



Central Oregon Police Chaplaincy

Serving the Hearts and Minds of Central Oregon's First Responders

www.copchaplain.com

June 2013

The Beat

Greetings

It is hard to believe that this is June already - wow! Graduation, Fathers Day - I like Fathers Day for some reason! - Birthdays - Vacations - Bring on the sun! This is an opportunity to restore and replenish reserves Physically, Emotionally, Cognitively, Behaviorly and Spiritually. Just to have the sun up early in the a.m. influences the attitude - it will be a good day. Schedule time to rebuild your reserves, take your family somewhere special - talk about your favorite things to do and then target a time to do it. When we have something to look forward to it provides a huge boost to sustaining difficult work, events and casualties. Sometimes the thought of something special can create a healthy mind, heart and body. I hope to go camping, take in some hiking - bike riding - Fly Fishing - I may need to add some more time to my summer to pack everything in - I need to Manage my Time to effectively enjoy Renewal.

Jim

About COPC

It is our mission, while in contact with the community, to care for the troubled and those who have endured loss, been victimized by the events and tragedy that have left them abandoned, helpless and without hope.

Here's some of who we are and what we do ...

- Help bring Calm to Chaos - Offering a safe place and safe relationship to the First Responders of Central Oregon. Offering help and assistance to those in crisis and facing traumatic circumstances.
- Confidential Personal Counseling - to police officers and emergency services personnel, their families and the community.
- Ride-alongs with officers and emergency services personnel, encouraging and establishing trust, identifying with their daily pressures and responsibilities.
- Emergency Services - Chaplains are available for on-scene support for all crisis intervention and assistance when needed.

- Hospital and Home Visits - to assist in healing and support ministry.



- Providing Critical Incident Debriefing and Defusing - following a critical incident or traumatic event, for officers, emergency services personnel, and the community.
- Officer Training and Public Awareness - to help the officer and emergency services personnel and their family members maintain healthy relationships to enhance their careers. We also teach at Citizen Academies and other events.
- Officiating at Services - celebrating with officers and emergency services personnel and their families in Wedding Celebrations, Vow Renewals, and Baby Dedications. Providing pre- and post-marriage counseling and officiating at funeral services, for officers, emergency services personnel, and our communities.

COPC Hydro Flasks

Get your COPC Hydro Flask bottles engraved with the COPC logo. We presently only have the 21 oz. bottle with the standard mouth in Everest blue.



The cost is \$25 for the 21 oz Hydro Flask. Contact a COPC chaplain or board member near you to get one for yourself or as a gift for someone else.

Prayer Requests

- Marriages of our Fire, Law Enforcement and Dispatch families. Our Chaplains meet weekly with officers, firefighters and dispatchers that request our assistance and prayers for their families.
- Covering of His Grace, Wisdom and Protection on our chaplains, agencies and families.
- There are many First Responder Families facing illnesses, surgery, and other physical ailments. Keep them and their families in prayer.

News & Events

- **COPC Chaplains Training** – First Tuesday each month from 0900-1200 hours usually at the COPC office in Bend.

- **COPC Board Meeting** – Second Thursday each month at the COPC office from 0830-1000 hours.

- **DCSO Corrections** – Chaplains Crowley, Dismore, Jemes, and Wright continue to meet weekly for a lunch with the Corrections Family.



- June 3-7, 2013, **Appreciation BBQs** throughout the three counties of Central Oregon. COPC Chaplains and Board Members way of saying thanks to the troops we serve.

• COPC GOLF TOURNAMENT Sponsored by Mountain View Heating

Date: Saturday, September 28th, 2013

Time: Shotgun start 9:00 a.m.

Registration: 8:00 a.m.

Lunch Served: 2:00 p.m.

Place: Eagle Crest Ridge Golf Course, Redmond

Format: Scramble with a shotgun start; if you do not enter as a foursome we will attempt to place you on a team.

Entry: \$100.00 per person/
\$400.00 per foursome;
includes golf, carts and lunch.

All proceeds support COPC programs and activities.

For more information contact:
Jim Crowley at 541-410-6128
Mike Dismore at 541-788-3364
Andrea at 541-390-4970

Dispatched Chaplain Requests

Chaplain Crowley assisted DCSO with a Death 05/02

Chaplain Wright assisted DCSO with a Suicide 05/03

Chaplain Dismore assisted RPD with a Death 05/04

Chaplain Dismore assisted RPD with a Death Notification 05/06

Chaplain Dismore assisted SCSF, BBRPD, and DCSO with a Death 05/07

Chaplain Crowley assisted DCSO with an Officer Care/Dispatched to Hospital call 05/07

Chaplain Crowley assisted DCSO with an Officer Care/Dispatched to Hospital call 05/10

Chaplain Crowley assisted John Day PD with a Defusing 05/10

Chaplain Crowley assisted DCSO with an Officer Care Request 05/10

Chaplain Kell assisted RF&R and RPD with a Death 05/12

Chaplain Crowley assisted BPD with a Death 05/12

Chaplain Crowley assisted LPF, SRF and DCSO with a Death 05/13

Chaplain Kell assisted RF&R and DCSO with a Death 05/23

Chaplain Pagel assisted DCSO with a Death 05/24

Chaplain Wright assisted BPD with a Death 05/25

Chaplain Crowley assisted DCSO with a Death 05/29

Chaplain Pagel assisted DCSO with a Death 05/31