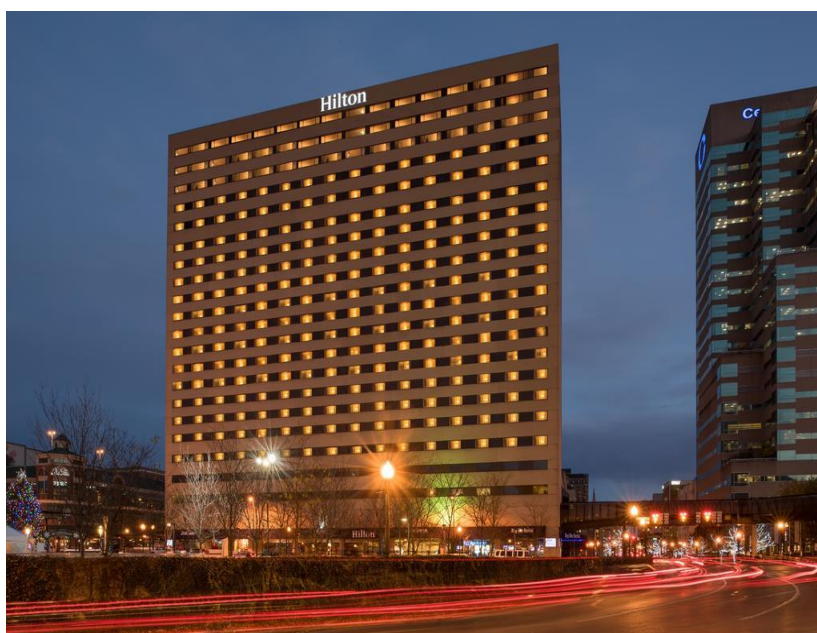




**International Conference of Police Chaplains Region 4  
Regional Training Seminar  
15-18 March 2020**



**Conference Location**  
**HILTON LEXINGTON/DOWNTOWN**  
369 West Vine Street  
Lexington, Kentucky, 40507



**Conference Registrar**  
Chaplain Bryan D. McGrath  
1903 Fanell Drive  
La Crosse, WI 54601



**International Conference of  
Police Chaplains**

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*Developing Professional Chaplains  
through Dynamic Education and Support*

October 1, 2019

ICPC Region 4 Director  
John D. Putnam  
621 Broadway Street  
Sheboygan Falls, WI 53085

RE: 2020 RTS ~ Lexington, KY



Dear RTS Participant,

Welcome to the 2020 Region 4 'Regional Training Seminar.' This year our training will offer: The 12-Basic ICPC courses, a very strong group of Enrichment courses, and an Advanced track 'Rescue Task Force' training. We are super excited about each of you coming to enhance your training as you continue to serve the Law Enforcers that we have been called to serve.

I know as a chaplain and member of the clergy that our time is very valuable, thus our hope is to make this 2020 RTS extremely useful to your service. Please take the time to peruse this brochure and select the course work that would most benefit you.

I personally want to thank Chaplain Lee Twombly (Kentucky Area Representative), his team and the Region 4 Leadership team for putting this great conference together. Please know that we look forward to you being there!

Blessings,

Chaplain John D. Putnam  
Region 4 Director

# TOPICS COVERED AT THE 2020 REGION IV RTS

## BASIC CLASSES

All twelve of the ICPC Basic Core Courses are offered at the 2020 Region 4 RTS making it possible for an attendee to complete the ICPC Core class requirements for Basic credentialing:

B01 - Intro to Law Enforcement Chaplaincy	B07 - Responding to a Crisis
B02 - Death Notification	B08 - Law Enforcement Family
B03 - Stress Management	B09 - Substance Abuse
B04 - Ceremonies and Events	B10 - Suicide
B05 - Confidentiality and Legal Liability	B11 - Officer Death and Injury
B06 - Ethics	B12 - Sensitivity and Diversity

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## ENRICHMENT CLASSES

E01 - The Effects of Stress on Law Enforcement	E06 - Officer Physical & Psychological Wellness
E02 - Spousal Support, a Critical Part of Total Support	E07 - The Real Signs of PTSD
E03 - Police Social Workers, a Terrific Value	E08 - KY Intelligence Fusion Center
E04 - Development and Implementation of KY Post Critical Incident Seminars (KYPCIS)	E09 - Alcohol Use as a Coping Skill (An Officer's Story)
E05 - USSS Investigation & Protection Services	E10 - When the Cameras Are Gone: Working with Survivors of Mass Shootings
	E11 - Accelerated Resolution Therapy

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## ADVANCED CLASSES

**Meet Monday 0900-1700 and Tuesday 0800-1700**

- A01 – Rescue Task Force
- A02 – Training the Trainer (*By invitation only*)

# CONFERENCE SCHEDULE

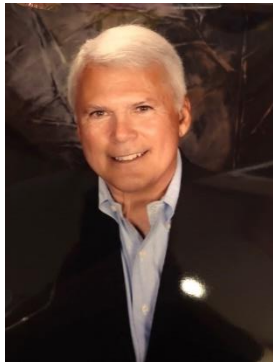
\*Required when applying for the Basic Credential

<b>SUNDAY, 15 MARCH 2020</b>	
5:30 pm	Registration (closes at 9:30 pm)
<b>MONDAY, 16 MARCH 2020</b>	
7:00 am	Registration (closes at 1pm)
7:30 am	Devotion
8:00 am	<b>A01</b> – Rescue Task Force
8:00 am	Welcome and Announcements/ <b>Elections Open*</b>
8:15 am	Opening Ceremony
9:00 am	<b>B01</b> Intro to LE Chaplaincy*
9:00 am	<b>E01</b> The Effects of Stress on Law Enforcement
10:45 am	<b>B02</b> Death Notification*
12:15 pm	Lunch
1:00 pm	<b>A01</b> – Rescue Task Force
1:15 pm	<b>B03</b> Stress Management*
1:15 pm	<b>E02</b> Spousal Support, a Critical Part of Total Support
3:00 pm	<b>B04</b> Ceremonies and Events*
3:00 pm	<b>E03</b> Police Social Workers, a Terrific Value
4:45 pm	Business Meeting
5:30 pm	State/Area Rep Dinner Meeting
<b>TUESDAY, 17 MARCH 2020</b>	
7:30 am	Devotion
8:00 am	<b>A01</b> – Rescue Task Force / <b>Elections Open*</b>
8:00 am	<b>B05</b> Confidentiality and Legal Liability*
8:00 am	<b>E04</b> Development and Implementation of KY Post Critical Incident Seminars (KYPCIS)
9:45 am	<b>B06</b> Ethics*
9:45 am	<b>E05</b> USSS Investigation & Protection Services
11:15 am	Lunch
12:15 pm	<b>B07</b> Responding to a Crisis*
12:15 pm	<b>E06</b> Officer Physical & Psychological Wellness
1:00 pm	<b>A01</b> – Rescue Task Force (Off-site Exercise)
2:00 pm	<b>B08</b> Law Enforcement Family*
2:00 pm	<b>E07</b> The Real Signs of PTSD
3:45 pm	<b>B09</b> Substance Abuse*
3:45 pm	<b>E08</b> KY Intelligence Fusion Center
3:45 pm	<b>Election Polls Close*</b>
6:30 pm	<b>Banquet</b>
<b>WEDNESDAY, 18 MARCH 2020</b>	
7:30 am	Devotion
8:00 am	<b>B10</b> Suicide*
8:00 am	<b>E09</b> Alcohol Use as a Coping Skill (An Officer's Story)
9:45 am	<b>B11</b> Officer Death and Injury*
9:45 am	<b>E10</b> When the Cameras Are Gone: Working with Survivors of Mass Shootings
11:30 am	Closing Ceremony
12:00 pm	Lunch
1:00 pm	<b>B12</b> Sensitivity and Diversity*
1:00 pm	<b>E11</b> Accelerated Resolution Therapy

**E01**  
**THE EFFECTS OF STRESS ON LAW ENFORCEMENT**  
**DR. MICHAEL FREVILLE**

***Class Synopsis:*** The class will address:

- The nature of stress (you can run but you can't hide)
- The unique characteristics of stress as it relates to first responders
- The effects of accumulated stress
- The antidote to the accumulated buildup of stress



***Instructor Bio:*** Dr. Michael Freville is a native of Louisville, KY. He earned his doctorate in Psychology from the Univ. of Kentucky. Mike has worked as a school counselor from grade levels K thru high school, been adjunct professor at both Univ. of Louisville and Western Ky. University, and is on the visiting faculty at the Southern Police Institute. He additionally is retired from the US Army, having served thirty years in various capacities in the Medical Department. His specialty is supporting and treating those who have been traumatized in the line of duty. Presently, Mike is the Police Psychologist for the Louisville Metro Police Department.

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**E02**  
**SPOUSAL SUPPORT, A CRITICAL PART OF TOTAL SUPPORT**  
**KELLI ROBINSON, LMFT**

***Class Synopsis:*** Critical Incidents take a significant toll on all First Responders – Dispatchers, EMS, Fire and Law Enforcement, often causing them to lose sight of their own need to care for themselves. When critical incidents occur, we often reach out to provide that emotional, mental, and spiritual care to the first responders we serve. But what happens once the first responder has left work and goes home? They are often met by significant others, spouses, parents, and children who want to support them and be there for them, however they are as traumatized and are suffering from those same critical incidents. Helping the whole family will be discussed as we journey together to bring emotional, mental, and spiritual care to the whole family unit.



***Instructor Bio:*** Kelli has been a Marriage and Family Therapist since 1999. She earned her Master's in Pastoral Counseling from the Athenaeum of Ohio and her bachelor's degree in Theology & Psychology from Thomas More University. Working extensively in the Mental Health field for over 21 years, she is a FEMA/SAMHSA Trainer for the Crisis Counseling Program and a Trainer for Law Enforcement Suicide Prevention. Kelli is an International Critical Incident Stress Foundation (ICISF) instructor for Assisting Individuals in Crisis, Group Crisis Intervention, Law Enforcement Perspectives in CISM Enhancement and Pastoral Crisis Intervention I and II. Kelli is a Mental Health provider for the KY Post Critical Incident Seminar (KYPCIS) for Law Enforcement personnel and Spouses.

### E03

#### **POLICE SOCIAL WORKERS, A TERRIFIC VALUE**

**Chief Mike Ward, Alexandria KY PD (Ret.)**

***Class Synopsis:*** Police social work is a highly specialized field of clinical social work. Common services provided by police social workers include 24 – hour Crisis Intervention, Mental Health and Psychological Assessments, Court Advocacy for Victims and Witnesses of Crime, Critical Incident Stress Management Services, Case Management Services and a myriad of other services allowing sworn officers to concentrate on issues requiring the attention of sworn law enforcement personnel. The class will also speak to types of issues addressed by police social workers as well as the benefits to the department and the community served.



***Instructor Bio:*** Mike Ward started his police career in the United States Air Force as a Security Policeman and has been involved in Military and Kentucky Law Enforcement for 40 years. He spent 16 years in Crescent Springs, Kenton Co. KY where he rose to the rank of Chief of Police. In 2001, he was appointed as Chief of the Alexandria Police Department and retired from there in February 2019. In his time with Alexandria, he established a new Police Social Worker program, a first in Kentucky. Today he works as a contractor to the U.S. Department of Justice, International Criminal Investigative Training Assistance Program (ICITAP) and is teaching police reform to the National Police of Ukraine.

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### E04

#### **DEVELOPMENT AND IMPLEMENTATION OF KY POST CRITICAL INCIDENT SEMINARS (KYPCIS)**

**Travis Tennill**

***Class Synopsis:*** The creation of the Post Critical Incident Seminar in Kentucky was a four-year endeavor that involved multiple facets of state and local government and involved professionals from a multitude of disciplines. A program of this complexity demands strong partnerships, vision, passion and a dedicated funding source. This class will illustrate the trials and tribulations that I experienced and how that led to the successful implementation of the program and the successful passage of legislation that solidified the program.



***Instructor Bio:*** A thirty-year veteran of law enforcement, Travis Tennill currently serves as Assistant Director of the Kentucky Department of Alcoholic Beverage Control. He previously served in a variety of instructor and leadership positions at the Department of Criminal Justice Training (DOJCT) which is one of four police academies in Kentucky. He began his career at DOJCT after retiring from the Kentucky State Police with the rank of Sergeant. While at DOJCT he spearheaded the initiative that created the Law Enforcement Professional Development and Wellness Program, which solidified the Post Critical Incident Seminars within DOJCT.

## E05

### **UNITED STATES SECRET SERVICE INVESTIGATION & PROTECTION SERVICES** **ATSAIC Jeffery W. Ehringer**

***Class Synopsis:*** The presentation will outline the multitude of duties of United States Secret Service Special Agents and Uniformed Division Officers. The history and the of the role of the Secret Service in conducting investigations and providing protective services will be discussed as well as various criminal activities the agency investigates such as counterfeit currency, credit card skimming and cyber-crimes.



***Instructor Bio:*** Jeff earned his Bachelor of Arts in Criminal Justice from Indiana University. He has been with the USSS since 1998 and was originally assigned to the Chicago Field Office. In 2003, he was re-assigned to the Presidential Protective Division in Washington D.C. After completing his assignment there, Jeff was re-assigned to the Criminal Investigative Division at Secret Service Headquarters where he was the program manager for the Network Intrusion Response Program and the Electronic Crimes Special Agent Program. In this role Jeff was responsible for the training curriculums and equipment research. Jeff joined the USSS Louisville Field Office in 2009 and has since had an active part in investigating fraud, counterfeiting, network intrusions and data breaches in the Louisville Metro area.

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## E06

### **OFFICER PHYSICAL & PSYCHOLOGICAL WELLNESS** **Commander Roger Holland**

***Class Synopsis:*** Officer Physical and Psychological Wellness session focuses on the resiliency of officers within your agency. Ensure that your officers have the tools to successfully navigate a career in Law Enforcement. This session is geared towards identifying and understanding the impact that wellness plays in our profession and the steps taken within the Lexington Police Department to develop and improve its own program.



***Instructor Bio:*** Commander Holland began his career with the Lexington Police Department in 1998 and currently serves as the agencies Training Section Director. During his career he has had the opportunity to serve in many areas of the agency: Patrol (Officer, Sergeant, Lieutenant, and Commander), Narcotics Investigations (Detective), Public Integrity Unit (Sergeant), Executive Assistant to the Chief of Police (Lieutenant), and Special Operations Emergency Response Unit Commander (19 years). He served on the founding Executive Board of the Kentucky Tactical Officers Association and currently serves on the Kentucky Law Enforcement Council. Commander Holland is a graduate of the University of Kentucky with a BMME and obtained a master's degree from Eastern Kentucky Universities Criminal Justice Program. He also attended the Police Executive Leadership Program through Eastern Kentucky University.

## E07

### THE REAL SIGNS OF PTSD

**Dr. Trevor Wilkins**

**Class Synopsis:** Dr. Wilkins will provide the attendee with an understanding of the clinical symptoms of Post-Traumatic Stress Disorder (PTSD), the symptoms that actually present in his therapy office, an understanding of why the brain changes following traumatic stress, why different types of public safety stress cause more problems than other types, and explain how an individual can find healing from PTSD.



**Instructor Bio:** Trevor Wilkins, Ph.D., LPCC-S, NCC, CCTP is a psychotherapist in private practice at Thin Line Counseling, LLC in the Lexington, KY area and specializes in treating Post-Traumatic Stress Disorder, Trauma, Depression, and Anxiety. Trevor has an additional specialty of working with the members of public safety and the military that are dealing with stress and trauma-related disorders. In addition, Trevor is the Mental Health Director for Wounded Blue, a national non-profit that assists wounded officers. Trevor served 15-years in uniformed law enforcement, and the prior three years as a police dispatcher, firefighter, and emergency medical technician. Trevor now combines his graduate-level education in professional counseling with his experience of dealing with traumatic scenes to provide counseling services to the community heroes of public safety and to the members of the public that have dealt with trauma. Your trauma does not define you!

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## E08

### KENTUCKY INTELLIGENCE FUSION CENTER

**Lindsey Hix**

**Class Synopsis:** The KY Intelligence Fusion Center (KIFC) is the intelligence branch of the KY Office of Homeland Security and serves as Kentucky's strategic center of gravity for the accumulation and dissemination of critical information through collaborative efforts with local, state, federal and private sector partners. This presentation will give a high-level overview of the KIFC's analytic portfolios: international/domestic terrorism, organized crime, cybersecurity, critical infrastructure, and school safety.



**Instructor Bio:** Lindsey began working for the Kentucky Office of Homeland Security in May 2005 and was assigned as an intelligence analyst to the Kentucky Intelligence Fusion Center (KIFC) in September 2007. In May 2016, she was promoted to KIFC Director. She also serves as the Intelligence Liaison Officer (ILO) Coordinator responsible for maintaining KIFC's relationship with local and state first responders and ensuring their ongoing training in KIFC mission areas. Since creating the ILO program in 2012, she has helped train over 600 liaisons from law enforcement, fire services, emergency management, cyber security, and public/private sector entities. She has served on the DHS National Fusion Liaison Officer (FLO) Coordinator Committee since the fall of 2012 and currently serves as Co-Chair of the NFCA FLO Sub-Committee and as a member of the newly formed Best Practices Steering Team. She is a member of the KY Women's Law Enforcement Network (KWLEN) and has served on the Executive Board in some capacity since 2014. She will serve as the KWLEN Chaplain in 2020. She has a bachelor's degree in Spanish and International Studies from Centre College.



## E09

### ALCOHOL USE AS A COPING SKILL (An Officer's Story)

**Officer Marian Cosgrove**

**Class Synopsis:** Officer Marian Cosgrove was regarded by her department and peers to be on top of her game in her career. She acted as the “face of the department” while representing them as the Public Information Officer and thought of as a subject matter expert in many facets that she was certified to teach. Little did they know that the stress accumulated through her career and life from numerous critical incidents impacted her significantly. Her story shows how she rose from the depths that coping with alcohol brought her, to the beautifully enriched life she leads today free from the bondage of addiction.



**Instructor Bio:** Officer Marian Cosgrove is a fifteen-year veteran of law enforcement and a twenty-year veteran of the US Army in the Military Police Corp. For most of her civilian law enforcement career she has served as a patrolman. While working at the Owensboro Police Department for twelve-years, Marian also held the positions of Public Information Officer and Crime Stoppers liaison. She has been with the Murray Kentucky Police Department for three-years and is the Regional Coordinator for the Crisis Intervention Board and serves as an instructor for CIT for the Department of Criminal Justice Training. Most recently she serves as Peer Support for the Kentucky Critical Incident seminars helping officers, dispatchers and family members who have been in high stress critical incidents.

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## E10

### WHEN THE CAMERAS ARE GONE: Working With Survivors Of Mass Shootings

**Brittney Thomas**

**Class Synopsis:** When the cameras are gone and hashtags fade to the next new story, survivors of mass violence are often left without needed resources to begin adjusting to life as a trauma survivor. In this workshop attendees will learn best practices for working with mass shooting survivors and the effected community. The information in this session will include resources for both short and long-term needs.



**Instructor Bio:** Brittney Thomas was a freshman at Heath High School when she became a survivor of one of the nation's first school shootings in Paducah, KY on December 1st, 1997. Through her journey from victim, to survivor, to warrior, Brittney has become a sought-after speaker sharing her expertise on issues of gun violence/mass violence, school safety, violence prevention and survivor resiliency. Her vivacious personality and wicked sense of dark humor provide her the unique ability to help audiences find humor and hope in the face of unimaginable tragedy. Brittney's authenticity and resilient spirit are as remarkable as her unforgettable story of survival. She is a member of the stake holders forum for the National Mass Violence and Victimization Resource Center.

## E11

### ACCELERATED RESOLUTION THERAPY

**Katherine L. Middleton**

**Class Synopsis:** The class will provide an overview of trauma, how it impacts individual/families, and therapeutic modalities, including Accelerated Resolution Therapy, to treat trauma related symptoms. The participants will receive psychoeducation on trauma and how it impacts the brain, trauma symptoms, types of trauma, education on medication management and its purpose, evidence based therapy models to treat trauma related symptoms, importance of peer support for those who work in the field with high chance of witnessing/experiencing traumatic events, and coping skills. At the end of the class session, participants will have a sufficient knowledge base related to trauma and how to help provide support/services to those who have experienced trauma that you assist in the capacity of your role as a chaplain.



**Instructor Bio:** Katherine L. Middleton, LCSW started her career in 2011 after graduating with her master's degree in Social Work from the University of Kentucky. She received her bachelor's degree from a small Southern Baptist College, Hardin-Simmons University in Abilene, TX. Katherine comes from a military family with extensive history of services to country and serving during peace and war time. Through her personal traumatic experience from a car accident at the age of 16, witnessing first-hand the impact trauma has on service members and their families, as well as working in the field of social work, she recognized her calling to work

with those specifically who have experienced trauma events. In Sept. 2018, Katherine opened her own practice, Lionheart Trauma Support Services, LLC., in Lexington, KY. This is a result of recognizing there are very few practices that specialize in trauma, PTSD, anxiety, and depression. The practice model is to use evidence based therapy models, provide on-going support through case management, medication referrals, and as the practice grows to one day offer Trauma-Informed Yoga, trauma retreats, victims' advocates, support groups, trauma trainings, and more holistic approaches that support the whole of the person in healing from their trauma. Katherine's mission is to help clients find hope and healing so they may live their best life.

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**A01**  
**RESCUE TASK FORCE TRAINING**  
**Kevin Combs**

## **RESCUE TASK FORCE OVERVIEW**

RTF training focuses on rapid treatment of life-threatening injuries as well as carry/drag techniques to remove patients from the threat area. Some of the topics on the course agenda are:

HISTORY OF THREATS  
OVERVIEW OF RTF FUNCTIONS AND MAKEUP  
DIRECT THREAT CARE  
INDIRECT THREAT CARE  
HEMORRHAGE CONTROL  
AIRWAY AND BREATHING ISSUES  
SPECIFIC INJURIES  
COMMAND/ CONTROL AND ESTABLISHING A RTF UNIT  
TRIAGE TAGS  
COMMUNITY PREPAREDNESS

**SCENARIOS WITH SIMULATED PATENTS AND SOUND**  
EFFECTS WILL BE USED TO REINFORCE THE LECTURE AND SKILLS

**A HANDS-ON CLASS IN A REALISTIC ENVIRONMENT**



### **Agenda:**

Day 1 Classroom: Directed toward responders and policy makers. Lecture and Hands-on. Active aggressor and medical considerations (Max. 50 participants)

Day 2 Classroom and Exercise: Continued Classroom lecture followed by a hands-on Exercise that can be participated in or observed. (Max. 50 participants)

### **About the Instructor:**

Kevin Combs currently serves as the Founding President of the KY Tactical EMS Association and will be your lead RTF Instructor. He has a diverse background including 30 years of progressive state, local and federal law enforcement and investigative experience with Kentucky State Police, Jefferson County Police, US Border Patrol, US Marshals Service, Federal Protective Service and ISCD/DHS (founding member of DHS). He retired as a Special Agent from the FPS, NPPD, DHS in 2012. He completed 22 years active and reserve with the US Army, in the Armor and Civil Affairs Branches, obtaining the rank of LTC.

Kevin first became an EMT in 1978 and is a Nationally Registered Paramedic. He served as TEMS/RTF Coordinator in Shelby County, KY.

He is a former firefighter and a current certified Fire Chaplain. He has led RTF training for over 2500 local, state, federal and military responders.

Kevin's 24 years of local, state and federal Tactical EMS experience brings real-world expertise to the instruction.



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