

The ICPC Journal

A membership periodical published quarterly by the
International Conference of Police Chaplains ®

March 2009

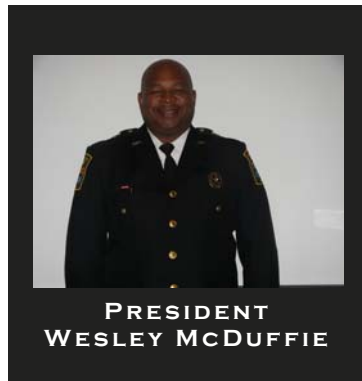
JOURNAL



“Developing Professional
Chaplains Through Dynamic
Education and Support”

PRESIDENT'S PERSPECTIVE....

A message from
Wes McDuffie,
President of the International
Conference of Police Chaplains.



Greetings, fellow chaplains, liaison, auxiliary and ICPC Staff:

Thanks for remaining faithful to your departments and ICPC during these difficult fiscal times. I know that some areas have been hit especially hard. For those, it could perhaps be called a depression! Unfortunately some of those hardest hit are seeing fewer patrol cars on the streets, job force reductions, less overtime, and other cost cutting measures that create a stressful work environment. Perhaps none of us ever imagined we would witness such drastic measures.

In the midst of this universally dark economic period, there continues to be a bright shining light, and that is you. Thanks for walking that thin blue line alongside our brothers and sisters in uniform. We are still privileged to stand with, and be a part of, those who wear the badge with pride, protect our families with diligence, and endeavor to keep our communities free from the evil forces of terrorism. The ministry of presence that you provide continues to be a beacon of hope to those who could so easily yield to despair and its demoralizing consequences. With each encounter, we must remind ourselves that we too are human, subject to the same heartbreaks as those we serve. Thankfully, through Divine guidance and continued training, we have become increasingly sensitive to such forewarnings as, the loss of employment, decreased family income, fewer creature comforts, and mortgage foreclosures, just to name a few.

In January the Executive Committee met in Knoxville Tennessee. You will be pleased to know that the 2009 ATS is being well planned, thanks to Pam Neal & Glenn Sullivan. It is our prayer that each of you will be in attendance.

I apologize, in advance, that members of the Executive Committee will not be attending RTS' this year. It is our decision not to visit the regions in order to save money. Please know that the work you do remains vitally important to each of us. Without you there would be no us. Hopefully these cost cutting measures will be short lived.

I am pleased to announce that ICPC is now a member of The National Association of Police Organizations. Founded in 1978, NAPO is now the strongest unified voice supporting law enforcement officers in the United States. NAPO is a coalition

The ICPC Journal

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Publisher

Dr. Charles R. Lorrain
Executive Director, ICPC

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of police unions and associations from across the nation that serves to advance the interests of America's law enforcement officers through legislative and legal advocacy, political action and education. More than 2,000 police unions and associations, 241,000 sworn law enforcement officers, 11,000 retired officers and 100,000 citizens have united in a common dedication to fair and effective crime control and law enforcement.

International: It is my privilege to extend a special thanks to Kibinge WaMuturi, our Assistant Director in Kenya, for the hard work and the sacrifices he has made on behalf of ICPC.

I am curious to know how many ICPC members would be interested in attending an ATS in Jamaica. I don't know about you, but I'm ready now!

Together We Can"
Wes McDuffie

CHIT-CHAT

A Members Forum

Thank You...

Thank you to the following departments who sent in their patches:

- Travis County Sheriff's Office
- Mineral County Sheriff's Office
- Cape Coral PD
- Barnwell County Sheriff's Office

We still have many departments that have not sent in patches. Please send any/all patches to:

ICPC
P.O. Box 5590
Destin, FL 32540

Web Resources...

As always, we want to remind you that you have access to up-to-date ICPC directory information 24 hours a day on the ICPC website as well as all the information, forms, etc., you might

need...and don't forget you may access all the past issues of the Journal. There is an index listing of the articles and you can pull them up any time...and they are in color!! We want you to make use of these resources because they are there to support you!

NAPO Membership...

Recently, the ICPC became a member of NAPO. The National Association of Police Organizations (NAPO) is a coalition of police unions and associations from across the United States that serves to advance the interests of America's law enforcement officers through legislative and legal advocacy, political action and education.

You can find out more information about NAPO at:

www.napo.org

Reminder...

It is critical to the mission of the ICPC and its components to be able to reach its members via addresses, phone and/or email. It is critical that you keep your personal information updated in the Destin office. The Destin office utilizes 4 different methods to try to assist with this, however, it is the responsibility of each individual member to keep his/her information updated. Please help us all out by keeping your information current!

Don't Forget...

Have you contacted your ICPC leadership lately? Why not let your Area Representative, Regional Director, or Elected Officers know you appreciate them...They work very hard on your behalf and care about our organization!!

Greetings from our Executive Director Dr. Chuck Lorrain



Greetings from the staff in Destin! We pray this finds you in good health and doing well.....

Exciting things are looming on the horizon of the ICPC! First, the 2009 Annual Training Seminar in Knoxville, TN is only a few months away and this promises to be another good one! The brochures went out in late February and the information is on the ICPC website...so sign up early and get your hotel reservations as this is filling up quick.

On page 13 of the Journal you will see the announcement for the first ICPC train-the-trainer class. This 40-hour training course, taught by master training instructors, is for those interested in becoming "certified" ICPC instructors and capable of teaching the core courses. These are the newest, up-to-date teaching methods available and you will certainly learn how to impart your knowledge in an interesting and more effective manner. Again, you should sign up early as there are only 48 slots open for this first class. More information is available on the ICPC website.

Lastly, we want to thank you for the work you do in serving the brave men and women beneath the badge. Your sacrifices do not go unnoticed or unappreciated. We pray God's blessings over you for all you do!

Faithfully,
Dr. Chuck Lorrain



By Kathy Thomas Ph.D.

When we are responding to the “worst of the worst” it is essential that we be prepared to handle the situation, not only professionally, but personally. If we are not well conditioned emotionally and physically for the wear and tear of repeated exposure to traumatic stress, we will not survive in a healthy manner. This article will describe the impact of traumatic stress on the caregiver, as well as identify ways to become more resilient to its impact.

As Charles Figley (1995) noted, “there is a cost to caring (p. 1).” Figley coined the term “compassion fatigue” to describe the reactions experienced by those caregivers who respond to others’

“fear, pain and suffering.” The characteristic that is essential in helping others through their suffering, empathy, is exactly the characteristic that makes an individual more vulnerable to compassion fatigue. It is the ability to put oneself in someone else’s shoes that makes caregivers valuable in helping others. However, if we walk too long in those shoes we are vulnerable to the same blisters.

According to Raphael (1986), the major stressors for crisis workers include exposure to dead bodies, being exposed to dangerous situations, working under adverse conditions, physical strain, and the responsibility of conveying tragic news to family and friends of victims. It is very apparent that chaplains fit into

the category of “crisis workers.”

Stress reactions can span several aspects of a person’s life, including emotional, physical, cognitive, behavioral, relational and spiritual. Some of the more common physical reactions include fatigue, muscle tension, rapid/shallow breathing, shakiness, gastrointestinal distress, sleep disturbance and changes in appetite. In addition, emotional/psychological reactions include irritability, anger, anxiety, moodiness, intrusive thoughts/images, memory problems, difficulties in concentrating, and feelings of helplessness / hopelessness.

There is no separation between our

(Continued on page 5)

(Continued from page 4)

emotional and physical well-being. Therefore, the better we take care of ourselves physically, the more energy we have to endure the emotional impact of stress. Some of the essential ingredients to physical stress management include eating at regular intervals throughout the day, avoiding dietary stimulants (i.e. refined white sugar, nicotine, and caffeine), drinking plenty of water, getting 30-40 minutes of aerobic exercise at least three times per week, and getting 7-8 hours of sleep per 24 hours. However, these healthy behaviors are the first things to go out the window when we are under high stress. There is a tendency to “not have time” to eat something nutritional or to get adequate rest. We often feel “too tired” to exercise. In reality, physical activity (i.e. moderate exercise) energizes us and actually releases the natural chemicals in our brain that help us feel better. These healthy habits will provide the physical stamina to cope with the emotional wear and tear. It is extremely important to practice these behaviors, especially in times of extreme stress.

Emotionally, it is very important to give yourself an opportunity to process the traumatic experiences of which you are exposed. The more we are able to verbalize an experience, the more our brain is able to process it. Finding someone (i.e. friend, colleague, family member or professional) in which you can confide is extremely valuable. Who is your “chaplain?”

Given the nature of police chaplaincy, chaplains, like police officers, are susceptible to what is referred to as the “hypervigilance rollercoaster” (Gilmartin, 2002). This refers to the tendency to alternate between being “alive, alert, energetic, involved and humorous” while on duty and being “tired, detached, isolated, and apathetic” while off duty. In other words, while responding to trauma they may be over invested, but when they get home they tend to under invest. Due to the fact that police chaplains spend most of their time responding to others’ traumas, it can be very easy to see their entire world as consisting of tragedy.

In order to have a successful career in

chaplaincy, successful interpersonal relationships and a successful retirement, it is essential that chaplains and crisis workers in general, have a balance in their life between on and off duty activities. Because chaplains are constantly faced with life’s tragedies, it is extremely important to allow themselves to experience the joys in life. This may include being involved in personal hobbies, their children’s activities, or simply enjoying a walk in the woods. Finding something that makes you laugh or smile is crucial (i.e. watching a funny movie, reading the comics or a humorous book). It is also important to have hobbies that are totally unrelated to their work. In other words, doing ride-alongs with police officers or reading “true crime” novels are NOT unrelated hobbies! If there is not an opportunity to be “off duty,” then there is no personal recovery time and eventually your body and your brain will rebel. It is analogous to a “pressure cooker.” A pressure cooker has a sealed lid with a small valve to let steam off a little at a time. If the steam is not let off through that small valve, the pressure cooker will eventually explode. Having that balance in life is a person’s way of letting that “steam off.”

In addition, finding ways to balance your work-life and workday can be very helpful. Some ways to do this may include giving yourself short breaks throughout the day when possible, varying your activities throughout the day, and making changes in your physical surroundings as possible. Creating a physical work space that incorporates reminders of that “balance” can also make a difference, such as having pictures that remind you of things you enjoy, listening to music in your office, having sea shells in your office if the beach is important to you. Be creative!

It is also necessary to have a balance in your relationships. Balancing the time between work and family relationships is critical. Ideally, we want our family to be there when work is over. However, if we do not nurture those relationships, we will become disconnected from our friends and family, our support system. Don’t lose sight of the fact that your family is also impacted by your work and they deserve

as much attention as others.

In conclusion, if you are to have a successful chaplaincy, family and retirement, it is absolutely essential to PRACTICE WHAT YOU PREACH! The suggestions in this article are the very things we recommend to others, however, we lose sight of the fact that these guidelines also apply to us. Taking care of your physical health, your emotional health and balancing your lifestyle will give you the ability to continue to help others and maintain good healthy relationships with those you love.

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Dr. Kathy Thomas has worked in the field of mental health for 25 years. She is a certified clinical traumatologist and level II EMDR therapist. Dr. Thomas provides psychological services for many police agencies and is a long-time friend to the ICPC.

3900 Marbles...



The older I get, the more I enjoy Saturday mornings. Perhaps it's the quiet solitude that comes with being the first to rise, or maybe it's the unbounded joy of not having to be at work. Either way, the first few hours of a Saturday morning are most enjoyable.

A few weeks ago, I was shuffling toward the garage with a steaming cup of coffee in one hand and the morning paper in the other. What began as a typical Saturday morning turned into one of those lessons that life seems to hand you from time to time. Let me tell you about it.

I turned the dial up in to the phone portion of the band on my ham radio in order to listen to a Saturday morning swap net. Along the way, I came across an older sounding chap, with a tremendous signal and a golden voice. You know the kind; he sounded like he should be in the broadcasting business. He was telling whomever he was talking with something about 'a thousand marbles.' I was intrigued and stopped to listen to what he had to say.

'Well, Tom, it sure sounds like you're busy with your job. I'm sure they pay you well but it's a shame you have to be away from home and your family so much. Hard to believe a young fellow should have to work sixty or seventy hours a week to make ends meet. It's too bad you missed your daughter's dance recital he continued. Let me tell you something that has helped me keep my own priorities. And that's when he began to explain his theory of a 'thousand marbles.'

'You see, I sat down one day and did a little arithmetic. The average person lives about seventy-five years. I know, some live more and some live less, but on average, folks live about seventy-five years. Now then, I multiplied 75 times 52 and I came up with 3900, which is the number of Saturdays that the average person has in their entire lifetime. Now, stick with me, Tom, I'm getting to the important part. It took me until I was fifty-five years old to think about all this in any detail', he went

on, 'and by that time I had lived through over twenty-eight hundred Saturdays. I got to thinking that if I lived to be seventy-five, I only had about a thousand of them left to enjoy. So I went to a toy store and bought every single marble they had. I ended up having to visit three toy stores to round up 1000 marbles. I took them home and put them inside a large, clear plastic container right here in the shack next to my gear.'

'Every Saturday since then, I have taken one marble out and thrown it away. I found that by watching the marbles diminish, I focused more on the really important things in life. There is nothing like watching your time here on this earth run out to help get your priorities straight.'

'Now let me tell you one last thing before I sign-off with you and take my lovely wife out for breakfast. This morning, I took the very last marble out of the container. I figure that if I make it until next Saturday then I have been given a little extra time. And the one thing we can all use is a little more time.'

'It was nice to meet you Tom, I hope you spend more time with your family, and I hope to meet you again here on the band. This is a 75 Year old man, K9NZQ, clear and going QRT, good morning!'

You could have heard a pin drop on the band when this fellow signed off. I guess he gave us all a lot to think about. I had planned to work on the antenna that morning, and then I was going to meet up with a few hams to work on the next club newsletter.

Instead, I went upstairs and woke my wife up with a kiss. 'C'mon honey, I'm taking you and the kids to breakfast.' 'What brought this on' she asked with a smile.'

'Oh, nothing special, it's just been a long time since we spent a Saturday together with the kids. And hey, can we stop at a toy store while we're out? I need to buy some marbles.'



Jim Powell is at it again!



Chaplain Jim Powell is at it again. He was so impressed with Montana on his walk across the country in 2003, that he wants to go back and walk/bike ride across the state. His plans are to go to Missoula, buy a bicycle, load his gear on it and ride level ground and the down-hills and walk the up-hills. He says he can easily do it in 2 to 3 weeks. After crossing the state he plans on going to a police station and give the bikes to the police department for them to give to a needy boy or girl. He plans to take the first three weeks of June for the endeavor. Anyone interested in accompanying Jim can contact him at 502-243-3685 or email him at jgpsbp4u@aol.com.

Proud sponsor of
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Chaplain scholarship applications for the ATS are available at their website on-line, so apply today!



Have you checked out the new ICPC store yet?.....go to:

ICPCONLINESTORE.US



Lincoln's Fight for Jewish Chaplains....

For Jews who wish to observe the rituals of their faith, wartime may pose seemingly insurmountable challenges. The exigencies of war can make the observance of the Sabbath, holy days and the kosher laws very difficult. Jewish soldiers must, on occasion, subordinate religious observance to combat. Despite the frequent priority of war over religion, there are times, such as the funeral of a fallen Jewish soldier or at the bedside of a wounded Jew, when religion can shape war policy.

At the outbreak of the Civil War, Jews could not serve as chaplains in the U.S. armed forces. When the war commenced in 1861, Jews enlisted in both the Union and Confederate armies. The Northern Congress adopted a

bill in July of 1861 that permitted each regiment's commander, on a vote of his field officers, to appoint a regimental chaplain so long as he was "a regularly ordained minister of some Christian denomination."

Only Representative Clement L. Vallandigham of Ohio, a non-Jew, protested that this clause discriminated against soldiers of the Jewish faith. Vallandigham argued that the Jewish population of the United States, "whose adherents are ... good citizens and as true patriots as any in this country," deserved to have rabbis minister to Jewish soldiers. Vallandigham thought the law, which endorsed Christianity as the official religion of the United States, was blatantly unconstitutional. However, there was no

(Continued on page 9)

organized national Jewish protest to support Vallandigham and the bill sailed through Congress.

Three months later, a YMCA worker visiting the field camp of a Pennsylvania regiment known as "Cameron's Dragoons" discovered to his horror that the officers had elected a Jew, Michael Allen, as regimental chaplain. While not an ordained rabbi, Allen was fluent in the Portuguese *minhagim* (ritual) and taught at the Philadelphia Hebrew Education Society. As Allen was neither a Christian nor an ordained minister, the YMCA representative filed a formal complaint with the Army. Obeying the recently enacted law, the Army forced Allen to resign his post.

Hoping to create a test case based strictly on a chaplain's religion and not his lack of ordination, Colonel Max Friedman and the officers of the Cameron's Dragoons then elected an ordained rabbi, the Reverend Arnold Fischel of New York's Congregation Shearith Israel, to serve as regimental chaplain-designate. When Fischel, a Dutch immigrant, applied for certification as chaplain, the Secretary of War, none other than Simon Cameron, for whom the Dragoons were named, complied with the law and rejected Fischel's application.

Fischel's rejection stimulated American Jewry to action. The American Jewish press let its readership know that Congress had limited the chaplaincy to those who were Christians and argued for equal treatment for Judaism before the law. This initiative by the Jewish press irritated a handful of Christian organizations, including the YMCA, which resolved to lobby Congress against the



came not to seek political office, but to "contend for the principle of religious liberty, for the constitutional rights of the Jewish community, and for the welfare of the Jewish volunteers."

According to Fischel, Lincoln asked questions about the chaplaincy issues, "fully admitted the justice of my remarks ... and agreed that something ought to be done to meet this case." Lincoln promised Fischel that he would submit a new law to Congress "broad enough to cover what is desired by you in behalf of the Israelites."

Lincoln kept his word, and seven months later, on July 17, 1862, Congress finally adopted Lincoln's proposed amendments to the chaplaincy law to allow "the

By Michael Feldberg

appointment of Jewish chaplains. To counter their efforts, the Board of Delegates of American Israelites, one of the earliest Jewish communal defense agencies, recruited Reverend Fischel to live in Washington, minister to wounded Jewish soldiers in that city's military hospitals and lobby President Abraham Lincoln to reverse the chaplaincy law. Although today several national Jewish organizations employ representatives to make their voices heard in Washington; Fischel's mission was the first such undertaking of this type.

Armed with letters of introduction from Jewish and non-Jewish political leaders, Fischel met on December 11, 1861 with President Lincoln to press the case for Jewish chaplains. Fischel explained to Lincoln that, unlike many others who were waiting to see the president that day, he

appointment of brigade chaplains of the Catholic, Protestant and Jewish religions." In historian Bertram Korn's opinion, Fischel's "patience and persistence, his unselfishness and consecration ... won for American Jewry the first major victory of a specifically Jewish nature ... on a matter touching the Federal government."

Korn concluded, "Because there were Jews in the land who cherished the equality granted them in the Constitution, the practice of that equality was assured, not only for Jews, but for all minority religious groups."

Michael Feldberg—Jewish World Review

36th Annual Training Seminar July 13-17, 2009 ♦ Knoxville, TN





**36th Annual Training Seminar
Knoxville, TN
July 13th-17th, 2009**

12 Basic Core Courses
18 Enrichment Courses
5 Advanced Track Courses
1 Chief's Course

Host Hotel:

Hilton Hotel Knoxville
501 Church Ave. Southwest
Knoxville, TN 37902
(865) 523-2300
\$104.00 / night plus tax*
\$6.00 Parking per day (self-park)

Overflow Hotel:

Holiday Inn Select Downtown
525 Henley Street
Knoxville, TN 37902
(865) 522-2800
\$104.00 per night plus tax*
Parking \$5.00 day

*To receive the special conference rate you must mention the hotel code of: **ICP**

Conference Location:

Knoxville Convention Center & Hilton Hotel

Hosts:

Pam Neal 865-776-4618 (C)
Glenn Sullivan 865-207-0289 (C)

Conference Fees:

Participants	Basic/Enrichment	Advanced
ICPC Member	*\$195.00	*\$235.00
Non-ICPC Member	*\$345.00	*\$385.00
Spouse	*\$85.00	

*(Includes Banquet Ticket)

****International attendees need to call the Destin office to find out what their registration fee is.**

Guest Banquet Ticket	\$30.00 each
Children (ages 5-12)	\$45.00 each

Optional Activities & Fees:

- Dollywood

Adults	\$40.00 each
Children (Ages 5-11)	\$32.00 each
Youth (12 to adult)	\$40.00 each
- Golf Scramble

Club Rental Fee	\$37.00 each (Greens fee and cart)
	\$10.00 each



For full information see the ICPC website:

www.icpc4cops.org

Or contact the ATS Registrar at:

850-654-9736
icpc@icpc.gccoxmail.com

ELECTIONS

2009

2009 is an election year for the ICPC. Below are the candidates running for office

PRESIDENT: **Cyndee Thomas** (Automatic Ascension)
Redding, CA



PRESIDENT ELECT: **Keoki Awai**
Kailua, HI



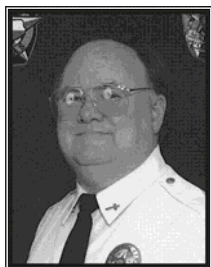
VICE PRESIDENT: **Jim Turner**
Delta, British Columbia

Stephen Davies
Nassau, Bahamas

Mike Hargrove
Tulsa, OK



SECRETARY: **Rickey Hargrave**
McKinney, TX



TREASURER: **Bob Fiers**
Indianapolis, IN



Announcing the first:



International Conference of Police Chaplain's

Train-the-Trainer Course

DATE: September 21-25, 2009

LOCATION: Doubletree Hotel
Sacramento, CA

COST: \$300.00 per person (Cost of course only)

**limited to 48 applicants—once the class fills it will be closed.

**APPLICATION
DEADLINE:**

August 1, 2009

*Applications will not be received
after this date.*

Purpose of the Course:

The International Conference of Police Chaplains (ICPC) is the recognized standard for law enforcement chaplaincy training.

As we have grown as an organization we have had to learn, change and adapt to the ever-changing needs represented by our chaplains everywhere. We take seriously the evaluations completed by attendees at our training seminars and in listening to the feedback have sought to make changes. This new program is due in part to this feedback.

Attendees are requiring more from their instructors today. No longer can instructors just tell "war stories" for an hour; allow a class to run itself with student's personal observations and sharing sessions, or trying to "get by" without knowing an audience or offering practical instruction. Many people (chaplains included) have great personal knowledge and experience. However, the plain fact is—NOT ALL PEOPLE KNOW HOW TO IMPART THIS INFORMATION TO OTHERS IN AN INTERESTING AND EFFECTIVE MANNER!

The design of this 40 hour Train-The-Trainer program is to identify qualified law enforcement chaplains interested to train and utilizing master trainers to train them in the most current, up-to-date teaching methods. They will then be "certified" to teach ICPC core courses. Eventually, the only ICPC basic core-course training that will be recognized by ICPC will be through ICPC "certified" trainers or credentialed professionals.

Our instructors for this course are master trainers: Lou Madeira and Todd Dischinger of the Instructor Development Institute (IDI).

In the final analysis, this program will "raise the bar" relative to training for law enforcement chaplains in the ICPC and assist them in their quest to effectively serve those beneath the badge.

Trainer Requirements:

- Must be a full ICPC member in good standing
- Be at least an ICPC Senior level trained chaplain [A person with 5 years experience in chaplaincy that will receive their Senior level within one (1) year may apply but will not be activated until receiving their Senior certificate].
- Successfully complete the train-the-trainer course (Course Exemption-applicants certified through a federal or state police officer standards and trainings commission as trainers can file for exemption of this requirement.)
- Fill out and submit the appropriate paperwork
- Submit a current passport and digital photo
- Sign the *Memorandum of Understanding*
- Adhere to professional ethics
- Complete paperwork required by the Destin office

The first class of 48 instructor candidates will be chosen on the following factors:

1. Date application was received
2. Fulfillment of requirements
3. Geographical location

Those interested in applying should go to the **ICPC website** to read and download the course explanation and application. Fill out the application and send it in with the signed documentation and appropriate fees to:

Dr. Chuck Lorrain
ICPC
P.O. Box 5590
Destin, FL 32541

SIMILARITIES BETWEEN CLERGY AND LAW ENFORCEMENT

By: Chaplain Scott Hubbard

Have you ever considered the following similarities between clergy and law enforcement:

- 1) Charged to uphold laws and values that are decaying at a rapid pace.
- 2) Expected to be strong pillars of their communities, but are ridiculed instead of revered.
- 3) Mocked openly and behind closed doors by people that need their help most.
- 4) Called to help those in need when it is too late to bring positive closure to the situation.
- 5) Communities we serve seldom listen to our advice.
- 6) Understand what it is like to never be off duty. We both understand what it is like to always be a law enforcement officer or a pastor.
- 7) Community will treat us as if we represent every bad minister, priest, or officer they have ever known.
- 8) Called upon to do things in our community that nobody else wants to do.
- 9) Law enforcement and clergy pay high emotional dues in fulfilling their charges.
- 10) The people we serve lie to us, but expect us to always tell the truth and often we become the scapegoats in their misconduct.
- 11) Our community does not have a clue what law enforcement and clergy really do on a daily basis yet they are experts at criticizing when things don't go their way.
- 12) Deal with people who are always telling us why the rules don't apply to them.
- 13) Both struggle against "Them vs. Us" mentality.
- 14) Both have acquaintances but few friends (we find it hard to trust others).
- 15) We both encourage, support and help others when we ourselves, at times, are in desperate need of encouragement, support and help.
- 16) Within our responsibilities the highs are very high and the lows are very low.
- 17) There is a great frustration in not being able to help everyone who is in need.
- 18) There is a great frustration in watching people we help return to their previous choices and lifestyles.
- 19) No matter how many people we help we always lose some and that is never easy.
- 20) Sometimes we both feel that we are the only ones who care about right and wrong and often are ready to quit. Maybe not in actuality but as a mind set and attitude it is something we deal with.
- 21) Clergy focuses on the spiritual and often ignores the reality of the other parts of life and the need for healing there as well. Officers deal with the physical and mental and often refuse to believe that spiritual healing is necessary, when in reality we really do need each other to help make our community a better, safer, more peaceful place to live.



IN MEMORIAM

Chaplain Jerry Harrison

Beloved husband of: Kathleen Harrison

Died: February 2, 2008

Chaplain Eugene Long

Beloved husband of: Debra Long

Died: May 9, 2008

Chaplain Chadrick Howell

Beloved husband of: Rhonda Howell

Died: February 1, 2009

Condolences: 2290 Kiln-Delisle Rd.
Kiln, MS 39556

Chaplain Richard Karr

Beloved husband of: Yvonne Karr

Died: February 13, 2009

Condolences: 321 Shady Crest Dr.
Chattanooga, TN 37415

Our hearts and prayers go out to all the families of loved ones that have passed in the ICPC family.

**"We make a living by what we get,
we make a life by what we give."**

—Sir Winston Churchill



Hall of Fame

The International Conference of Police Chaplains wish to thank
the following individuals for their generous contributions:

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