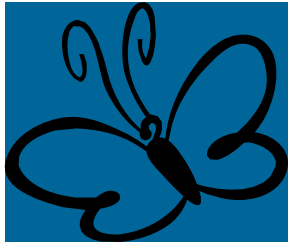


## H. E. A. R. T. for Women

“Helping Every Woman Access Resources and Truth” H.E.A.R.T. for women is a student organization at Kansas State University which has been formed to help women with the challenges that are unique to women. Encouraging them to grow to their full potential and equipping them for service to others.



### Friendship Room

We accept donations of maternity and baby/child items for the purposes of passing these on to those in need in our community. This room is accessed on a daily basis and has been of great benefit to many. We ask that the donations be gently used, cleaned and in good condition. We can always use diapers and formula. This could also be a good reason for stopping at a garage sale!

Empowering Women  
with.... Real Options.....  
Real Help.....Real Hope!

## A Call For Action

You can be a part of the work taking place at Life Choice Ministries. We welcome your involvement in what God is doing through us.

Please include Life Choice Ministries in your prayers. We rely on God's wisdom and discernment as we make decisions and as we share with individual clients. God is our provider and it is only through his grace and mercy that we are ministering to the community.

While God is our provider, we have found that he usually uses other people in the process of providing for our needs. We would encourage you to consider supporting Life Choice financially. Financial support from loving friends has enabled us to reach out to many hurting women.

Finally, Life Choice Ministries would not be in existence if it weren't for the many people who give of their time. There are many volunteer possibilities at Life Choice Ministries: working with clients on an individual basis, being a support friend, doing clerical work, helping in the Friendship Room, helping with fundraisers, providing a home for a client, and so on. Perhaps you will think of something unique which you could do for Life Choice Ministries.

As you become a partner with us in whatever way God leads you, we know that you will be blessed. We look forward to your friendship and support. Please stop in some time so we can get acquainted.



A Center for Women  
Real Options . . .  
Real Help . . .  
Real Hope . . .

1445 Anderson Ave  
Manhattan, KS 66502

(Located in the Anderson Village Shopping Center)

785-539-3338

785-776-9406

1-866-539-4448

lifechoice@sbcglobal.net

## We are...

### *A Private Organization...*

We exist to meet the needs of women and families dealing with issues of sexual activity and pregnancy related crisis.

The Pregnancy Testing Center is staffed by volunteers, with the exception of an Executive Director, and two Assistant Directors.

The Pregnancy Testing Center offers all of its services free of charge.

Our directors are available for speaking engagements to community groups and schools. We endeavor to educate clients in the areas of abstinence, sexually transmitted diseases, the alternatives surrounding pregnancy, and encouragement for developing healthy relationships.

### *A Non-profit Organization...*

We are supported by donations and gifts. All gifts are tax deductible according to the IRS 501 (c) 3 charitable organizations regulations.

### *A Non-political Organization...*

The Pregnancy Testing Center does not take a political stand on abortion or any other political issue. We consider ourselves **pro-woman**. Our focus is on meeting the practical, emotional, and spiritual needs of the women and families we serve.

## Opportunities for Help

Free Pregnancy Testing  
Abortion Information  
Post-Abortion Help  
Peer Consultation  
Local Medical Referrals  
Professional Counseling Referrals  
Friendship Room  
Educational Services  
H.E.A.R.T. for Women  
Support Friends  
Abstinence Programs

### Abortion Information

Our purpose is to empower individuals to make informed choices. When women are considering abortion, we give them information about pre-natal development, abortion procedures, and side effects of abortion. We encourage women to carefully think about their options. We make it clear that we will be a friend no matter what decision they make.

### Post-Abortion Help

Our center understands that abortion can have serious physical, emotional, and spiritual side effects. When a woman has had an abortion and needs to talk, we are here to listen. We help her to understand that her feelings are legitimate. We are able to connect a woman with another woman who has found healing and desires to help them find healing too! When a client needs or desires professional counseling we can refer her to a professional counselor.

## Adoption

Our center helps to facilitate private adoptions, utilizing a private attorney. We are not an adoption agency, and we do not profit from helping a woman make an adoption plan. We are here to encourage birthmothers who are considering adoption. We will help them in selecting a loving family of their choice. We make it clear that we will be supportive of their decision. Often adoptive couples will meet with a birthmother at some point to offer her the reassurance she needs that her baby is loved and cared for. The adoptive couple is expected to pay for legal fees and medical expenses.

### Parenting Classes

Classes are for single women who are pregnant or have recently had a baby. Classes give information about pre-natal development, labor & delivery, breastfeeding, child development and parenting skills. Mothers-to-be have the opportunity to earn needed baby and maternity items by attending these classes. We help individuals locate other community resources that they may need.

