# **BELIEVE SERIES Lesson 28**

# HUMILITY

### VIDEO TEACHING NOTES

Key Idea: I choose to \_\_\_\_\_\_ others above myself.

Key Verse: "Do nothing out of ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others." (Philippians 2:3-4)

**Key Question:** What does it mean to others before myself?

"What better person to teach us about humility than the person we are passionately seeking to be like - himself.

"No," said Peter, "you shall never my feet." Jesus answered, "Unless I wash you, you have no part with me." "Then, Lord," Simon Peter replied, "not just my feet but my hands and my head as well!" (John 13:8-9) (Key Application) \_\_\_\_\_\_\_ is not the same as humility.

(Key Application) Christ-line humility \_\_\_\_\_\_you up to build others up.

## **GROUP DISCUSSION**

As a group, discuss your thoughts and feelings about the following declarations. Which statements are easy to declare with certainty? Which are more challenging and why?

- As a child of God, I do not think too highly or too lowly of myself.
- I am not known as a person who brags.
- I am willing to make any of my faults known to Christians who care for me.
- I am not upset when my achievements are not recognized.

Choose 2-3 questions that will lead to best discussion about the Key Idea

- 1. In what ways are the virtue of humility and our identity in Christ related?
- 2. How did Jesus teach his disciples the virtue of humility?
- 3. What do you think are the biggest adversaries of humility? How can we combat them?
- 4. What spiritual practices help us esteem others above ourselves?

Read Matthew 5:1-12, Luke 9:46-48 and Mark 10:35-45 and choose 1-2 questions to discuss.

- 1. What is the difference between what Jesus calls "blessed" and what the word refers to as "success?"
- 2. In the kingdom of God, Jesus said the last shall be first and the first shall be last. What does this mean for people who desire positions of power and influence in the community of faith"?
- 3. In what ways does Christ-like humility set us apart from the rest of the world?

## OTHER PASSAGES

Luke 2:1-20; 9:37-48	John 13:1-17	Philippians 2:1-13	Psalm 10:2-4; 18:27; 25:8-9; 147:6
Daniel 4:1-37	James 4:1-17	1 Peter 5:1-6	Proverbs 3:33-34; 11:2; 16:18-19
Matthew 5:1-12	Mark 10:35-45	John 3:22-31	Proverbs 18:12; 21:4; 21:24; 22:4
Matthew 11:11	1 Tim. 1:12-17	Micah 6:1-8	2 Corinthians 11:16-12:10

### **CLOSING PRAYER**