

FIRST THINGS FIRST

WITH FIRST LADY, MSNY. ANASTASIA RICHARDSON



Once again I was blessed to attend the Tennessee Central Jurisdiction 2012 State Women's Convention under the leadership of Bishop Brandon Porter, Jurisdictional Prelate and Mother Ida M. Porter, Supervisor of Women. The convention convened March 20th through March 23rd in Piperton, Tennessee at the Cornerstone Church of God in Christ.

What a powerful and awesome meeting it was. The theme was "Celebrating a Glorious Past, Embracing a Promising Future" (Phil. 1:3-6 & Jer. 29:11). I was able to attend both the morning Workshop Empowerment sessions and the night worship services. During the Workshop Empowerment sessions they focused on the following topics:

Time Management - how to identify your personal time robbers, how to eliminate time robbers, how to set priorities and avoid the activity trap and how to stay on a schedule.

Successful Communication Skills - The importance of communication, the communication process, the role listening plays in the communication process and how to improve listening skills.

Stress Management for Women in Ministry - Beating burnout before it beats you, the four stages of stress, a checklist for burnout, and how to get out of the overload ditch.

Financial Freedom - The power is within you - The dollar Dilemma, some myths about finances, checklist for trustworthy spending, and principles for Wise Money Management.

Laws of Loyalty vs. Disloyalty in the Church - the stage of disloyalty, learn to detect disloyalty, and six points of laws of loyalty in which we as believers should be upholding.

The Wise Stepmom - "Adult Stepchildren" - smart dating, pressure to bond with the stepmom, steps for stepmoms of Adult Stepchildren, and how prayer and love never fails.

The night services were just as awesome. We heard great messages from each speaker. Messages for the week were: "I Have Work to Do", "Give me Hope but Don't tell me no Lie", "God Sustains Us" and "It's only through God's Spirit".

I thank God for an opportunity to attend this great Convention this year!!!



State Supervisor Mother Ida Porter
Tennessee Central Jurisdiction