



2012 FASTING CONTRACT

MY REASON FOR FASTING:

I WILL FAST:

BEGIN DATE: _____

END DATE: _____

WHO WILL I ASK TO FAST WITH ME, IF ANYONE?

I believe that God is the only answer to my request and that prayer without fasting is not enough to get an answer to my need. Therefore, by faith, I am fasting because I need God to work in this matter.

God being my strength and grace being my basis, I commit myself to the above fast.

SIGNED: _____

DATE: _____