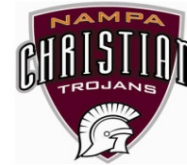


Nampa Christian High School

Boys Track & Field Records - 2012



100 Meter Dash

1 David Olson	11.04	2000
2 Michael Siegersma	11.14	2008
BeJay Henrickson	11.14	1999
Doug Anders	11.14	1978
5 Payton Lewis	11.16a	2013
6 Brandon May	11.24a	2011
Tyler Rogers	11.24a	2011
Jeff Paris	11.24	1995
Tim Anders	11.24	1978
10 Adam Gremling	11.34	2002
Mike Riggs	11.34	1989
Jay Lindholm	11.34	1982

200 Meter Dash

1 Austin Holton	22.50a	2011
2 David Olson	22.64	2000
3 Brandon May	22.67a	2011
Tyler Rogers	22.67a	2011
5 Michael Siegersma	22.74	2008
Doug Anders	22.74	1984
Floyd Kinzler	22.74	1960
8 Adam Gremling	22.84	2002
9 BeJay Henrickson	22.94a	2001
Jay Lindholm	22.94	1982

400 Meter Dash

1 Matt Ward	49.97a	2003
2 Tyler Rogers	50.14	2011
3 Matt Beck	50.28a	1994
4 BeJay Henrickson	50.86a	2001
5 Jeff Paris	51.24	1995
Monte Anders	51.24	1974
Chad Neeley	51.24	1973
8 Nate Lee	51.34	2002
Anthony Mincer	51.34	1993
Ben Nava	51.34	1980

800 Meter Run

1 Matt Ward	1:56.09a	2003
2 Russ McCrea	1:58.4	1997
3 Monte Anders	2:00.5	1973
4 Kevin Tucker	2:01.4	1972
5 Andrew VanderWoude	2:01.66a	2007
6 Randy Ware	2:02.1	1974
7 Matt Campbell	2:02.2	1982
8 Josh Hellwege	2:02.3	1991
Vanni Tilzey	2:02.3	1987
Harold Perkins	2:02.3	1964

1600 Meter Run

1 Russ McCrea	4:25.9	1996
2 Vanni Tilzey	4:27.9	1987
3 Randy Ware	4:28.4	1974
4 Jason Towery	4:35.32a	2008
5 Gary Tuttle	4:34.0	1975
6 Dave Long	4:36.5	1969
7 Earl Tuttle	4:41.7	1977
8 Duane O'Very	4:41.9	1981
9 Jeb Anderson	4:43.71a	2003
10 Walt Tracy	4:44.4	1974

3200 Meter Run

1 Vanni Tilzey	9:40.9	1987
2 Russ McCrea	9:42.6	1997
3 Bill Ward	10:04.1	1969
4 Jason Towery	10:05.31a	2008
5 Duane O'Very	10:07.7	1981
6 Walt Tracy	10:07.9	1975
7 Gary Tuttle	10:11.5	1975
8 Jeb Anderson	10:13.22a	2003
9 Kevin Lambert	10:15.72a	2003
10 Marv Morford	10:19.7	1972

110 Meter Hurdles

1 Payton Lewis	14.76a	2013
2 Matt Howerzyl	14.85a	1993
3 Jimmy Boeder	15.04	2004
Matt Richardson	15.04	2001
5 Matt Arendse	15.14	2008
6 Cheyne Koltes	15.36a	2010
7 Greg Forrest	15.44	2006
8 Ken Smith	16.04	1983
9 Jake Campbell	16.05a	2012
10 Greg Turner	16.14	1989

300 Meter Hurdles

1 Jimmy Boeder	38.74	2004
2 Matt Howerzyl	39.17a	1993
3 Greg Turner	39.97a	1988
4 Cheyne Koltes	40.19a	2010
5 Matt Arendse	40.74	2008
6 Anthony Boyd	41.00a	1995
7 Matt Richardson	41.44	2003
8 Jake Campbell	41.45a	2012
9 Reed Jeppe	41.70a	2013
10 Andrew VanderWoude	41.94	2007
Scott Little	41.94	1982

4 X 100 Meter Relay

1 J Campbell - T Vucinich - A Holton - P Lewis	44.13a	2012
J Campbell - A Holton - C Shannon - B May	44.13a	2011
3 A Fricke - A Holton - D Shannon - B May	44.48a	2010
4 A Fricke - Ja Nederend - M Arendse - M Siegersma	44.50a	2008
5 A Connelly - J Myers - J Slack - H Nederend	44.60a	2005
6 A Silva - R Jeppe - D Kim - P Lewis	44.80a	2013
7 A Connelly - J Myers - J Slack - J Nederend	44.84	2006
T Palmer - B Stockton - S Little - J Lindholm	44.84	1981
9 A Fricke - M Siegersma - M Arendse - T Hickey	44.87a	2007
10 A Fricke - Ja Nederend - A Holton - B May	45.25a	2009

4 X 200 Meter Relay

1 D Olson - D Thornfeldt - R Lee - B Henrickson	1:30.71a*	2000
2 M Siegersma - M Arendse - J Bollinger - T Hickey	1:32.25a	2007
3 B Stockton - D Johnson - S Little - J Lindholm	1:32.4	1982
4 A Tolman - D Young - G Bower - C Neeley	1:32.6	1973
5 A Gremling - M Richardson - N Lee - M Ward	1:32.88a	2002
6 A Connelly - G Buckendorf J Slack - T Hickey	1:33.04a	2006
7 A Tolman - C Trumble D Young - L Elmore	1:33.1	1972
8 D Orcutt - A Boyd - M Beck - J Paris	1:33.3	1994
9 T Palmer - B Stockton - J Lindholm - B Nava	1:33.4	1981
10 S Bollig - A Holton - C Shannon - B May	1:33.47a	2011

4 X 400 Meter Relay

1 A Gremling - J Boeder - N Lee - M Ward	3:28.58a	2002
2 G Bower - M Anders - M Hazen - C Neeley	3:30.2	1973
3 J Bollinger - A VanderWoude - G Buckendorf - T Hickey	3:30.62a	2006
4 N Preuss - J Bollinger - A VanderWoude - T Hickey	3:31.17a	2007
5 D Shannon - C Koltes - D Unruh - T Rogers	3:31.23a	2009
6 D Orcutt - J Paris - A Boyd - M Beck	3:31.3	1994
7 B Touchstone - T Hickey - Mi Ward - J Boeder	3:31.56a	2004
8 M Beck - H VanderStelt - A Mincer - M Howerzyl	3:31.7	1993
9 C Shannon - A Holton - J Campbell - T Rogers	3:31.71a	2011
10 W Andrews - R Lee - D Olson - D Thornfeldt	3:31.9	2000

Medley Relay

1 A Gremling - M Richardson - N Lee - M Ward	3:36.06a	2002
2 M Anders - G Bower - H Frankamp - R Ware	3:42.1	1974
3 D Shannon - B May - D Unruh - T Rogers A Connelly - J Slack - G Buckendorf - A VanderWoude	3:42.34a	2009
5 G Bower - D Young - A Tolman - M Anders	3:43.0	2006
6 P Hamilton - J Bollinger - N Preuss - J Towery	3:43.0	1973
7 M Arendse - D Shannon - J Weatherford - J Towery	3:43.61a	2007
8 K Fillmore - A Boyd - J Anderson - R McCrea	3:44.12a	2008
9 T Palmer - D O'Very - B Nava - M Campbell	3:44.45a	1995
10 D Thornfeldt - N Lee - W Andrews - M Ward	3:44.8	1980
	3:45.93a	2001

* 2A State Record

High Jump

1 Tim Anders	6-7	1977
2 James Nederend	6-6	2009
3 Tim Beck	6-4	2001
4 Fred Nitz	6-2	1980
5 Ken Smith	6-1	1983
6 Reggie Edwards	6-0	1997
7 Matt Campbell	6-0	1981
8 Art Tolman	6-0	1973
9 Scott Little	5-10 1/2	1981

Long Jump

1 Tim Anders	21-9	1977
2 Scott Little	21-7	1981
3 Brandon Grant	21-2 3/4	1997
4 Ryan Lee	21-0 1/2	2000
Jeff Myers	21-0 1/2	2005
6 Michael Siegersma	20-10	2008
7 Mike Riggs	20-9 1/2	1989
8 James Nederend	20-7 1/2	2009
9 Matt Schaefer	20-5 1/2	1998
10 Jamie Bledsoe	20-4 1/2	1988

Triple Jump

1 James Nederend	44-6 1/2	2009
2 Gary Bower	42-5 1/2	1974
3 Brandon Grant	41-10 3/4	1997
4 Bradan Brothers	41-3 1/2	2013
5 Doug Anders	40-8	1984
6 Sam Everhart	40-8	1974
7 Matt Vaartstra	40-3 1/2	2005
8 Jay Lindholm	40-0 3/4	1980
9 Lee Anders	39-8 1/2	1976
10 C Koltes	39-6 1/2	2010

Pole Vault

1 Payton Lewis	15-11 1/2*	2012
2 Philip Hamilton	14-0	2007
3 Tommy Taylor	12-6	2013
4 Justin Blackstead	12-5 1/2	2005
5 Chad Neeley	12-3	1973
6 Justin Weatherford	12-0	2009
Todd Heist	12-0	1992
Rick Provolt	12-0	1973
9 Larry Elmore	11-7	1971
10 David Connolly	11-0	2006
Ken Petet	11-0	1983

Shot Put

1 Orrin Burger	47-0	2009
2 Yance Burger	46-0	2009
3 Bryon Starnier	45-5 1/2	1997
4 Ryan Richardson	44-1	2001
5 Joel Campbell	43-11 1/4	1968
6 Matt Riste	43-11	1995
7 Joey Hendershott	42-11 3/4	2011
8 Zach Raptosh	42-9 1/2	1999
9 Virgil Shaw	42-9	1977
10 Payton Lewis	42-8	2013

Discus

1 Orrin Burger	152-2	2009
2 Payton Lewis	144-2	2013
3 Yance Burger	143-7	2009
4 Levi Lewellyn	133-11	1999
5 Travis Roberts	132-1 1/2	1988
6 Bryce May	129-5	2007
7 Garrett Raymond	127-7	2002
8 Paul King	125-5 1/2	2003

9 Virgil Shaw
10 Jared Lord

124-2
123-3

1977
1992