

BELIEVE SERIES Lesson 26

KINDNESS/GOODNESS

VIDEO TEACHING NOTES

Key Idea: I choose to be kind and good in my _____ with others.

Key Verse: "Make sure that nobody pays back wrong for wrong, but always strive to do what is _____ for each other and for everyone else." (1 Thessalonians 5:15)

Key Question: What does it mean to do the right thing in my relationships with _____?

(Key Application) Out of a pure heart...we do not pay back wrong for _____.

(Key Application) Out of a pure heart...seek to _____ others up.

(Key Application) Out of a pure heart...do the _____ thing out of love.

GROUP DISCUSSION

As a group, discuss your thoughts and feelings about the following declarations. Which statements are easy to declare with certainty? Which are more challenging and why?

- I would never keep money that didn't belong to me.
- I am known as a person who speaks words of kindness to those in need of encouragement.
- I give to others expecting nothing in return.
- I help those who are in trouble or who cannot help themselves.

Choose 2-3 questions that will lead to best discussion about the Key Idea

1. What are some specific ways you have experienced God's kindness in your life? What impact has it made on you?
2. If the adversary of hope is fear, what would be the enemy of kindness and goodness?
3. How have other people recently shown you genuine kindness? How did you respond?
4. How are the virtues of kindness and goodness different? What are some practical examples of each virtue in action?

Read 1 Samuel 20:13-16 and 2 Samuel 9:1-13 and choose 1-2 questions to discuss.

1. David's predecessor King Saul was downright evil to him for thirteen years. In what ways would it be tempting for David to use his newly acquired power to exact revenge on Saul and his family?
2. Note specifically how David exhibited kindness and goodness to Jonathan's family, in keeping with his promise to Jonathan. Why was this considered a radical decision?
3. David doesn't appear to have any bitterness or hatred toward Saul's family. After all the hardship Saul caused him, how is this possible? What can we learn from David's example?

OTHER PASSAGES

Psalms 107:1-43

Joshua 2:1-24; 6:12-25

1 Samuel 20:13-16

2 Sam. 9:1-13

Luke 6:27-45; 14:1, 7-14

Philemon 1-25

2 Timothy 1:15-18

1 Peter 3:8-17

Romans 15:1-2

1 Corinthians 10:23-24

Galatians 6:9-10

Eph. 4:31-5:2

1 Thess. 5:15

Titus 2:7; 3:1-8, 14

CLOSING PRAYER

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PERSONAL QUESTIONS FOR NEXT WEEK

Read Believe, Chapter 28: Faithfulness and/or read the following passages

Deuteronomy 32:1-4 Psalm 36:5-9 Lamentations 3:19-24 Proverbs 3:1-6; 20:6; 28:20
1 Corinthians 4:1-2 Genesis 37:1-36; 39:1-6; 40:1-23; 41:14-46; 42:1-6
Ruth 1:1-22 Luke 1:26-56; 2:1-21

Then, answer the following questions:

1. As you read the passages from Deuteronomy 32, Psalm 36 and Lamentations 3, note the phrases that best express God's faithfulness to you.
2. Why will a faithful person be richly blessed and a person eager to get rich be punished?
3. As you read Joseph's story, consider this session's Key Verse from Proverbs 3:3-7. How did Joseph live out the truth of this passage?
4. Throughout the Bible, God never calls us to be successful. He calls us to be faithful. As we saw in Joseph's life, sometimes success follows faithfulness; sometimes it doesn't. What do you think about this? How are you at being faithful?
5. Based on what you have learned about faithfulness, who are some of the most faithful people you know? How have they found honor and a good name in your sight? In the sight of others? If it is possible, let them know.

Key Verse: "Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. Then you will win favor and a good name in the sight of God and man." (Proverbs 3:3-4)

Key Idea: I have established a good name with God and others based on my loyalty to those relationships.

Personal Application

1. How would this virtue express itself in your life?
2. What visible attributes can be found in someone who exhibits faithfulness?
3. What is impeding your ability to be faithful to God and others? How can you overcome this obstacle?
4. What action step can you take this week to increase your faithfulness?