



They come in the form of addictions; the things we believe to be true about God, ourselves and others. They are the deep hurts and chronic heart pain that has shaped our thinking and often defined us.

They are our issues.

Jesus' remedy for our issues is the Truth. He said if we knew the truth, we would be free. (John 8:32).

Welcome to New Heart Healing and Recovery | an experience with *The Truth and the Issue*.

THE ISSUE **FEAR OF REJECTION**

WHAT ARE YOU AFRAID OF?

For some, just the thought of climbing into an airplane sends them into a “panic attack.” For others, like *America's Got Talent* judge Howie Mandel, the fear of germs is debilitating. Still others, find themselves in a cold sweat just thinking about speaking in front of a crowd of people.

“I'M AFRAID I'LL BE REJECTED... AGAIN”

All it takes is not be chosen for a baseball team; or, falling in love with someone who is unwilling or unable to return that love. Maybe, for reasons you still can't grasp, your parent abandoned you; or, the spouse you thought you would grow old with divorced you. Choose two or more of those scenarios and you develop a perception. Reinforce the perception enough times and you suddenly find yourself believing there's something wrong with you. The painful belief instinctively results in a self-protective response: Fear of Rejection.

FEAR OF REJECTION

The fear of rejection comes from the belief that you must be approved by certain people in order to feel good about yourself. As a result, you may be a people pleaser. Or in order to avoid rejection altogether, you may stay away from people.

The “Fear of Rejection” will result in self-defeating “self-talk:”

“Why bother trying to overcome false belief systems or addictions? If I fail, those I love will disapprove of me or even reject me. If I succeed, how will I ever be able to maintain that high standard?”

If the Fear of Rejection is keeping you from taking healthy risks in the development of relationships; or it is keeping you in isolation there is an exchange you can make!

It's time to “trade your belief” – your Fear of Rejection – for the Truth: the truth that releases you into freedom!

THE TRUTH **FEAR OF REJECTION**



Jesus Christ made an exchange – your life for His - on the cross. In that amazing sacrifice, He purchased a sustainable freedom from the emotionally paralyzing lies that tell you there's something wrong with you and the “death by inches” control of an addiction. With His death and resurrection, He made an exchange: your old sin-enslaved life for His new Spirit-empowered life. If you accept the exchange, you can be free from fear. Jesus Christ is the *AUTHOR* of your faith!

- FALSE BELIEF SYSTEMS = SHACKLES
- TRUTH = FREEDOM

Exchange your Fear of Rejection for the TRUTH!

STEP ONE | ASK JESUS TO HEAL YOUR HEART

Whether it's addictions, shame, guilt, or other issues, Jesus is “the way, the truth and the life” (John 14:6). Whatever wounds you have that caused you to fear, Jesus is here to heal you.

Accept Him into your wounded, fearful heart—He'll begin the healing process right away. If your wounds are deep and your fears intense, it may take time, but be encouraged for He “will never leave you nor forsake you” (Hebrew 13:5).

STEP TWO | KNOW THAT YOUR VALUE IS IN CHRIST'S SACRIFICE

“God made him who had no sin to be sin for us, so that in him we might become the righteousness of God” (2 Corinthians 5:21).

That means you are totally accepted by God and no longer need to fear rejection!

STEP THREE | GO AHEAD AND TAKE A STEP OF FAITH!

The fear of rejection no longer has to be an issue “since we have been justified through faith, we have peace with God through our Lord Jesus Christ” (Romans 5:1) and since He promised to “never leave you nor forsake you” (Hebrews 13:5).

(Recommended Reading: The Search for Significance, by Robert S. McGee)

Welcome to New Heart Healing and Recovery

New Heart Healing and Recovery is based on the promise of the Father recorded in Ezekiel 36:26 (TLB)

“I will give you a new heart with new and right desires, and I will put a new spirit in you.”

Whether you are an alcoholic, drug, gambling, or sex addict; or a man or woman wrestling with the pain of their core issues (shame, rejection, abuse, anger, unforgiveness) you are invited to join us in the amazing faith-driven experience of exchanging a broken, cynical, unbelieving heart for a new one.

Visit our website:
newheartministry.com

Talk to Us



Do you have a Prayer Request?

How Can We Help You?

I WOULD LIKE SOMEONE TO
SHOW ME HOW I CAN KNOW
JESUS AS SAVIOR.

I NEED COUNSELING.

OTHER: _____

Your Information

NAME _____

ADDRESS _____

CITY _____

ZIP _____

TELEPHONE

() _____

EMAIL _____

Thank You

 **NewHeart** *Ministries*

Welcome!



**I will give you a New Heart
with New and Right Desires,
and I will put a New Spirit
in you | Ezekiel 36:26 (TLB)**

New Heart

Healing and Recovery