

## BELIEVE SERIES Lesson 24

### HOPE

#### VIDEO TEACHING NOTES

**Key Question:** How do I \_\_\_\_\_ with the hardships and struggles of life?

**Key Idea:** I can \_\_\_\_\_ with the hardships of life because of the hope I have in Jesus Christ.

**The first cause:** Believe in the \_\_\_\_\_. The second cause: Believe in the \_\_\_\_\_ making the promise.

**Key Verse:** “We have this \_\_\_\_\_ as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, where our forerunner, Jesus, has entered on our behalf.” (Heb. 6:19-20)

**(Key Application)** If you want to increase your hope, get to know and \_\_\_\_\_ Jesus better.

**(Key Application)** If you want to increase your hope, get to know and trust Jesus’ \_\_\_\_\_.

#### GROUP DISCUSSION

*As a group, discuss your thoughts and feelings about the following declarations. Which statements are easy to declare with certainty? Which are more challenging and why?*

- I think a great deal about heaven and what God is preparing for me as a Christian.
- I am confident that God is working everything out for my good, regardless of the circumstances today.
- My hope in God increases through my daily pursuit to live like Christ.
- My hope for the future is not found in my health or wealth because both are so uncertain, but in God.

*Choose 2-3 questions that will lead to best discussion about the Key Idea*

1. We are all sometimes guilty of placing our faith in false-hopes. Which one (riches, people, idols, human government) is most alluring to you? Why?
2. In what ways have false-hopes let you down in the past?
3. Hope is not an emotion you can make yourself feel with simple willpower. Therefore, what action steps can you take in order to develop a greater sense of hope?
4. What experiences with God have increased your ability to trust him and his promises?

*Read Hebrews 11:1-12:3 and choose 1-2 questions to discuss.*

1. Faith and hope seem to be the common underlying characteristics of all biblical heroes. In what ways do these characteristics work together?
2. In your opinion, which character’s story of faith exhibited the most hope in God’s promises?
3. It’s easy to “grow weary and lose heart” in the broken world we live in. What does the writer of this passage encourage us to do in order to combat hopelessness?

#### OTHER PASSAGES

Job 6:1-13; 7:1-6

1 Timothy 6:17

Hebrews 6:13-20

1 John 3:1-3

Psalm 42:1-11; 52:1-9; 118:8-9; 146:3-4

Jeremiah 17:5-6; 29:1-11

Colossians 1:24-29

Luke 2:25-35

Isaiah 31:1, 3; 40:1-31

Habakkuk 2:18-19

1 Peter 1:1-25

1 Thess. 4:13-18

Hebrews 11:1-23:3

#### CLOSING PRAYER

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### PERSONAL QUESTIONS FOR NEXT WEEK

Read Believe, Chapter 26: Patience and/or read the following passages

|  |                        |                 |                           |
|--|------------------------|-----------------|---------------------------|
| Psalms 86:15                               | Numbers 14:1-23, 30-33 | 2 Peter 3:1-18  | 1 Samuel 24:1-22; 26:1-25 |
| Proverbs 14:29; 15:18; 16:32; 19:11; 25:15 |                        | Acts 15:36      | 2 Timothy 4:11            |
| James 1:19-20                              | Job 1:1-2:13; 42:7-17  | Hebrews 12:1-12 |                           |

Then, answer the following questions:

1. As you read the passage from Numbers 14, note some examples of God's patience.
2. As you read 1 Samuel 24, look for examples of how David waited on God's timing. Why is this so difficult for many people to do?
3. As you read Proverbs 14:29, 16:32, 19:11 and 25:15, ponder these two questions: How does patience diffuse a conflict? How do impatience and rashness escalate it?
4. Can you discern why God healed the lame man and not Paul? How does trusting in God's goodness give us the strength to live patiently with our pressures?
5. Do you struggle more with being patient with other people or dealing with unavoidable pressures in your life? What is one thing you learned from this chapter that might help you?

**Key Verse:** "Whoever is patient has great understanding, but one who is quick-tempered displays folly."  
(Proverbs 14:29)

**Key Idea:** I am slow to anger and endure patiently under the unavoidable pressures of life.

Personal Application

1. How would this virtue express itself in your life?
2. What visible attributes can be found in someone who is slow to anger?
3. What is impeding your ability to respond patiently to life's unexpected pressures? How can you overcome this obstacle?
4. What action step can you take this week to grow in the area of patience?