

## 2011-12 Suggested NBC H.O.P.E. Health and Wellness Observances

June 2011

- Summer of Health and Wellness Vacation Bible School
- National Myasthenia Gravis Awareness Month

July

- Fireworks Safety Month (through July 4)
- UV Safety Month
- International Group B Strep Awareness Month

August

- National Immunization Awareness Month
- National Minority Donor Awareness Day (August 1)

September

- Prostate Cancer Awareness Month
- National Cholesterol Education Month
- Sunday, September 11 Health and Wellness Emphasis Worship

October

- National Church Safety and Security Month
- National Breast Cancer Awareness Month
- Healthy Congregations Conference: Southaven, MS (October 7-8)

November

- American Diabetes Month
- National Donor Sabbath Weekend (November 11-13)
- Great American Smoke Out (November 17)

December

- National Drunk and Drugged Driving (3D) Prevention Month
- World Aids Day (Thursday, December 1)

January 2012

- **National Volunteer Blood Donor Month**
- National Glaucoma Awareness Month

February

- **American Heart Month**
- **Wear Red Day (2/3)**
- National Black HIV/AIDS Awareness Sunday (2/5)
- National Black HIV/AIDS Awareness Day (2/7)
- **Wear Red Sunday (2/12)**

March

- **NBC/American Kidney Fund Kidney Sunday (3/4)**
- **World Kidney Day (11)**
- **18 "Taste Test Sunday" (Diabetic Safe Desserts)**

- **27 Diabetes Alert Day**

April

- **Minority Health Month**
- Alcohol Awareness Month
- **Thursday, April 7 World Health Day**

May

- **American Stroke Month**
- Lupus Awareness Month
- Skin Cancer Awareness Month
- **Power Sunday (5/20)**

June

- **Summer of Health and Wellness Vacation Bible School**
- **Sunday, June 3 National Cancer Survivors Day**
- **National CPR Week (3-9)**

July

- **Fireworks Safety Month (through July 4)**
- Juvenile Arthritis Awareness Month

August

- **National Immunization Awareness Month**
- **National Minority Donor Awareness Day (August 1)**

September

- **Prostate Cancer Awareness Month**
- **Sickle Cell Anemia Awareness Month**
- Fruits and Veggies - More Matters Month
- **Sunday, September 16 Sickle Cell Sabbath**

October

- **National Church Safety and Security Month**
- **National Breast Cancer Awareness Month**
- **Healthy Congregations Conference: Southaven, MS (October 12-13)**

November

- **American Diabetes Month**
- **Pancreatic Cancer Awareness Month**
- **Diabetes ID (I Decide) Day (11/13)**
- **American Cancer Society Great American Smoke Out (November 17)**

December

- **National Drunk & Drugged Driving (3D) Prevention Month**
- **World Aids Day (Thursday, December 1)**

For more information, e-mail [hope@midsouthchurches.org](mailto:hope@midsouthchurches.org)