The National Baptist Convention, USA, Inc. Partners with the American Kidney Fund on the 'Pair Up' Campaign







The National Baptist Convention, USA, Inc. is proud to be a partner in the American Kidney Fund's new campaign, *Pair Up: Join the Fight to Prevent Kidney Disease. Pair Up* empowers women to protect themselves, and the people they love, from kidney disease. The call to action is simple: **Learn** if you are at risk for kidney disease, and **spread the word** about kidney disease to loved ones who may also be at risk.

Kidney disease is an increasingly common condition that is damaging the health of as many as 31 million Americans. Millions more are at risk. Kidney disease is most often caused by diabetes or high blood pressure, and can lead to heart attack, stroke, kidney failure and death. Nine out of 10 people with early kidney disease don't know they have it. It has few warning signs in the early stages. Most cases of kidney disease could be prevented.

How to Get Involved with Pair Up

Visit PairUpNow.org and:

- Learn about simple, healthy habits that may help you reduce your risk for kidney disease
- Get more information about the common conditions that can put you at risk for kidney disease-- and find out how to get tested if you are at risk
- Take the Pair Up Challenge to learn about common risk factors for kidney disease and to spread the word to a friend or loved one
- Send an eCard to a friend or loved one who may be at risk for kidney disease
- Find local Kidney Action Day events where you can have a free kidney health screening, participate in a walkathon and kick-start your commitment to making small, healthy changes that can make a big difference
- Give to support the cause
- Shop for Pair Up gear that shows you're committed to the fight against kidney disease

About the American Kidney Fund

The American Kidney Fund (www.kidneyfund.org) fights kidney disease through direct financial support to patients in need, health education and prevention efforts. It leads the nation in charitable assistance to dialysis patients. Nearly 1 out of every 4 U.S. dialysis patients receives assistance from the American Kidney Fund for health insurance premiums and other treatment-related expenses. The American Kidney Fund reaches millions of people annually through its national campaign, *Pair Up: Join the Fight to Prevent Kidney Disease*; free kidney health screenings; health education materials and courses; online outreach, and a toll-free health information HelpLine (866-300-2900).

For More Information

For more information about the American Kidney Fund and the *Pair Up* campaign, call the American Kidney Fund toll-free at 866-300-2900.