# FREE

Massages

Zumba

Aerobics

# FAIR

May 19, 2018 ▪ 8:30am-1:00pm

# Other Activities

Screening to be eligible for a $10 Oral Health check-up

Screening to be eligible for a $25 Breast Health Education Session

Men's clothing/suits give away

# Event Schedule

8:30am-Mission Muffins and registration

9:00am-Devotions and Welcome

9:15am-Zumba Class

10:00am-Learning Moment: Mind/Body Panel

10:30am-Massages and screening sign-ups (Georgetown University)

11:30am- Cooking Class Presentation by Gaurav Singh Cooking Class

# cookingclass3.jpg

# Cooking Class

# (Plant-based)

Mind body connection and Cooking Class by Going Yogue

Mount Airy Baptist Church

1100 North Capitol Street, NW

Washington, DC 20002

202-789-0640

[www.mountairybaptist.org](http://www.mountairybaptist.org)

Dr. L.B. West, Senior Pastor