

***FIRST EMANUEL BAPTIST CHURCH
1829 CARONDELET STREET, NEW ORLEANS, LA
1933 WOODDALE AVE., BATON ROUGE, LA***

**GIVING GOD 40 DAYS OF FASTING AND PRAYER
JOURNAL**

**YOU ARE INVITED TO EXPERIENCE AN INTIMACY WITH
GOD LIKE NEVER BEFORE!**

ENTER INTO HIS PRESENCE

Charles J. Southall, III, Pastor

THE CALL TO FAST

As we prepare for the end of the “**Year of Praise**” our church is being called to a special season of fasting and praying for forty days beginning October 13, 2010 and ending November 21, 2010. During this forty-day period, we will be praying that we will receive personal breakthroughs throughout our church in our personal lives. Our prayer emphasis will cycle in four ten-day increments or Seasons.

During this time of prayer and fasting, we will seek God continually in eager expectation of tangible manifestations of breakthroughs in our midst. We stand in faith believing that IT IS BREAKTHROUGH TIME!

Season 1– October 13th - October 22nd

Preparation: (Seeking God to Fix Me) This season is to allow us to focus in on a new dimension of individual closeness and communion with God and even intensify our praise and worship of God.

Season 2 – October 23rd - November 1st

Positioning: (Seeking God to Place Me) This Season is to allow us to move ourselves by the utterance of the Spirit to the place where in God's plan, provision and Blessings for you can be administered. (The place of Blessing)

Season 3 – November 2nd - 11th

Perspective: (Where God Is and Where I am) This Season will allow us to focus on a new dimension of clarity and release . . . As our decision-making reflects the very will of God. Remembering with favor or breakthroughs come responsibility . . . to whom much is given much is required . . .

Season 4 – November 12th - 21st

Victory (It is so!)

This Season will allow us to recognize that the very victory of our Seasons is on the way. Therefore shout as we cross over into a new dimension of power and victory over certain things with which we *were* struggling . . .

A Note on Fasting

Since ancient times, fasting or abstaining from something (not health threatening) along with a simultaneous season of prayer has been a spiritual discipline that believers have practiced for strengthening their relationship with God, direction in decision making, power to break certain habits or to resist the attack of the enemy, healing for the body and mind, adoption of healthier lifestyles, and as a support and an aid in prayer while certain requests are being laid before Our Lord . . .

It's Breakthrough Time

Pastor Southall

SEASON ONE

Preparation: (Seeking God to Fix Me) This season is to allow us to focus in on a new dimension of individual closeness and communion with God and even intensify our praise and worship of God.

SEASON 1
October 13th - October 22nd

DAY 1

Prayer for the Journey: Father God, strengthen and guide me as I enter into this 40-day fast and prayer time with you. Teach me to be sensitive to Your voice as I seek You for my personal needs. Fix me Lord to come before You and humble me to be grateful that You have afforded me the opportunity to do so. In Jesus' Name, Amen.

Scripture: Matthew 6:16-18

Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward.

But thou, when thou fastest, anoint thine head, and wash thy face;

That thou appear not unto men to fast, but unto thy Father which is in secret: any thy Father, which seeth in secret, shall reward thee openly.

What I said to God: _____

What God said to me: _____

Personal Prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 2

Prayer for the Journey: Father, as I prepare myself to enter into this day of work and the daily routines of life, I have to stop and beg your forgiveness for limiting the power of my salvation and the power and promise of the Holy Spirit in my life. May my faith grow and my fears of the impossible cease. I honor Your presence in my life this day. In Jesus' Name, Amen

Scripture: Matthew 17:20-21

And Jesus said unto them, because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.

Howbeit this kind goeth not out but by prayer and fasting.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 3

Prayer for the Journey: God, our Father, sometimes You place before us task that we do not understand and do not know how we are going to overcome. Help us as a church family to humble ourselves, to cleanse our hearts and minds for true corporate worship, and to lay aside anything contrary to Your will and Your word so that we may collectively hear Your voice for the execution of the action plan You have for this Body of Christ. In Jesus' Name, Amen

Scripture: Judges 20:26

Then all the children of Israel, and all the people, went up, and came unto the house of God and wept, and sat there before the Lord, and fasted that day until even, and offered burnt offering and peace offering before the Lord.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 4

Prayer for the Journey: O Merciful God, I thank you again for this journey. Forgive me for sometimes being unprepared for the journey, I acknowledge my disobedience at times in the journey. I seek sincere, meaningful, and sacrificial communion with You this day. Hear my prayers and honor my fasting, for I lay myself before You totally open and willing to receive Your command. In Jesus' Name, Amen

Scripture: Daniel 9:3-4

And I set my face unto the Lord God, to seek by prayer and supplications, with fasting, and sackcloth, and ashes:

And I prayed unto the Lord my God, and made my confession, and said, O Lord, the great and dreadful God, keeping the covenant and mercy to them that love him, and to them that keep his commandments;

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 5

Prayer for the Journey: Father I bow down before You. I worship and adore You! I place my family in Your hands this day. You only know what the day holds and my prayer this day is that You cover me with the blood of the Lamb. Keep me from harm's way, protect my going out and my coming in. Thank you for blessing me. In Jesus' Name, Amen

Scripture: Nehemiah 9: 1-3

" . . . the children of Israel were assembled with fasting . . . and stood and confessed their sins . . . and read in the book of the law of the Lord their God one fourth part of the day; and another fourth part they confessed, and worshipped the Lord their God."

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 6

Prayer for the Journey: Father, fill me with the desire to want to know You in a more intimate way. Let my fellowship with You be as You intended it to be. Move self out of the way of the work You are performing in me. In Jesus' Name, Amen

Scripture: Acts 10:30-31

. . . Four days ago I was fasting until this hour; and at the ninth hour I prayed in my house, and, behold, a man stood before me in bright clothing,

. . . And said thy prayer is heard, and thine alms are in remembrance in the sight of God.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 7

Prayer for the Journey: Lord, I desire to experience an outpouring of Your Holy Spirit so that I may operate in the gifts and calling for which I have longed for so long. I yield myself to You to be used by You, not for my glory but for Your glory. In Jesus' Name, Amen

Scripture: Joel 2:12-13

. . . the Lord said turn ye even to me with all your heart, and with fasting, and with weeping, and with mourning:

And rend your heart, and not your garments, and turn unto the Lord your God: for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of evil.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 8

Prayer for the Journey: I acknowledge and recognize that I am **nothing** without You. My heart's desire is to please You and since without faith it is impossible to please You, help me to walk by faith, increase in faith and live by faith. Lord, expose any unbelief in me. In Jesus' Name, Amen

Scripture: Jonah 3:8, etc.

"For word came unto the king ... and he caused it to be proclaimed and published ... saying, Let neither man nor beast, herd nor flock, taste any thing: let them not feed, nor drink water: But let man and beast be covered with sackcloth, and cry mightily unto God ... Who can tell if God will ... turn away from his fierce anger ... And God saw ..."

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 9

Prayer for the Journey: Father I ask that You search my heart and search my mind so that I may clearly and distinctly hear from You. Allow my will to be in line with Yours. Help me to continue to seek You first so that all these things that I bring before You will be added unto me. In Jesus' Name, Amen.

Scripture: Ezra 8:21-23

"Then I proclaimed a fast ... that we might afflict ourselves before our God, to seek of him a right way for us, and for our little ones, and for all our substance. For I was ashamed to ask the king ... to help us against the enemy in the way: because we had spoken unto the king, saying, The hand of our God is upon all them for good that seek him ... So we fasted and besought our God for this: and he was intreated of us."

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 10

Prayer for the Journey: Father God forgive me for I acknowledge my sin and transgression before you. Thank You Lord for not destroying me in my sins but loving me so much that You empty Your grace and mercy upon me time and time again. In Jesus' Name, Amen

Scripture: Deuteronomy 9:18, 19

And I fell down before the Lord, as at the first forty days and forty nights: I did neither eat bread, nor drink water, because of all your sins . . .

For I was afraid of the anger and hot displeasure, wherewith the Lord was wroth against you to destroy you. But the Lord hearkened unto me at that time also.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

SEASON TWO

Positioning: (Seeking God to Place Me) This Season is to allow us to move ourselves by the utterance of the Spirit to the place where in God's plan, provision and Blessings for you can be administered. (The place of Blessing).

SEASON 2
October 23rd – November 1st

DAY 11

Prayer for the Journey: Father, I thank you for the opportunity to begin another leg of this journey. Purge me of all that is not pleasing in Your sight. Every breath that I take this day I owe to You. Tame my thoughts. May I speak only as Your Holy Spirit gives me utterance. In Jesus' Name, Amen.

Scripture: Leviticus 16:29-30

And this shall be a statute for ever unto you: that in the seventh month, on the tenth day of the month, ye shall afflict your souls, and do no work at all, whether it be one of your own country, or a stranger that sojourneth among you:

For on that day shall the priest make an atonement for you, to cleanse you, that ye may be clean from all your sins before the LORD.

What I said to God: _____

What God said to me: _____

Personal Prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 12

Prayer for the Journey: Please God help me to discern how to position myself to always be in line with Your will so that I will not find myself outside of Your protection. In Jesus' Name, Amen

Scripture: Psalm 35:13

But as for me, when they were sick, my clothing was sackcloth: I humbled my soul with fasting: . . .

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 13

Prayer for the Journey: Lord, I am so grateful for the times I experience the awesomeness of Your presence. I desire to be in communion with You always. I do not want to lose the fellowship with You Lord. I do not want to be ritualistic or faddish in this journey. It is my desire that my worship, praise, and prayer are right with You God. In Jesus' Name, Amen

Scripture: Mark 2:18-20

. . . the disciples of John and of the Pharisees . . . they come and say unto him, Why do the disciples of John and of the Pharisees fast, but thy disciples fast not?

And Jesus said unto them, Can the children of the bridechamber fast, while the bridegroom is with them? as long as they have the bridegroom with them, they cannot fast.

But the days will come, when the bridegroom shall be taken away from them, and then shall they fast in those days.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 14

Prayer for the Journey: Father, it's been two weeks since I have been fasting and praying. I confess that sometimes I am disappointed because my fasting and praying is not getting me the answers I want. Forgive and strengthen me Lord.
In Jesus' Name, Amen

Scripture: 2 Samuel 12:16-20

David therefore besought God for the child; and David fasted, and went in and lay all night upon the earth.

And the elders of his house arose . . . to raise him up from the earth: but he would not, neither did he eat bread with them.

. . . on the seventh day, the child died. . . David perceived that the child was dead. . . Then David arose from the earth, and washed, and anointed himself and changed his apparel and came into the house of the Lord and worshipped . . .

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 15

Prayer for the Journey: Father sometimes I get tired. It feels like I am just waiting and waiting, and waiting. Strengthen me Lord when I am in a holding pattern. May I be obedient and sensitive to Your voice. May I know when it is the Spirit of the living God telling me “Now is the time to move.” In Jesus’ Name, Amen

Scripture: Job 2:11 - 13

Now when Job’s three friends heard of all this evil that was come upon him, they came every one from his own place . . . for they made an appointment together to come to mourn with him and to comfort him.

. . . when they lifted up their eyes . . . and knew him not, they lifted up their voice and wept; and they rent every one his mantle, and sprinkled dust upon their heads toward heaven.

. . . they sat down with him upon the ground seven days and seven nights, none spake a word unto him: for they saw that his grief was very great.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 16

Prayer for the Journey: Gracious Father, I bow down before You this day. I worship Your Holy and righteous name. I submit all of me to You. I thank you for the path You have ordained for my life. In Jesus' Name, Amen

Scripture: Exodus 34:27-28

And the Lord said unto Moses, write thou these words: for after the tenor of these words I have made a covenant with thee and with Israel.

And he was there with the Lord forty days and forty nights; he did neither eat bread, nor drink water. And he wrote upon the tables the words of the covenant, the ten commandments.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 17

Prayer for the Journey: . O Heavenly Father, I thank you for the transformation I see in my life. I pray that I not allow myself to be blinded by all the distractions of life. I cannot afford to detour from my journey of seeking You. Continue to mold and shape me Lord. In Jesus' Name, Amen

Scripture: Acts 9:8-9

And Saul arose from the earth; and when his eyes were opened, he saw no man: but they led him by the hand, and brought him into Damascus.

And he was three days without sight, and neither did eat nor drink.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 18

Prayer for the Journey: God it's been 18 days. I truly love You. I want to be obedient to Your call for me in my life. I thank you for the discipline You have granted me in this journey. I re-commit my life to You this day. In Jesus' Name, Amen

Scripture: Luke 2:36-38

. . . Anna, a prophetess of the tribe of Aser: she was of great age, and had lived with an husband seven years from her virginity;

. . . she was a widow of about fourscore and four years, which departed not from the temple, but served God with fasting and prayers night and day.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 19

Prayer for the Journey: Father, there are situations in my family that grieve me. I will not stray from the call to pray and fast on behalf of me. My prayer is that I walk before my family in such a way that Christ is the only answer they see. In Jesus' Name, Amen.

Scripture: Ezra 10:6

Then Ezra arose up from before the house of God . . . and when he came thither, he did eat no bread, nor drink water: for he mourned because of the transgression of them that had been carried away.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 20

Prayer for the Journey: I thank you Father that I am half way through this journey! I know Lord that as I get closer to my 40 days, obstacles may arise. Prepare me Father to persevere. I triumphantly claim that I will not stray to the left or to the right. I will remain on the course You have set for me. In Jesus' Name, Amen

Scripture: Esther 4:16

Go, gather together all the Jews that are present in Shushan, and fast ye for me, and neither eat nor drink three days, night or day: I also and my maidens will fast likewise; and so will I go in unto the king, which is not according to the law: and if I perish, I perish.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

SEASON THREE

Perspective: (Where God Is and Where I am) This Season will allow us to focus on a new dimension of clarity and release . . . as our decision-making reflects the very will of God. Remembering with favor or breakthroughs come responsibility . . . to whom much is given much is required . . .

SEASON 3
November 2nd - November 11th

DAY 21

Prayer for the Journey: Heavenly Father, I really do not know how I ever survived without this constant connection with You. I thank You for taking off my blinders. I thank You for giving me the courage to acknowledge to myself who I am. Lord I will never deprive myself of communion with You again nor will I ever again take lightly who I am in Christ. Thank You for the revelations Lord.

Scripture: 2 Chronicles 20:3-4,6

. . . Jehosaphat feared, and set himself to seek the Lord, and proclaimed a fast throughout all Judah. And Judah gathered themselves together, to ask help of the Lord: even out of all the cities of Judah they came to seek the Lord. And said, O Lord God of our fathers, art not thou God in heaven? And rulest not thou over all the kingdoms of the heathen? And in thine hand is there not power and might . . .

What I said to God: _____

What God said to me: _____

Personal Prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 22

Prayer for the Journey: Glory to your name oh Lord. My soul craves your presence Lord. All Glory and Honor belongs to You. Conquer me Lord. I submit Father. I will only walk with You today. I will only desire all that is good for I know it is of You Lord. I do love You Father. I am in awe of Your Son. All... Father...all that I have is because of You. I dedicate all to You Lord. Thank you. You are so worthy to be praised. *In Jesus' Name, Amen*

Scripture: Jonah 3:4-6

*And Johan began to enter into the city a day's journey, and he cried, and said Yet forty days, and Nineveh shall be overthrown. . . . the people of Nineveh **believed God**, and proclaimed a fast . . . And he caused it to be proclaimed and published through Nineveh by the decree of the king and his nobles, saying, Let neither man nor beast, heard nor flock, taste any thing, let them not feed, nor drink water:*

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 23

Prayer for the Journey: God I praise You. Your Holy and righteous name brings streams of tears from me-- tears of joy...tears of peace...tears because I just can't articulate Your goodness. Only my God can cleanse me with streams of living water. I magnify Your Holy and righteous name.
In Jesus' Name, Amen

Scripture: Jeremiah 36:6

Therefore go thou, and read in the roll, which thou has written from my mouth, the words of the Lord in the ears of the people in the Lord's house upon the fasting day: and also thou shall read them in the ears of all Judah that come out of their cities.

It may be they will present their supplication before the Lord, and will return every one from his evil way: . . .

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 24

Prayer for the Journey: You overwhelm me Father. I wake up and You are on my mind. My stomach starts to growl for Your word and Your Holy Spirit takes over. I have fed my flesh for so long and ignored feeding my spirit. I thank You for the revelation through this journey that I must deny flesh and diligently seek Your voice for every aspect of my Life. *In Jesus' Name, Amen*

Scripture: Acts 14:23

*And when they had ordained them elders in every church, and had prayed with fasting, they commended them to the Lord, on whom **they believed.***

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 25

Prayer for the Journey: Holy, Holy, Holy, God Almighty. Heaven and earth are full of Your Glory. I bow before You this day Lord. Hallelujah, Hallelujah, oh Glory to Your name Father. I can't ask You for anything today Lord. My soul just wants to worship You. I just want to worship You Father. I thank you for redeeming me. I thank you for possessing me. I thank you for chastising me. *In Jesus' Name, Amen*

Scripture: I Kings 19:7-8

. . . the angel of the Lord came . . . and touched him, and said Arise and eat; because the journey is too great for thee.

And he arose, and did eat and drink, and went in the strength of that meat forty days and forty nights . . .

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 26

Prayer for the Journey: Father my heart is Yours. My mind is Yours. My Body is Yours. My earthly possessions are Yours. I want nothing that is not of You Lord. Father I confess my stewardship is not what it should be. Before I ever pray for You to increase my territory again Lord, may I increase my stewardship over all things. *In Jesus' Name, Amen*

Scripture: Matthew 4:1-4

. . . Jesus was led up of the Spirit into the wilderness to be tempted of the devil.

And when he had fasted forty days and forty nights, he was afterward hungered.

And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.

But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 27

Prayer for the Journey: Father it is You that is Holy. It is You that is true to Your Word. It is You that opens doors that no man can shut. It is You that close doors that no man can open. It is Your darling Son Jesus that is the First and the Last which was dead and is ALIVE. It is only You Father God that can purge me when I confess I am not worthy of Your blessings. It is only by Your power that You can take live coals and touch my unclean lips and command the impurities, iniquity, and sin to cease to exist. Lord, have Mercy! *In Jesus' Name, Amen*

Scripture: Acts 10:9-11

On the morrow, as they were on their journey, and drew nigh unto the city, Peter went up upon the housetop to pray about the sixth hour. And he became very hungry, and would have eaten: but while they made ready, he fell into a trance. And saw heaven open, and a certain vessel descending unto him, as it had been a great sheet knit at the four corners, and let down to the earth:

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 28

Prayer for the Journey: Father I am so grateful that I can go to Your word to teach me things. I want Your Word to become alive for me. Your Word is my guide to obedience. Your Word is my source of strength. I want to know what You say at all times about situations in my life. Increase my study habits dear Lord. *In Jesus' Name, Amen*

Scripture: Daniel 1:12-13,15 (Amp)

Prove your servants, I beseech you, for ten days and let us be given a vegetable diet and water to drink. Then let our appearance and the appearance of the youths who eat the king's [rich] dainties be observed and compared by you, and deal with us your servants according to what you see . . . And at the end of ten days it was seen that they were looking better and had taken on more flesh than all the youths who ate the king's rich dainties.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 29

Prayer for the Journey: Father I thank You for Jesus. I thank You for the Lamb of God that was slain to receive power, and riches, and wisdom, and strength, and honor, and glory, and blessing so that I might receive the same. I have reaped the benefit of the sacrifice of Your slain Lamb. Now, Lord, as I continue my life journey, may I come to a realization of the responsibility of the benefits of Your sacrifice. I yield to Your Holy Spirit to teach me how to receive the benefits, retain the blessings, and honor You for all my benefits. *In Jesus' Name, Amen.*

Scripture: Zechariah 8:18-19 (Amp)

And the word of the Lord of hosts came unto me, saying,

*Thus saith the Lord of hosts; The fast of the fourth month, and the fast of the fifth, and the fast of the seventh, and the fast of the tenth, shall be to the house of Judah times of joy and gladness and cheerful **appointed seasons**; therefore [in order that this may happen to you, as the condition of fulfilling the promise] love the truth and peace.*

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 30

Prayer for the Journey: God in ten more days, I will complete the journey of my life. I do not want to stop fasting, praying and believing. Prayer, fasting, and faith are the triplets I want to always carry with me. I thank You for the anointing of this season. I thank You for equipping me with the wisdom and knowledge to incorporate the triplets in my life. I thank You for my life. *In Jesus' Name, Amen*

Scripture: I Samuel 7:6-7

And Samuel said, Gather all Israel to Mizpeh, and I will pray for you unto the Lord.

And they gathered together to Mizpeh, and drew water, and poured it out before the Lord, and fasted on that day, and said, there, We have sinned against the Lord . . .

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

SEASON FOUR

VICTORY (IT IS SO!)

*This Season will allow us to recognize that the very victory of our Seasons is on the way. Therefore shout as we cross over into a new dimension of power and victory over certain things with which we **were** struggling . . .*

SEASON 4
November 12th - November 21st

DAY 31

Prayer for the Journey: Father, I am convinced that this journey was ordained **by You, for me, in this season of my life.** Lord You have taught me so much in the past 30 days. I am eternally grateful for this blessing. I've never felt like this before God! You just keep peeling the layers off ...one by one. Strip me Lord. . *In Jesus' Name, Amen.*

Scripture: Isaiah 58:6-7

Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house. When thou seest the naked, that thou cover him and that thou hid not thyself from thine own flesh?

What I said to God: _____

What God said to me: _____

Personal Prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 32

Prayer for the Journey: Holy Spirit, please take over today. Spirit of the living God, lead me to knowledge of true obedience. Lord, nurture the wounds of my disobedience. I will not yield to temptation today. Lord I thank you for victory over sin. Father I thank you for the victory through my Lord and Savior Jesus Christ. *In Jesus' Name, Amen*

Scripture: I Corinthians 7:5

Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 33

Prayer for the Journey: Father, the Word tells me I will have tribulations. Sometimes I fret over that. So when I begin to fret over trials, tribulations and evil doers, please get my mind right. May the Spirit of truth bring back to my memory John 16:33 "...in this world ye shall have tribulations, **but** be of good cheer, I have overcome the world." Father, I thank you that I have inherited the legacy of "overcoming". *In Jesus' Name, Amen.*

Scripture: I Kings 21:27-29

And it came to pass when Ahab heard those words [Elijah spoke], that he rent his clothes, and put sackcloth upon his flesh, and fasted, and lay in sackcloth, and went softly.

And the word of the Lord came to Elijah . . . saying,

See thou how Ahab humbleth himself before me? Because he humbleth himself before me, I will not bring the evil in his days: . . .

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 34

Prayer for the Journey: Lord throughout this journey You have been so gentle with me. You know my frailties, my weaknesses, and my fears, yet You do not condemn me. Thank you for being such a merciful God. Father, although I know there is no condemnation in Christ Jesus, I have the habit of condemning myself. Restore the joy of my salvation. May I learn not to condemn myself but may I pick up the habit of affirmation, may repetition of praise overtake my mind. May the Spirit of truth within me destroy the spirit of deception in my life. *In Jesus' Name, Amen*

Scripture: I Sam 1:7-8 (Amp)

So it was year after year; whenever Hannah went up to the Lord's house, Peninnah provoked her, so she wept and did not eat.

Then Elkanah her husband said to her, Hannah, why do you cry? And why do you not eat? And why are you grieving? Am I not more to you than ten sons?

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 35

Prayer for the Journey: God I thank you for my freedom. I commit to You and to me to never allow myself to be shackled to sin again. I realize Lord that my flesh is weak, but my love for You is greater. I trust You Lord to raise me above my fleshly desires.. *In Jesus' Name, Amen*

Scripture Nehemiah 1:4-6 (Amp)

When I heard this, I sat down and wept and mourned for days and fasted and prayed [constantly] before the God of heaven.

And I said, O Lord God of heaven, the great and terrible God, who keeps covenant, loving-kindness, and mercy for those who love Him and keep His commandments.

Let Your ear now be attentive and Your eyes open to listen to the prayer of Your servant which I pray before You day and night . . .

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 36

Prayer for the Journey: Spirit of the Living God I need You near. Sovereign, Almighty and Holy God I really, really need to hear from You. In a few days Lord this journey is going to end. Please start talking to me God on how to maintain this experience for the rest of my days. *In Jesus' Name, Amen*

Scripture: Acts 27:33

. . . while the day was coming on, Paul besought them all to take meat, saying, This day is the fourteenth day that ye have tarried and continued fasting, having taken nothing.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 37

Prayer for the Journey: Father, I have gotten myself into something from which I cannot be released. I am Your captive. I freely surrender to You. What are my orders for today? *In Jesus' Name, Amen*

Scripture: I Samuel 20:30-34

Saul's anger was kindled against Jonathan and said unto him . . . as long as the son of Jesse liveth . . . thou shalt not be established, nor thy kingdom . . .

And Jonathan answered . . . Wherefore shall he [David] be slain? What hath he done? And Saul cast a javelin at him [David] to smite him . . .

. . . Jonathan arose from the table in fierce anger, and did eat no meat the second day of the month: for he was grieved for David . . .

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 38

Prayer for the Journey: Lord, how can I please You today? I started off this journey with a list of needs, desires and requests for breakthrough. You have answered beyond my cry. I thank you Father. I know my salvation is not just about me. I want to fulfill my role as an Ambassador for Christ. I want others to enjoy the victory in Christ. Teach me how to fulfill Your command to “GO”. *In Jesus’ Name, Amen*

Scripture: *Matthew 15:32*

Then Jesus called his disciples unto him, and said, I have compassion on the multitude, because they continue with me now three days, and have nothing to eat: and I will not send them away fasting, lest they faint in the way.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 39

Prayer for the Journey: Father it is because of Your love that I am made whole. Jesus it is because of Your obedience that I am redeemed. Holy Spirit it is because of the power You have endowed me with that I can keep my head lifted up today. I lift up Holy hands to You. I lift up my voice in praise to You. Lord, I am ready for You to lift me to the next level. *In Jesus' Name, Amen.*

Scripture: John 4:25-26, 31-34

The woman saith unto him, I know that Messias cometh, which is called Christ: when he is come, he will tell us all things. Jesus saith unto her, I that speak unto thee am he.

In the meanwhile his disciples prayed him, saying, Master eat. But he said unto them, I have meat to eat that ye know not of.

. . . the disciples said one to another, Hath any man bought him aught to eat? Jesus saith unto them, My meat is to do the will of him that sent me, and to finish his work.

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

DAY 40

Prayer for the Journey: Father, I stand before You this day with thanksgiving in my heart. I thank you for touching me. I thank you for hearing me. I thank you for answering me. I thank you for restoring me. I thank you for strengthening me. I thank you for your grace. I thank you for your mercy. As I exit this journey, I commend my heart, my mind, my body, my soul, my everything...to You. It is so!!! *In Jesus' Name, Amen*

Scripture: Daniel 10:2-3,5, 12

*In those days I Daniel was mourning three full weeks. I ate no pleasant bread, neither came flesh nor wine in my mouth, neither did I anoint myself at all, till three whole weeks were fulfilled. Then I lifted up mine eyes, and looked, and beheld a certain man clothes in linen . . . he said unto me, Fear not, Daniel: **for from the first day** that thou didst set thine heart to understand, and to chasten thyself before thy God, thy words were heard, and **I am come for thy words.***

What I said to God: _____

What God said to me: _____

Personal prayer time should range from 40seconds to 40minutes of undistracted prayer each day.

