



PARTICIPANT'S GUIDE—YOUTH

Lesson 6: God Demands and Desires our Salvation—Psalm 51

ENCOUNTER—Community Discussion

After reading the passage, take time to journal through the questions below. Don't feel like you have to answer all these questions. Wrestle with the text, and be prepared to share with your community.

*How is this God's story?
How is this others' story?*

*How is this my story?
How is this the world's story?*

PRAYER

*Blessed is the one
whose transgressions are forgiven,
whose sins are covered.
Blessed is the one
whose sin the LORD does not count against them
and in whose spirit is no deceit.*

*When I kept silent,
my bones wasted away
through my groaning all day long.
For day and night
your hand was heavy on me;
my strength was sapped
as in the heat of summer.*

*Then I acknowledged my sin to you
and did not cover up my iniquity.
I said, "I will confess
my transgressions to the LORD."
And you forgave
the guilt of my sin.*

*Therefore let all the faithful pray to you
while you may be found;
surely the rising of the mighty waters
will not reach them.
You are my hiding place;
you will protect me from trouble
and surround me with songs of deliverance.*

*I will instruct you and teach you in the way you should
go;
I will counsel you with my loving eye on you.
Do not be like the horse or the mule,
which have no understanding
but must be controlled by bit and bridle
or they will not come to you.
Many are the woes of the wicked,
but the LORD's unfailing love
surrounds the one who trusts in him.*

*Rejoice in the LORD and be glad, you righteous;
sing, all you who are upright in heart!*

(Psalm 32)

WEEKLY PRACTICE

Often we know we should pray, but find ourselves getting too busy or forgetful to make it a regular part of our daily lives. A helpful way to remember is to write the word ACTS on a 3x5 index card and place it somewhere you will see it before you go to bed or when you wake up in the morning. This card will remind you to go before God in prayer and help you focus as you come before Him with a humble heart.

***A**doration—Praise God for who He is.*

***C**onfession—Confess anything that you need God to forgive or help you with in your relationship with Him or others.*

***T**hanks—Thanks God for all He does.*

***S**upplication—Bring your requests before God.*

BECOMING MY STORY

Nehemiah 9

1 John 1

Spend time this week reading and journaling through the above scriptures. In the context of Psalm 51, consider the following questions:

What is happening inside of me that I need to confess to God before it seizes me in a negative way?

What do others in my life need to know about me so I can better address my blind spots?

Consider other passages you might know related to Psalm 51 and read them this week, journaling as you go.