What do your official orders say? Is the chaplain even mentioned? The role of the chaplain is to **ASSIST** the family, the family's clergy (if any), and his/her fellow law enforcement officers through their sadness and grief. The chaplain can ask the family who will officiate at the service. If asked to conduct the funeral service, the chaplain's role is much broader than just the funeral service itself. The ministry begins when the chaplain is first notified of the death of a law enforcement member and extends beyond the interment. During the funeral, the chaplain comforts the bereaved and can pay tribute to the fallen officer. The chaplain serves as a counselor, pastor and friend to the family of the deceased.

Since the conduct of the funeral service honors the wishes of the family, the chaplain may be asked to cooperate with the family's clergy, if

available. The funeral service is primarily pastoral and is properly a function of the local clergy. The chaplain should accede to the desire of the civilian clergy and the traditions of the religious organization/tradition of the family.

The police chaplain has a dual role: as a member of the law enforcement community and as an ordained clergy. The elements that the chaplain must balance are: the military-style ceremony and the religious rite. The military-style ceremony recognizes the service and sacrifice of a law enforcement officer; the religious rite extends a spiritual ministry to the family, friends and the law enforcement community through worship.

Police chaplains are concerned with the totality of the grieving process. They should be quick to call upon the bereaved both before and after the funeral. It is important for chaplains to be available to the bereaved during the entire time of mourning. This



mourning period may take a year or more (the department may forget the bereaved because they don't know what to say - you need to be there for the bereaved for the long haul).

If conducting the funeral service, the chaplain may be tempted to treat the elements of the service, other than the sermon or meditation, as secondary with the thought in mind that mourners are not really deeply affected by them. Yet other elements, i.e., prayer, scripture, poems, and eulogies, also speak of the reality of death, the answer of the faith and faithful, and the authenticity of grief. The chaplain's meditation is a matter of individual approach and style based

on the mourning family's religious tradition. The funeral meditation brings the source of the mourner's faith tradition into contact with their needs. The chaplain should know the distinction between a meditation and the tribute or eulogy. Emphasis of the meditation should be pastoral rather than prophetic, comforting rather than chastising, edifying rather than evangelistic. Meditation texts should be short, appropriate, understandable, and memorable. The meditation should be judiciously brief, and preached in the certainty of God's continued presence. Wisely used, the meditation can be an important aid in working through of the mourning

process by those present. (Suggested poems, hymns and readings are included in the funeral manual. It also includes a brief description of various religious traditions and how these beliefs approach death and burial.)

The chaplain should wear a uniform or civilian clothing as authorized by her/his department or agency. An appropriate religious garment, the symbol of the office of the family's religious tradition, may be worn over the uniform of the chaplain.

During the funeral and burial services, opportunities will arise that call upon the chaplain to use a military salute. The following is a guideline: if in uniform, a right-hand salute is

rendered at the service; if in civilian clothing, the salute is rendered by placing the right hand over the heart.

The ICPC gets requests for funeral information, but those requests are unusual because most are seeking service for animal memorial services. We may scoff at the suggestion of an official burial of an animal, but let me offer the following rationale. Most animals are not given a formal memorial service. An animal serving a law enforcement agency whether killed in the line- of-duty, died off-duty or died of natural causes in retirement, deserves a memorial service for the dedication that animal and his/her trainer(s) and/or handler(s) gave to the department/agency.

The department/ agency's personnel and the community the animal served often need a memorial service to honor this animal because of their memories and remembrances of the animal -- this is particularly true for school children who may have met the animal and formed an attachment.

In closing this brief introduction let me say, don't live in fear or dread of a law enforcement funeral, rather be ready. Planning and prayer will carry you through and you will be able to offer another invaluable service to the men and women you serve alongside as well as the community.





BURNOUT

By: Fr. Michael McCullough
LAPD/FBI, CMC

THE PROBLEM AND ROOT CAUSES

People occasionally ask me who I turn to and how do I stay healthy when the lot of a police chaplain is often to hear the worst, most painful things that happen to officers. I respond by saying that I have a very large support system. It is a system that has taken me many years to develop, and I am constantly adding to it. Though there are no guarantees that we won't burn out, I think we can take steps to prevent it.

Burnout has been defined by Gentry and Baranowsky as, "A chronic condition of perceived demands outweighing perceived resources." I'm going to approach this subject more in practical than clinical terms. I have been a law enforcement chaplain for 29 years. I am not a psychologist.

The officially approved emblem of the LAPD Chaplain Corps that I designed in 1983 shows flames arising from the heart, symbolizing the fact that we, as chaplains, minister from the heart. In burnout, the flame is flickering. Spiritually, outgo is exceeding income. I have seriously bogged down three times in my career--my *perception* was that outgo was exceeding income. Burnout can affect a peace officer or anyone in a helping profession just as certainly as it can a person in ministry. How did burnout manifest itself in my life?

The first nine years I was in ministry I worked 16 to 19-hour days, six days a week. I had one day off per week. My first parish assignment was a large one with 4,000 Catholic families, 9 rest homes with Catholics, 100 shut-ins in homes who needed a visit every month, a 700-bed

emergency hospital with no chaplain three blocks away and 30 parish organizations that were all expecting my personal involvement. I did police work on "my time," my day off. I would typically work a 12-hour day, then report for morning watch roll-call and ride along all night. I slept the rest of my day off. That was usually my routine one or two of my days off per month. I always felt tired.

When you are 21, 28, or 35 you can get away with that regimen. But as we grow older, we have to grow smarter. My perception, though perhaps subliminal, was that I must convince my religious superiors that I was serious about ministry to police...until my health broke the first time. In 1982, my family doctor was the first to notice my condition and he wrote to my superiors on my behalf. My sleep patterns were messed up, I often felt fatigue to the point of saying, "What's the use?" and "Am I ever going to have any enjoyment in life?" I didn't have a solution.

Let me describe what I consider to be the root causes of what I was going through. From awareness of these, I believe that solutions came.

1. I didn't know and understand my physical and emotional limits.
2. Therefore, I couldn't respect my physical and emotional limits.

"Though there are no guarantees that we won't burnout, I think we can take steps to prevent it"

3. There was a severe lack of balance in my life between prayer, play, work, eating, sleeping and friends. WORK was always in huge capital letters compared to everything else.
4. I had an inability to say "no." At some level I reasoned: "They'll love me more if I say 'yes'."

5. Others and myself had unrealistic expectations. People appoint us to do this or that. We must sometimes *disappoint* ourselves from their appointments---disappoint them. This can include family.

6. Burnout is more about what's inside of me than what's "out there." It has a lot to do with perceptions.

7. I had too much focus on myself and not enough focus on God and God's goodness.

8. I think cynicism is a clear indication of burnout.

9. Workaholism was another root cause of burnout for me. At the emotional level, this is rooted in a poor self image which says "I'm not good enough," or "I have to work harder to make up for my deficiencies."

Combine that with a certain pride that allows me to do this or that activity, never or seldom taking into account the "big picture." In other words, what will saying "yes" to this request cost me physically, emotionally and spiritually? This question needs to be asked often and the answer listened to carefully. Hopefully, a spouse can do that for a person. A celibate or unmarried person may be at a disadvantage in this regard. One needs to keep a "buffer zone" of energy for the *big ones*--the big emergencies that come up in this procession. It is not healthy to always be right at the point of exhaustion. And if I do operate that way, am I not setting myself up to giving into temptations of overstepping boundaries, to improprieties? We ignore our legitimate physical, spiritual and emotional needs "in the name of

"work" to our own serious peril. My spiritual director once asked me "Who is making you work so hard? Not God."

10. I find there is an ironic dualism between needing to advertise/log activities, accomplishments and virtues (to maintain funding and support) versus the call to humility and letting

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only God give the credit.
 11. *Perfectionism* is another dangerous root cause of burnout. With so many demands coming at us, sometimes we must do grade “B” work instead of “grade A” work. The more that idea bothers you, the more perfectionistic you probably are. If I have three major events to handle in one day, I can only do the best I can.

I got a handle on many of these dynamics in my life, but once again, in 1986, I found myself depleted. In honesty, I approached my religious superiors and stated: “This is what I have accomplished; this is what I am feeling called to do; this is what I can’t do.” Call it a miracle, my plea was heard and I was appointed to full-time law enforcement ministry within one year--what I had hoped and prayed for.

In 1989-'90 I lost ten significant others in the course of 20 months. It was a very trying time, but I seemed to weather that period all right.

However in 1999, I seemed to experience a real “log jam.” That year had included my deep involvement in several line-of-duty deaths and another event--my Dad having to enter a rest home. For some reason that one hit me very hard. Once again, I found myself being called to greater balance. I believe that “EMDR” eye movement desensitization and reprocessing helped get me moving again.

There is a positive side to the fact that you and I get depleted emotionally. The degree of one’s pain is often the degree of one’s care.

PREVENTION AND HEALING FROM BURNOUT

My definition of burnout is “a condition where the person is unable to perform their normal duties because of fatigue, imbalance, possibly coupled with some form of addiction, over-scheduling, failure to take days off, vacations, retreats, days of recollection, disconnectedness with one’s spiritual roots and what

motivates.”
 In my opinion, you need to have a tool kit, a big one for at home and a small one for on the road. I propose that you look through this “tool box.” Some of these tools may fit and some won’t. Use whatever is helpful. The choice is up to you. By “on the road,” I mean responding to large disasters and critical incidents.

PRAYER: Law enforcement involves a daily drop of corrosion on the soul (Joseph Wambaugh). Therefore, we need a daily drop of “grace” to neutralize it. Prayer can take the form of petition, adoration, reparation and thanksgiving. We can engage in meditation, contemplation, and/or *affective* prayer--simply being quiet in God’s presence. I like the simplicity of the prayer of FDNY Chaplain Mychal Judge: “Lord, take me where you want me to go; Let me meet who you want me to meet; Tell me what you want me to say; And keep me out of your way.”

EXERCISE: A good workout flushes toxins out of the system. It is a good preventative for burnout. Science has also discovered that certain negative chemicals are only expelled from the system through tear ducts.

CONFIDANTS: Have a person or two (male or female) with whom you can prudently share anything.

TAKE A DAY OFF: For some this is nearly impossible, but it really will pay dividends in energy and creativity the rest of the week.

PRAYER AND SUPPORT GROUP: I meet once a month with a group of my peers from 10:00am to 4:00pm. This has brought a lot of stability to my life. We’ve been together for 26 years.

BALANCE: Keeping our backpack balanced means keeping a balance between body, soul, mind and heart. It also means balancing play, prayer, work, eating, sleeping and friends. Prioritizing in our busy lives is

essential and prioritizing is about time management. I think the suicide epidemic we are experiencing in law enforcement nationwide is, in great part, a symptom of being out of balance in the areas mentioned above.

RETREAT(S): Long, 30-day, silent, short. Self-directed; other directed. The Desert Refuge for Peace Officers is a good location for retreats.

WRITING POETRY: This has become one of my favorite ways of debriefing myself after a major incident. Major incidents I have participated in have included 1991 US Air crash--34 fatalities (40 hours); 1992 civic unrest (132 hours); North Hollywood shootout; 1996 Olympics as a chaplain to the security forces (5 weeks); 2000 Alaska Air crash (200 hours); 2001 W.T.C. Ground Zero (6 days). This technique is admittedly contrived. I am aware of that fact, but the technique has served me well. I like to write poetry. When I am involved in a critical incident, I make notes of my feelings (strong positive and/or strong negative). At some later time, I gather those thoughts and feelings into a poem. I create an “album” including the poem and other photos or memories of the event. I can then place the album on the shelf, where I can readily fetch it if I need to. This enables me to let go of the fear of forgetting the loving, important things I experienced that have given meaning to this event/my life. I can then also move on to other priorities.

LEISURE: In my opinion, the *unreflected life is not worth living*. So many wonderful, positive things happen each day, we may inadvertently forget them when we are in “tough times.” My shortest poem is as follows: “An attitude of gratitude; Yields a plentitude of contentitude.”

Each day look over what to be thankful for. Each day look back at the miracles that happened. I find there is always at least one, even if it is only as

(Continued on page 10)



The International Conference of Police Chaplains announces its

2004 Annual Training Seminar St. Louis, Missouri--July 12-16

Come to the city known as the gateway to the west! Enjoy the beautiful Gateway Arch, Busch Stadium, historic Laclede's Landing and more.

We are offering—

- 12 Basic classes
- 23 Enrichment Classes
- 3 Advanced Classes
- 3 Liaison Classes

and various other workshops & roundtables

Registration fees—

- Standard Track: \$150¹
- Advanced Track: \$180¹
- ¹Includes one (1) banquet ticket
- Non-members: Add \$100 per track (includes one year membership)
- Spouse: \$25² Youth: \$10 ea. (\$30 max)
- ²(Does not include banquet)
- Spouse/Guest Banquet Tickets: \$25
- Late Registration Fee: (After June 19th) \$25
- Hotel—\$98.00 per night plus tax (single or double occupancy)
- Parking: \$8.00 per day self-park, \$12.00 per day valet

We will be staying at the beautiful Millennium Hotel in downtown St. Louis right across from the Gateway Arch.

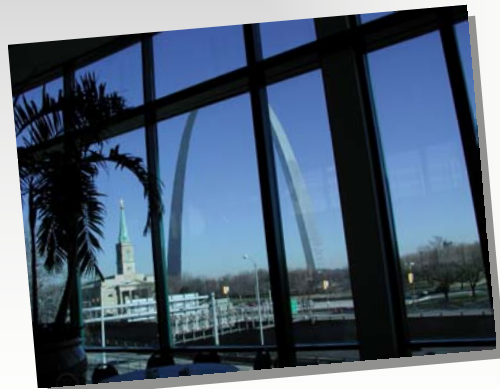
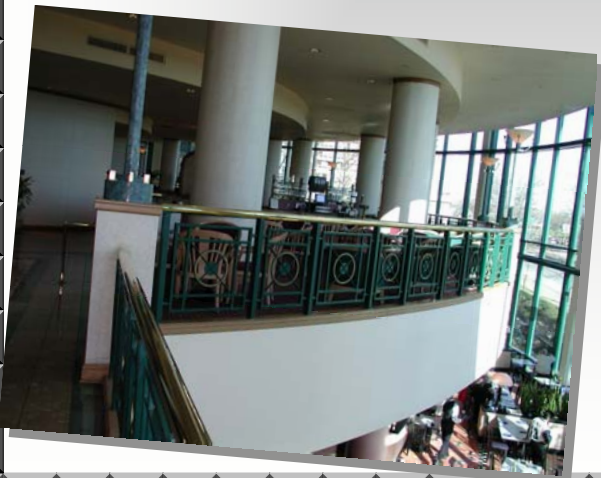
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You should receive your registration packet in the mail. If you have any questions, they may be directed to the ATS registrar—

*Pat McGrew
(850) 654-9736
registrar@icpc.gccoxmail.com*



Meet You in
St. Louis!!



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simple as breathing in and out.

THE DESERT REFUGE FOR PEACE OFFICERS:

This is the main thing that keeps me sane these days. In 1986, I set a 20-year goal to have a house of prayer and spirituality for peace officers. We now have a cabin on five acres in Joshua Tree, California. We were incorporated in 1999 and are federally tax exempt as of August 2001. We have had 129 guests in the past year including a New York Police Officer who worked "Ground Zero" and a chaplain from Louisiana. We have hosted officers and police chaplains from Los Angeles, Riverside, Ventura, and Orange Counties. The Desert Refuge is to teach all these "solutions" to burnout, hopefully in a practical way. We hope to deter suicide and cynicism before they become a fact.

PORTABLE TOOL KIT--THE TELEPHONE: A great "tool" for staying healthy is our dear friends in law enforcement who have retired and who know us well. They know our work and our role in it and it may very well make them feel good to be called and consulted once in a while. "Seek counsel from every wise man" (or woman). *Book of Tobit 4:18.*

A SPIRITUAL DIRECTOR: A spiritual mentor who espouses values that you appreciate can steer you right in times of ambiguity and confusion.

SAY "NO": To unreasonable requests or reasonable ones when you are already booked or over-booked!

HAVE A HOBBY: Bird watching, astronomy, naval history, stamp collecting or poetry. Police work/ministry often involves spiritual (unseen) results. We seldom see the final fruit of the seeds we plant. This is an occupational hazard. Hobbies and manual labor can help balance this.

CISD: Critical Incident Stress Debriefing---being a peer counselor and part of the Critical Incident Response Team gives you training you can use to recognize your own symptomology. But use it---darn it! You may be trained in *teaching* it, but if you don't avail yourself of it when you have experienced a critical incident, you could be at risk for negative consequences.

FAMILY NIGHT: My siblings (and parents, while they were alive) have gotten together every three weeks for the past 29 years. It prevents us from "drifting apart" unwittingly. This has become a tremendous part of my support system.

I hope some of these tools are useful to you. Burnout is preventable, as are cynicism and suicide. We must avail ourselves of tools to stay healthy. When we find tools that work, we can share them with others, too.

To schedule time at The Desert Refuge for Peace Officers or for..... yourself, you and your family, or your group, or to receive a map and brochure, please contact Fr. Michael McCullough at (323) 298-7174.

New



ICPC

Life Members

#83

Steven L. Silberman

#84

Kate Guistolise

Congratulations!!

In Memoriam

CHAPLAIN ALBERT CORDERO

Beloved husband of Carolyn Cordero

Died: December 26, 2003

Condolences: 204 Cottonwood St. Woodland, CA 95695

In Memoriam

CHAPLAIN EDWARD S. HAMILTON

Beloved husband of Myrlene Hamilton

Died: January 24, 2004

Condolences: 440 Montgomery St. Bayville, NJ 08721

In Memoriam

CHAPLAIN HENRY K. KAHALEHILI

Beloved husband of Mary Jane Kahalehili

Died: December 2003

Condolences: 551 E. Kahapea St. Hilo, HI 96720-5274

SMART IS WHEN YOU BELIEVE ONLY HALF OF WHAT YOU HEAR.

BRILLIANT IS WHEN YOU KNOW WHICH HALF TO BELIEVE.

On the International Scene



Caribbean

International Committee Chairperson, Vivian Panton, attended a conference of the Association of Caribbean Commissioners of Police (ACCP) held in Bridgetown, Barbados, during the period of December 2-4, 2003. The conference brought together the commissioners of police for the various police forces/services in the region and representatives from several related international agencies. The purpose of this meeting was to reflect on strategies and methods by which the forces and agencies can unite in the fight against crime in the region. Chaplain Panton addressed the conference on the value of chaplaincy to the police in the region. He advised the participants of the significant role which ICPC plays in assisting in the formation and development of programs and the training of chaplains for law enforcement agencies. The response from the conference was extremely encouraging. Of approximately eighteen police force/services represented, with the exception of Jamaica which already has an advanced chaplaincy service, only two territories have chaplaincy programs on their police forces. Most of the commissioners indicated their commitment to getting chaplaincy started in their forces. Literature was distributed to all participants on the role and function of ICPC and ways in which the commissioners might access help from ICPC. Chaplain Panton believes his visit will mark a major break through for law enforcement chaplaincy in the Caribbean.

—Vivian Panton, International Committee Chairman



Canada

Canadian Police Chaplain Association

The Canadian Police Chaplain Association is an ecumenical-interfaith-interdenominational body that supports police chaplains and law enforcement services throughout Canada. It provides educational opportunities in annual training seminars. Members offer training to new chaplains through personal contact and tutoring. It helps disseminate and share information on law enforcement chaplaincy.

The CPCA offers a network of mutual support in times of disaster and for such things as notification of next of kin across Canada. Assistance is provided to law enforcement services in establishing chaplaincies.

The CPCA grew out of the Ontario Police Chaplains' Association, which in turn grew out of the ICPC. After the ICPC Annual training Seminar held in Toronto in 1982, the many Ontario chaplains attending saw the need for a formal organization. In the fall of 1982 they got together and formed the OPCA, which was formalized in 1983 at the first ATS. The first ATS was held at the Ontario Police College. Over the next ten years they met again in Aylmer, the Canadian Police College and the Ontario Police College.

Over the years, chaplains from other parts of Canada attended and began to join the organization. In 1992 the OPCA voted unanimously on a motion to become a national association.

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The Effects of Homicide on Survivors—Part I

By Harold Elliott
Chaplain, Arlington, Texas Police Department

In January 1996, nine-year old Amber Hagerman was abducted while playing near her Arlington, Texas home. She was found murdered a few days later. It became my responsibility to make the death notification to her family. Although they had held on to hope that she would be found alive, they knew the possibility was even greater that she wouldn't. When I confirmed their worst fears, they did what most all devoted family members do, weep bitter tears.

That January night was especially dreadful for me. Making the notification deepened a painful personal wound. It was only a few days short of one year since my family had been devastated by the tragic death of our own daughter. The Medical Examiner ruled her death "Undetermined." We know how she died, but still don't know what really happened. Was it an accident, suicide, or a homicide? We live with all three possibilities.

Every caregiver knows it is never correct to say, "I know how you feel." As a caregiver, I really didn't know how Amber's family felt when I shattered their world with such horrible news, but I sure knew how it felt to lose someone you love tragically. We were two families who weren't ready to say goodbye to our daughters. We didn't even have an opportunity to say goodbye. It was all so unfair. Suddenly we didn't even know how to act. We didn't know you could hurt this much and still live. Could we survive? Did we even want to survive?

The nation and much of the world is now familiar with the name, Amber Hagerman. In 2003, President Bush signed into law the AMBER

PLAN. Implementation of the alert has and will continue to save the lives of many children who would otherwise become homicide statistics. Unfortunately, it cannot erase the emotional pain of her survivors.

There are 3 million adults in America who have had an immediate family member die violently. Counting close friends and more distant relatives, such as uncles and aunts, the numbers climb to an estimated 6.7 million. About 3.7 percent of the adult population is a survivor of homicide. They are correctly referred to as *survivors*,



Benjamin Krain/Arkansas Democrat Gazette

secondary victims, or co-victims.

One of the most defining events for co-victims, other than the murder itself, is the death notification. The message will forever change their lives. They are suddenly crushed beneath the weight of shocking news from which there is no reprieve. Their eventual recovery or the lack thereof, begins with the manner in which the

message is delivered.

Nationally, more and more police departments have chaplains who are trained, primarily through the International Conference of Police Chaplains, to make these notifications with compassion and dignity. They, in turn, train police officers in the tried and proven methods of notification. These officers and chaplains speak with authority, correct information, sensitivity, and objectivity. They treat survivors as if they were their own kin.

Survivors will not remember many of the details shared during the notification. Therefore, essential information should be given to them in written form. The Arlington, Texas Police Department leaves the following information with the family. Note: The word "examination" is

substituted for "autopsy," because it creates less painful emotion while relaying the same information.

1. The deceased has been taken to the Tarrant County Medical Examiner's Office in Fort Worth, Texas for examination.
2. Call the funeral home of your

(Continued on page 13)

(Continued from page 12)

choice to inform them of the death and your desire to use their services.

3. Call the Medical Examiner's Office, 817-920-5700 to inform them which funeral home you have chosen. The Medical Examiner may also need further information regarding the deceased.
4. The Medical Examiner's Office is open 8:00 a.m. until 4:30 p.m. Monday through Friday. Although the office is closed on Saturday and Sunday, an attendant is generally on duty.
5. The Medical Examiner will normally take 12 to 24 hours before releasing the body.
6. The Medical Examiner will call your chosen funeral home to transport the body when the examination has been completed.
7. Your funeral home will make an appointment with you to come into their office to make funeral arrangements.

Not all death notifications are equal in their emotional reception, just as all deaths are not equal in their distress effects. A natural or accidental death, though difficult to cope with, does not bear the same elements as a murder. An extra dimension of murder is the ingredient of human cruelty. When death is brought about by criminal victimization, the trauma reaches an unfathomable level. Homicide survivors are tormented by the notion that someone calculated, planned and made a decision to take the life of their loved one, no matter how instantaneous the act. They are enraged that life for their loved one was intentionally terminated.

Suicide can be defined as "Self Homicide." Suicide survivors fit into a comparable classification with homicide survivors. Their loved one, not an outsider, made the

deliberate choice to end their own life. The fundamental difference between a homicide and a suicide is distinguished by the one who deliberately and violently ends a life. In a homicide, one customarily hears survivors ask, "Why would anyone do this to him/her?" In a suicide, the common question is, "Why would he/she do this to us?" The end result is the same, but the homicide survivor will likely endure a much longer period of emotional turbulence. It is prolonged by lengthy police investigations, search for and apprehension of the killer, media coverage, court actions, prison time served, or awaiting an execution date.

The word WHY becomes the prevalent word in a survivor's vocabulary. Why my child? Why my parent? Why my spouse? Of all the people in the world, why him or her? The battle between the emotions and the intellect rages like wildfire. The emotion (heart) says, "This did not happen." The intellect (brain) counters, "But it did." "Things like this just don't happen to people like us." "But it did." The fervent inner struggle is frequently so intense that it is expressed with verbal screams commingled with a deluge of tears. Sleep is interrupted, the appetite is gone, nothing makes sense, memory fails, and the immediate survivors are sure they are going crazy. They repeat their story over and over, pleading with God to let them awake and learn it was only a bad dream. They awake only to learn it wasn't a dream at all. They are literally suffering from a broken heart. Not just a wounded heart, but a broken heart. The pain is too deep to be eased with morphine. Even when saturated with liquor or dulled with tranquilizers, it wears off and the agony is still present. Days of the week lose their names, and the hands on the clock seem to grind to a slow movement. It's like the heart has been torn from the chest, a portion violently ripped away, and all without

the benefit of anesthesia. The grief process for the homicide survivor has begun. It will take the sufferers through many valleys before finally depositing them on the mountain.

The bereavement process is compounded by many complications when homicide is the cause of death. Well-meaning friends and family haven't the slightest idea whether to say anything or remain silent. For fear of saying something wrong, some simply practice avoidance. In an effort to comfort, foolish statements may be made without regard to their consequences. Some of the most frequently used foolish statements are:

- ◆ "It was God's will."
- ◆ "He/she is in a better place."
- ◆ "You need to just get over it."
- ◆ "He/she wouldn't want you to cry."
- ◆ "It could have been worse."
- ◆ "It will get worse."
- ◆ "You will never be normal again."
- ◆ "Just turn it over to God."
- ◆ "If there is anything I can do, just let me know."

These words, however sincere, hold no redeeming graces. On the other hand, silence can pierce an already broken heart like flaming arrows. Survivors want to hear the name of their loved one who has so unjustly been taken from them. They also want someone to listen. Few actions match the presence of that special person who warmly whispers the name of the deceased, wraps a grieving soul with loving arms, and remains silent as the sad story of violence is repeated again and again.

End of Part I

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**PART II OF THIS ARTICLE
WILL APPEAR IN THE JUNE
ISSUE OF THE JOURNAL**

(Continued from page 11)

The first ATS was held in Aylmer and since then has moved back and forth across Canada since then chaplains from the United States, New Zealand, the Caribbean and Great Britain have joined us.

Our membership and certification is based on that of ICPC with modifications to meet the differences of our country. It is hoped that each ATS will offer several of the core courses and in addition offer an

advanced track. Courses offered at CPCA and ICPC are accepted on a reciprocal basis.

The 2003 ATS was held in Vancouver British Columbia and was a great success. Advanced training was a certificate course on Suicide Intervention. Next year we will meet in the Toronto area.

Many members of CPCA also hold membership in ICPC and the benefits of both groups can be shared as partners in chaplaincy.

Rev. Stan Fraser
President - CPCA



Notice:
ICPC has a new email address!
icpc@icpc.gccoxmail.com

Your Help is Needed.....

The Destin office is changing over to a new database system and we greatly need your assistance in updating this database. Why is this important?

- ◆ We need current information to send you materials! It costs ICPC a large amount of money for return address correction.
- ◆ It provides our members with an accurate membership directory. It's imperative to have accurate information when calling another chaplain for assistance at a time of need.
- ◆ Communication is enhanced between members.

Please fill out the form below and mail it back to the Destin office—***EVEN IF YOU THINK WE HAVE YOUR CURRENT INFORMATION.*** Your fellow chaplains will benefit and thank you later!!

MOVING?

Please fill this out and return promptly if you are moving or if you have a change of phone number or email address.

Send to:

ICPC
P.O. Box 5590
Destin, FL 32540-5590

- I'm moving. Please change my address as indicated below.
- I've changed a number or email address as indicated below.
- I've changed other information as indicated below.



Name (please print)

Street Address

City

State

Zip

Phone

Email

Other

Hall of Fame

The International Conference of Police Chaplains wishes to thank the following individuals for their generous contributions:

General Support

Keith Abbott, Lawrence Au, John Ball, William Ballard, Chere Bates, David Berube, Don Bledsoe, Rudy Brazel, Herbert Bright, John Bromley, Leroy Cherry, Robert Corneluis, George Davis, John Detisch, James Elliott, Donald Garrison, Robert Green, Arthur Griffin, James Gunnels, Patrick Hamman, Wilber Hardwrit Sr., James Harrison, John Hess, Robert Hodkins, Larry Hummer, Earl Jardine, Walk Jones, Varoujan Kabardian, Merlyn Kelly, Theodore Klingen, James Kowalski, Larry Lee, Happy Long, Laurence Lord, Raymond Luft, Michael Macintosh, Jim Mantooth, Michael McCullough, Steven McKeown, Lester Miller, Charles Mingle, Joseph Mol, Dennis Mudd, Joseph O'Donnell, Jerome Pavlik, Carleton Peterson, James Powell, Mary Ramsden, Robert Rehwaldt, Jack Rinchich, Karen Roertgen, Hank Rosso, Mindi Russell, Walter Schott, William Seals, Frank Sherman, Michael Shochet, James Smith, Richard Stowe, George Tarleton, John Transue, Peter Vang, Milton Walker, Ronald Warnimont, Cliff Weston, Johnson White Sr., Floyd Allen, Xia Che Xiong, Larry Yanca, Gary Young

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Special thanks to Chaplain Colin Alter who has worked tirelessly on our infrastructure issues and fundraising.

Far better it is to dare mighty things, to win great triumphs, even though checked by failure, than to rank with those poor spirits who neither enjoy much nor suffer much, because they live in the gray twilight that knows neither victory nor defeat.

—Theodore Roosevelt

Stu Nelson—

Director of Marketing
& Fundraising.....



We have exciting news from the ICPC office.

Effective February 1, 2004, Stu Nelson will be leaving the position of Assistant Executive Director and move into a newly-formed position of *Director of Marketing/Fundraising*. His main duties will be fundraising for ICPC, marketing, and membership recruitment.

Anyone who knows Stu knows his passion for the ICPC and chaplaincy. With his unique giftings we truly feel this is a win-win situation for Stu and the ICPC. We ask you to pray for him and Lorraine as they embark on this new and exciting dimension of service to the ICPC.

If you have any questions, please free to contact Stu at (850) 654-9736.

Upcoming Regional Seminars

Alaska—May 13-14, 2004 Anchorage, AK
Burt McQueen (907) 272-3100

E. Great Lakes—April 26-27, 2004 London, OH
Walt Tully (330) 872-0991

Florida—May 2-6, 2004 Ocala, FL
Bobby Murray (352) 351-8077 Ext. 2222

Indiana—2004 completed

Mid/No. Atlantic—April 18-20, 2004 Brickfordship, NJ
Dan Schafer (732) 928-8847

Mid-East—April 25-28, 2004 Monroe, NC
Lee Eiss (704) 283-5606 (day)

Northwest—2004 completed

South Central—2004 completed

Southeast—2004 completed

Southwest—2004 completed

W. Great Lakes—March 21-23, 2004 Evanston, IL
Dov Klein (847) 869-8060 (day)

West—April 28-30, 2004 Sacramento, CA
Mindi Russell (916) 857-1805 (day)

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