

Zion Lutheran Church



Lutheran Church-Missouri Synod

3644 Bolivar Ave, North Highlands CA 95660

916-332-4001

Pastor - Alan Flynn

Office - ZionNHSec@gmail.com

Web Page - ZionLutheranNH.org

March 22, 2026



Zion Lutheran Church

Sundays with Zion

Worship 9:30 a.m.

Sunday Bible Hour 11:00 a.m.

Fifth Sunday in Lent – March 22, 2026

Please observe a few minutes of quiet time as you prepare for worship. We invite you to **pray** and read the **Scriptures** for the day.

WE ARE DELIGHTED AND BLESSED to have you worship with us today!

ALL WORSHIPERS are asked to please fill out the information sheet in the bulletin. Before we begin, you are also invited to pray and to read the Scripture for today's worship.

WE LOVE OUR KIDS ... We love to have them in the service with us, but if your child needs a break, we do have a "cry room" in the entry way of the church.

A PRAYER AS WE GATHER

O Lord, our Creator, Redeemer, and Comforter, as You gather us together to worship You in spirit and in truth, prepare us to receive the preaching of Your Word and all Your life-giving gifts such that we would repent of our sins, believe in Jesus Christ as our only Rescuer, and grow in caring service for all. Hear us for His sake. Amen.

SMALL CATECHISM SERIES

Confession

As We Gather

Throughout history, God has inspired the writers of Scripture and the leaders of His people to urge us to teach one another about Him and His great love for us. We believe the Bible to be the only rule and norm for faith and life, and we confess that the Book of Concord defines Lutheranism within the one holy catholic and apostolic Church. Luther set forth the Small Catechism as the starting point to teach the faith proclaimed by the Lutheran Confessions. We now focus on one of the Six Chief Parts of the Catechism: Confession. Through this teaching, God helps us to love and forgive.

✠ PREPARATION ✠

To Your Temple, Lord, I Come

LSB 981



1 To Your tem - ple, Lord, I come, For it
2 I through Him am rec - on - ciled, I through
3 While Your glo - rious praise is sung, Touch my
4 While the prayers of saints as - cend, God of



is my wor - ship home. This earth has no
Him be - come Your child. Ab - ba, Fa - ther,
lips, un - loose my tongue That my joy - ful
love, to mine at - tend. Hear me, for Your



bet - ter place, Here I see my Sav - ior's face.
give me grace In Your courts Your love to trace.
soul may bless Christ the Lord, my righ - teous - ness.
Spir - it pleads; Hear, for Je - sus in - ter - cedes.

- 5 While I listen to Your Law,
Fill my soul with humble awe
Till Your Gospel bring to me
Life and immortality.
- 6 While Your ministers proclaim
Peace and pardon in Your name,
Through their voice, by faith, may I
Hear You speaking from the sky.
- 7 From Your house when I return,
May my heart within me burn,
And at evening let me say,
"I have walked with God today."

Text: James Montgomery, 1771–1854, alt. Tune: Geist-reiches Gesang-Buch, 1704, Halle, ed. Johann A. Freylinghausen, alt.
Text and tune: Public domain

The sign of the cross may be made by all in remembrance of their Baptism.

Invocation

Matthew 28:19

Leader: In the name of the Father and of the ✠ Son and of the Holy Spirit.

People: Amen.

Opening Sentences

Deuteronomy 6:4–9; Acts 2:42, 47b; Colossians 3:16

Leader: To God’s Old Testament people, Moses commanded,
“Hear, O Israel: The LORD our God, the LORD is one. You shall love the
LORD your God with all your heart and with all your soul and with all
your might. And these words that I command you today shall be on
your heart.

*You shall teach them diligently to your children,
and shall talk of them when you sit in your house,
and when you walk by the way, and when you lie down, and when
you rise.*

You shall bind them as a sign on your hand, and they shall be as
frontlets between your eyes. You shall write them on the doorposts of
your house and on your gates.”

In the days following Pentecost, teaching was an integral part of the
life of the Early Church. Luke wrote, “They devoted themselves to the
apostles’ teaching and fellowship, to the breaking of bread and the
prayers.

**People: And the Lord added to their number day by day those who were
being saved.”**

Leader: Today, we receive the invitation of God’s Word and His faithful people
who have gone before us, responding with joyful hearts to Paul’s
urging, “Let the word of Christ dwell in you richly, teaching and
admonishing one another in all wisdom,

**People: singing psalms and hymns and spiritual songs, with thankfulness
in your hearts to God.”**

I Lay My Sins on Jesus

LSB 606



1 I lay my sins on Je - sus, The spot - less Lamb of God;
2 I lay my wants on Je - sus; All full - ness dwells in Him;
3 I rest my soul on Je - sus, This wea - ry soul of mine;



He bears them all and frees us From the ac - curs - ed load.
He heals all my dis - eas - es; My soul He does re - deem.
His right hand me em - brac - es; I on His breast re - cline.



I bring my guilt to Je - sus To wash my crim - son stains
I lay my griefs on Je - sus, My bur - dens and my cares;
I love the name of Je - sus, Im - man - uel, Christ, the Lord;



Clean in His blood most pre - cious Till not a spot re - mains.
He from them all re - leas - es; He all my sor - rows shares.
Like fra - grance on the breez - es His name a - broad is poured.

Text: Horatius Bonar, 1808-89
Tune: Neu-vermehrtes . . . Gesangbuch, 1693, 3rd ed., Meiningen
Text and tune: Public domain

Confession and Absolution

Leader: The Ten Commandments lead us to realize that we should fear, love, and trust God in every aspect of life.

People: **We confess that we have not kept any of them. The Law shows our sin. We repent and are truly sorry.**

Leader: As we recite the Apostles' Creed, we proclaim our unity with everyone who shares the Christian faith.

People: **We confess that we are not as united as You desire for the Church. We repent and are truly sorry.**

Leader: When we pray the Lord's Prayer, we put ourselves at God's disposal, asking that His will and rule be evident in our daily living.

People: We confess that our will and wants do not always align with God's will. We repent and are truly sorry.

Leader: When we recall our Baptism, we remember that the old Adam should be drowned each day and a new man arise to live before God in righteousness and purity forever.

People: We confess that we, though forgiven saints, are also sinners who give in to the wiles of the devil, the voices of this world, and our own inner desires. We repent and are truly sorry.

Leader: When we confess our sins and receive forgiveness, the Absolution is as valid and certain as if Christ spoke the words Himself.

People: We confess that we are by nature sinful and in need of Your mercy. We repent and are truly sorry.

Leader: When we receive the Sacrament of the Altar with our Lord's body and blood, we receive forgiveness of sins, life, and salvation.

People: Lead us to a greater appreciation of Your gifts.

Leader: Although we are all sinful and unclean, through Holy Baptism we have been made members of the Body of Christ, the Church. Our heavenly Father daily and richly forgives all our sins. Purely by grace for Jesus' sake, He gives us eternal life and salvation. As a called and ordained servant of Christ and by His authority, I therefore forgive you all your sins in the name of the Father and of the ✠ Son and of the Holy Spirit.

People: Amen.

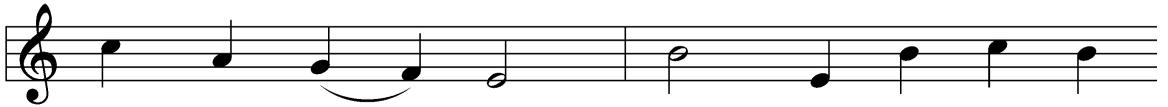
✠ WORD ✠

From Depths of Woe I Cry to Thee

LSB 607



1 From depths of woe I cry to Thee, In trial and
2 Thy love and grace a - lone a - vail To blot out
3 There - fore my hope is in the Lord And not in
4 And though it tar - ry through the night And till the
5 Though great our sins, yet great - er still Is God's a -



trib - u - la - tion; Bend down Thy gra - cious
 my trans - gres - sion; The best and ho - liest
 mine own mer - it; It rests up - on His
 morn - ing wak - en, My heart shall nev - er
 bun - dant fa - vor; His hand of mer - cy



ear to me, Lord, hear my sup - pli - ca - tion.
 deeds must fail To break sin's dread op - pres - sion.
 faith - ful Word To them of con - trite spir - it
 doubt His might Nor count it - self for - sak - en.
 nev - er will A - ban - don us, nor wa - ver.



If Thou re - mem - b'rest ev - 'ry sin, Who then could heav - en
 Be - fore Thee none can boast - ing stand, But all must fear Thy
 That He is mer - ci - ful and just; This is my com - fort
 O Is - rael, trust in God your Lord. Born of the Spir - it
 Our shep - herd good and true is He, Who will at last His



ev - er win Or stand be - fore Thy pres - ence?
 strict de - mand And live a - lone by mer - cy.
 and my trust. His help I wait with pa - tience.
 and the Word, Now wait for His ap - pear - ing.
 Is - rael free From all their sin and sor - row.

Text: tr. Catherine Winkworth, 1827-78, alt.
 Text and tune: Martin Luther, 1483-1546
 Text and tune: Public domain

Salutation

Leader: The Lord be with you.

People: **And also with you.**

Prayer of the Day

Leader: Let us pray.

O God, the helper of all who call on You, we confess our sinful nature and repent of our transgressions of thought, word, and deed. Have mercy on us, Lord, for with You there is forgiveness and plenteous redemption through Your Son and our Savior, Jesus Christ.

People: May we find in Holy Absolution the assurance of Your continuing care and, People: Amen.

First Reading

Revelation 3:20–22

(The Lord promises to come to those who respond to His call.)

²⁰Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me. ²¹The one who conquers, I will grant him to sit with me on my throne, as I also conquered and sat down with my Father on his throne. ²²He who has an ear, let him hear what the Spirit says to the churches.”

Leader: This is the Word of the Lord.

People: Thanks be to God.

Epistle

1 John 1:5–10

(If we walk in the light, we have fellowship with God.)

⁵This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all. ⁶If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. ⁷But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. ⁸If we say we have no sin, we deceive ourselves, and the truth is not in us. ⁹If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. ¹⁰If we say we have not sinned, we make him a liar, and his word is not in us.

Leader: This is the Word of the Lord.

People: Thanks be to God.

Holy Gospel

John 20:19–23

(Jesus appears to His disciples and blesses them with a greeting of peace.)

Leader: The Holy Gospel according to St. John, the twentieth chapter.

People: Glory to You, O Lord.

¹⁹On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." ²⁰When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. ²¹Jesus said to them again, "Peace be with you. As the Father has sent me, even so I am sending you." ²²And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit. ²³If you forgive the sins of anyone, they are forgiven; if you withhold forgiveness from anyone, it is withheld."

Leader: This is the Gospel of the Lord.

People: Praise to You, O Christ.

Children's Message

Children are invited to the front for a brief teaching especially for them.

To Thee, Omniscient Lord of All

LSB 613



1 To Thee, om - ni - scient Lord of all, In grief and shame I
 2 O Lord, my God, to Thee I pray: O cast me not in
 3 O Je - sus, let Thy pre - cious blood Be to my soul a



hum - bly call; I see my sins a - gainst Thee, Lord,
 wrath a - way! Let Thy good Spir - it ne'er de - part,
 cleans - ing flood. Turn not, O Lord, Thy guest a - way,



The sins of thought and deed and word. They press me
 But let Him draw to Thee my heart That tru - ly
 But grant that jus - ti - fied I may Go to my



sore; I cry to Thee: O God, be mer - ci - ful to me!
pen - i - tent I be: O God, be mer - ci - ful to me!
house at peace with Thee: O God, be mer - ci - ful to me!

Text: Magnus Brostrup Landstad, 1802-80; tr. Carl Döving, 1867-1937, alt.
Tune: attr. Martin Luther, 1483-1546
Text and tune: Public domain

Sermon

Pastor Alan Flynn

Apostles' Creed

**All: I believe in God, the Father Almighty,
maker of heaven and earth.**

**And in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried.
He descended into hell.
The third day He rose again from the dead.
He ascended into heaven
and sits at the right hand of God the Father Almighty.
From thence He will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy Christian Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life † everlasting. Amen.**

Prayer of the Church

Let us pray for all people around the world in their various needs.

We give thanks, Lord our God, for the revelation of Your will for our lives. We ask that You continue to shower us with Your grace and every blessing as we seek to keep Your Commandments in thought, word, and deed.

People: Graciously raise up leaders in all the nations, we pray, so that human society may be ordered according to Your will, with justice and compassion for all citizens and peace across international borders. Protect and guide all who defend freedom abroad and those who work at home for the common good.

Leader: We give thanks, triune God, that You have created us, redeemed us from our sins, and enlightened us with Your gifts. We ask that You keep us strong in the faith until You raise us to eternal life.

People: Graciously reveal Yourself, we pray, to those who cannot see with the eyes of faith. Open them to the truth of Your presence among us, Your victory over death and the grave, and the communion of saints in time and eternity.

Leader: We give thanks, heavenly Father, that we may call out to You with all boldness and confidence. We ask that You keep us certain that our prayers are heard by You and are pleasing to You.

People: Graciously embrace with Your healing and consoling power those near and dear to us in their spiritual, emotional, and physical needs. Bring them relief, healing, and comfort as fits Your loving plans for them. Strengthen emergency and health workers as they minister to all in distress.

Leader: We give thanks, Lord of the Church, for having united us in the waters of Holy Baptism. We ask that we may daily die to sin and arise as new people to live before You forever.

People: Graciously guide and protect clergy and lay leaders around the world. Sustain them under persecution, give them courage in times of opportunity, and provide them the support they need as they invite others to the waters of Holy Baptism.

Leader: We give thanks, Lord Jesus, that You have forgiven all our sins. We ask that Your servants would call the guilt-ridden to repentance and confident faith.

People: Graciously use us, O Holy Spirit, as congregation and individuals, to be willing in our several relationships to share the forgiveness we ourselves have received from Your gracious hand.

Leader: We give thanks, Savior Lord, that You have assured of sins forgiven in the Sacrament of the Altar, in which we receive Your body and blood.

We ask that we may always rejoice in the forgiveness, life, and salvation
You there bestow.

**People: Graciously keep us strong in faith, O God, so that we may believe
that the words “Given and shed for you for the forgiveness of sins”
are indeed true for us at every reception of the Sacrament.**

Additional petitions may be added.

Leader: These and any other things You would have us ask of You, heavenly
Father, grant to us for the sake of the suffering, death, and
resurrection of Your Son, Jesus Christ, our Lord.

People: Amen.

Offering

*Please leave a yellow information sheet for your household in the plate that is passed
with any offerings you may have as an act of worship in response to Christ's abundant
kindness toward us.*

*(You can also click on the Online Giving button at ZionLutheranNH.org to set up one-time
or recurring payments when you are at home or even now in worship, which may take
you only 2 minutes)*

Christ The True And Better

Christ the true and better Adam
Son of God and Son of man
Who when tempted in the garden
Never yielded never sinned
He who makes the many righteous
Brings us back to life again
Dying He reversed the curse then
Rising crushed the serpent's head

Christ the true and better Isaac
Humble son of sacrifice
Who would climb the fearful mountain
There to offer up his life
Laid with faith upon the altar
Father's joy and only son
There salvation was provided
Oh what full and boundless love

Chorus

Amen amen
From beginning to end
Christ the story
His the glory
Alleluia amen

Christ the true and better Moses
Called to lead a people home
Standing bold to earthly powers
God's great glory to be known
With his arm stretched wide to heaven
See the waters part in two
See the veil is torn forever
Cleansed with blood we pass now through *Chorus*

Christ the true and better David
Lowly shepherd mighty King
He the champion in the battle
Where o death is now thy sting?
In our place He bled and conquered
Crown Him Lord of majesty
His shall be the throne forever
We shall e'er His people be *Chorus*

CCLI Song # 7160820 Keith Getty | Matt Boswell | Matt Papa © 2020 Getty Music Hymns and Songs (Admin. by Music Services, Inc.)
Getty Music Publishing (Admin. by Music Services, Inc.) Love Your Enemies Publishing (Admin. by Music Services, Inc.)
Messenger Hymns (Admin. by Music Services, Inc.) For use solely with the SongSelect® [Terms of Use](#). All rights reserved. [www.ccli.com](#)
CCLI License # 1155989

Lord's Prayer

Matthew 6:9-13

**Our Father who art in heaven,
hallowed be Thy name,
Thy kingdom come,
Thy will be done on earth
as it is in heaven;
give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For Thine is the kingdom
and the power and the glory
forever and ever. Amen.**

Pax Domini

Leader: The peace of the Lord be with you always.

People: Amen.

Agnus Dei

O Jesus Christ, true Lamb of God, Have mercy on us, Lord, we pray.
You take away the sin of all. Grant us Your gracious peace this day.

Benediction

Numbers 6:24-26

Leader: The Lord bless you and keep you.

The Lord make His face shine on you and be gracious to you.

The Lord look upon you with favor and ✠ give you peace.

People: Amen.

How Deep The Father's Love For Us

How deep the Father's love for us
How vast beyond all measure
That He should give His only Son
To make a wretch His treasure
How great the pain of searing loss
The Father turns His face away
As wounds which mar the Chosen One
Bring many sons to glory

Behold the Man upon a cross
My sin upon His shoulders
Ashamed I hear my mocking voice
Call out among the scoffers
It was my sin that held Him there
Until it was accomplished
His dying breath has brought me life
I know that it is finished

I will not boast in anything
No gifts no pow'r no wisdom
But I will boast in Jesus Christ
His death and resurrection
Why should I gain from His reward
I cannot give an answer
But this I know with all my heart
His wounds have paid my ransom

Stuart Townend
© 1995 Thankyou Music (Admin. by Capitol CMG Publishing)
For use solely with the SongSelect® Terms of Use. All rights reserved. www.ccli.com
CCLI License # 1155989

Acknowledgments

Unless otherwise indicated, Scripture quotations are from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.
Created by Lutheran Service Builder © 2026 Concordia Publishing House.

◆ The **VISION** of Zion Lutheran Church ◆

In response to God's amazing grace and love
Zion Lutheran Church is a place of refuge
where children, youth and adults are:

GROUNDED in God's unchanging Word,

REACHING OUT with the Good News of
Jesus Christ locally and globally,

ACCEPTING others in the same loving way
God has accepted us,

CHANGING into committed Christ followers, and

EMPOWERED to be Christ's hands and feet
joyfully serving others.

Our Core Values

We Believe:

- ◆ We are saved by Grace through Faith in Jesus Christ. (*Eph. 2: 8-9; Rom. 3:22-24; Titus 3:4-7*)
- ◆ Jesus is the Way, the Truth & the Life! No one comes to the Father except through Him! (*John 14:6; Acts 4:12*)
- ◆ Scripture is the Word of God. It is without error and our only source for life and faith! (*2 Tim. 3:16; John 20:31; 2 Peter 1:20-21*)
- ◆ Baptism & the Lord's Supper are the means by which God touches our lives with His grace. (*Rom 6:1-7; 1 Peter 3:21; Matt 26:26-28; 1 Cor 11:23-26*)
- ◆ God has chosen us to proclaim the Gospel to our community and world. (*Matt. 28:18-20; Acts 1:8; 1 Peter 3:15*)
- ◆ In the power of God working through the Holy Spirit & Prayer. (*John 14:26; Acts 4:31; Mark 11:24; Phil 4:6-7*)
- ◆ We desire to remain a loving (*1Cor 13; 1John 4:7-11*), caring family of God.
- ◆ We cherish our Lutheran heritage.