



## PARTICIPANT'S GUIDE—YOUTH

### Lesson 4: God's Desired Way for Israel—Psalm 1-2

#### ENCOUNTER—Community Discussion

After reading the passage, take time to journal through the questions below. Don't feel like you have to answer all these questions. Wrestle with the text, and be prepared to share with your community.

*How is this God's story?  
How is this others' story?*

*How is this my story?  
How is this the world's story?*

#### PRAYER

*Listen to my words, LORD,  
consider my lament.  
Hear my cry for help,  
my King and my God,  
for to you I pray.*

*In the morning, LORD, you hear my voice;  
in the morning I lay my requests before you  
and wait expectantly.  
For you are not a God who is pleased with wickedness;  
with you, evil people are not welcome.  
The arrogant cannot stand  
in your presence.  
You hate all who do wrong;  
you destroy those who tell lies.  
The bloodthirsty and deceitful  
you, LORD, detest.  
But I, by your great love,  
can come into your house;  
in reverence I bow down  
toward your holy temple.*

*Lead me, LORD, in your righteousness  
because of my enemies—  
make your way straight before me.  
Not a word from their mouth can be trusted;  
their heart is filled with malice.  
Their throat is an open grave;  
with their tongues they tell lies.  
Declare them guilty, O God!  
Let their intrigues be their downfall.  
Banish them for their many sins,  
for they have rebelled against you.  
  
But let all who take refuge in you be glad;  
let them ever sing for joy.  
Spread your protection over them,  
that those who love your name may rejoice in you.  
  
Surely, LORD, you bless the righteous;  
you surround them with your favor as with a shield.*  
(Psalm 5)

#### WEEKLY PRACTICE

Exercise is a healthy habit that we may or may not be involved in. Walking, running, working out and so is something that people know is good for them. However, knowing what's best for our health and doing what's best for our health often stand against one another.

This week, make it a practice to do some kind of exercise/physical activity. As you do, take a moment to pray, giving yourself fully to God, and giving Him each moment of your day.

## BECOMING MY STORY

*Deuteronomy 26*

*1 John 2*

Spend time this week reading and journaling through the above scriptures. In the context of Psalm 1-2, consider the following questions:

*How could my relationship with God inspire others if I live it out and shared it?*

*Whose relationship with God is inspiring me because they are living it and sharing it*

Consider other passages you might know related to Psalm 1-2 and read them this week, journaling as you go.

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