



Our Goal

As a Christian School we believe that the Bible provides guidance and instruction for faith and life. Therefore, our counseling is based on scriptural principles rather than those of secular psychology or psychiatry. The K-8 Counselor in this ministry is not licensed as a psychotherapist or mental health professional, but has her BA in Social Sciences and is a licensed Psychosocial Rehabilitation Specialist.

What will my child do in counseling?

I will take some time to get to know your child and to build a trusting relationship and guide the child to set goals for growth. The child will then continue to meet one-on-one with me or join a group of students with similar concerns. I work with the classroom teacher to avoid disrupting your child's learning. Please feel free to check with me on the status of your child's counseling.

Methods of counseling:

Bibliotherapy- Using books that relate to a child's concerns and needs.

Games- Social skills games, rule games, and anger management games.

Play- a child enters the natural world of play and with the help of the counselor, works through issues in a non-threatening way.

Observations- the counselor may observe your child in the classroom or on the playground, working with the teacher to check on your child's progress in class.

Listening, Redirecting, teaching new coping skills

Caring and Supporting

Parental Permission: The counselor may see your child a few times by the child's request, but after that, parental permission is required for your child to continue receiving school counseling services. Please sign below to indicate that your child may see the counselor. Services are confidential, which means the counselor will not share the details of sessions with anyone without the child's or your permission. The only exception to this confidentiality is if the child discloses that he/she is being harmed or intends to harm self or others. Information that is not of a sensitive nature, but would help your child be a successful student, may be shared with the classroom teacher unless you

