

Prayer

Part 2

Video Link For This Lesson: <http://youtu.be/TJyl0cEy0co>

Keeping Your Prayer Fresh & Alive

It's common for people feel like their prayers have fallen into a rut. This lesson provides "Maintenance Checks" that will help you keep your prayer life fresh and alive rather than dull and lifeless.

Maintenance Checks

1. Keep your prayers **Relational, Not Transactional.**

John 15:15 "I no longer call you servants, because a servant does not know his master's business. Instead, **I have called you friends**, for everything that I learned from my Father I have made know to you."

Prayer is not a transaction, it's a conversation that occurs in the context of your relationship with God.

2. Make your prayers **Concentrated, Not Diluted.**

Matthew 6:7 "...and when you pray, **do not keep on babbling** like the pagans, for they think they will be heard because of their many words."

1 Corinthians 2:16 "...**we have the mind of Christ**"

Be direct and sincere with your prayer. When you do not know what to pray, ask the Lord to give you what pray. The Holy Spirit will inspire your prayers with the thoughts of Christ.

3. Be **Consistent, Not Chaotic.**

Mark 1:35 “Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

Jesus consistently went away to pray to the Father. Consistent times and places of prayer create a healthy, life-long pattern of prayer. Find a place and time with minimal distractions. Pray for a length of time that is sustainable so that you will come back the next day, and the day after that, and so on.

4. Stay **Logged In, Never Logged Off.**

1 Thessalonians 5:17 “Pray continually”

Pray, pray, pray, pray, pray... and then pray, pray pray. Pray on every occasion. Keep your conversation with the Lord going all day. Lift up needs that you see; ask for direction, and listen for his voice in your life.

Discussion Questions:

- Can you think of a time and place where you could have a consistent prayer time with minimal distractions?
- How can you stay “logged on” and remember to pray throughout the day?

Additional Resources:

Victory's Website: www.vcfgoochland.org/discipleship

Victory's Podcast: <http://goo.gl/XVZVNY>

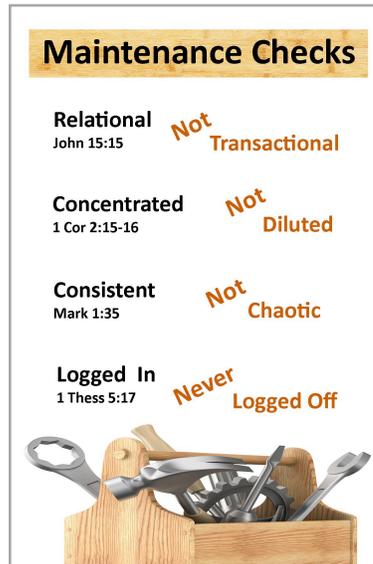
Contact Us @ friends@vcfgoochland.org or Call Us: 804-556-5700

Recommended Books:

[*To Busy Not To Pray* by Bill Hybels](#)

[*The Circle Maker* by Mark Batterson](#)

Prayer Card:



← Request a copy @ friends@vcfgoochland.org