

READ THIS FIRST

READ PHILIPPIANS 1:3

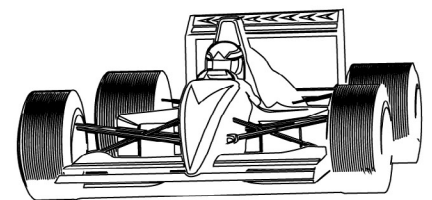
How do you feel when someone thanks you for helping them? Don't you feel noticed and appreciated? Saying "Thanks" lets others know that you notice—especially if you tell them exactly what you're thanking them for. There are so many people to thank in your daily lives: God, your parents, your teachers, coaches, friends, family, delivery people, waiters, babysitters—the list goes on and on!

ACTIVITY: Make a list of all the word choices that you can think of for saying "Thank you." Think outside the box, like other languages, gestures, and hand motions for showing gratitude. Try to think of at least 10 different ways.

THANK God for all the blessings in your life and take time to thank others too!

Saying Thanks

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DAY 1

READ James 1:17

Every gift comes from God, and gifts come in many forms, not just in packages. They include things around you, people who serve you, and people who love you. Do you take the time to say "Thanks" for those things? When is the last time you thanked your parents? Your teacher? Your coach? Your mailman? God?

ACTIVITY: It's Thanksgiving week, so surprise your family with a new game to play while you eat. Get some craft sticks or slips of paper. Write down one question on each to help people think about their favorite things. Take turns drawing these out and answering. Then finish by telling God "Thanks"!

ASK God to help you remember to say "Thank you" for the good gifts in your life.

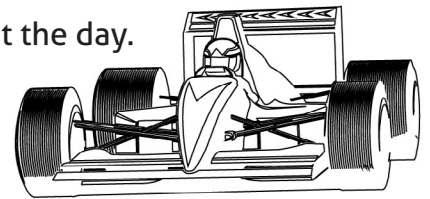
DAY 2

READ Psalm 105:1-2

There are so many ways to say "Thank you"—one of the examples in the Bible is through songs of praise that thank God for all that He's done. And when you sing songs about how great God is and how He's helped you, anyone who hears your songs will know about it! Psalms is full of King David's songs of praise. He was full of gratitude for God's awesome blessings!

ACTIVITY: Have a dance-off with your friends or family, using some of your favorite worship songs. Pay attention to the words and sing them out loud so even the neighbors will hear!

LOOK for opportunities to thank God and thank others throughout the day.



READ Psalm 107:21

There are so many reasons to give thanks to the Lord. We have so many blessings to be grateful for—His love, His Son, His grace, His forgiveness. And there are so many different ways to thank God. We can sing to Him, we can pray, we can think about Him during the day, and we can tell others of His love. Can you think of more? It's so important to take the time to thank God, but it doesn't matter how you choose to do it!

ACTIVITY: Play a Gratitude Game with your family. Sit in a circle. The shortest person goes first and says something they're grateful for. Then the person to their left has 3 seconds or less to say something they're thankful, but no repeats! See how many times you can go around the circle before someone gets stuck.

KNOW that thanking God for all the wonderful things He does for us is a great way to praise Him.

DAY 3