

Central Oregon Police Chaplaincy

Serving the Hearts and Minds of Central Oregon's First Responders

www.copchaplain.com



February 2013

Bug Hatch!

Some folks have no clue! I have heard this statement on more than one account it reflects on the concept that some people cannot comprehend an obvious outcome. I have used the term within the last little bit - "it is hard to fix stupid" I know when my Mom reads this I will get in trouble for using the term Stupid. All of it relates to what some can perceive as activity or conduct that should be avoided in every situation. It may as well identify some activity that will be disclosed or enjoyed in the near future. This is not a riddle!!!

I am ready for the warm weather and some folks don't get that while we anticipate – it is like 50 degrees with no clouds in the sky – a change for the better. We are ready for whatever warm can deliver. We will also be complaining – some will – that it is just too hot. Seems like we struggle to be happy with what we have and what comes our way until an event or a change rattles our bubble. Some things are the same. No matter what the weather or the whether my Faith Still Holds.

The International Critical Incident and Stress Foundation has identified that our foundation of Faith directly impacts how resistant and resilient we can become empowering us to a sustainable posture given a whole lot of yuk coming at us! That is a mouth full no doubt. Like most things that are good for ya, you have to work at it a little at a time. That's one of the reasons for winter - allows you to slow down hopefully so you can store up and build up reserves. Then the Bug Hatch comes - when little bugs start hatching the fish go bonkers this time of the year devouring all of the protein. It puts a spring in my step to know it won't be long and I should be fishing somewhere. A good hobby will also assist our first responders with managing their stress levels and building resistance and resiliency. I am looking for ways to create Resistance and Resiliency for my life – what are you doing? COPC prays that we all will recreate in our lives a happy step – here comes a bug hatch again!!! – Jim

COPC Hydro Flasks



Chaplain Jim Crowley, RF&R Deputy Fire Chief Dave Pickhardt and the rest of the COPC Board have purchased a bunch of Hydro Flask bottles that are engraved with the COPC logo on one side and have the white Hydro Flask logo on the other side. They are the 21 oz. bottle with the standard mouth and the 40 oz. bottle with the wide mouth - both in Everest blue. The cost is \$25 for the smaller one and \$35 for the larger one. Contact a COPC chaplain or board member near you to get one for yourself or as a gift for someone else.



News & Events

• **COPC Chaplains Training** – First Tuesday each month from 0900-1200 hours **usually** at the COPC office in Bend. • **COPC Board Meeting** – Second Thursday each month at the COPC office from 0830-1000 hours.

• DCSO Corrections – Chaplains Crowley, Dismore, Jemes, and Wright continue to meet weekly for a lunch with the Corrections Family.

Prayer Requests

• Marriages of our Fire, Law Enforcement and Dispatch families. Our Chaplains meet weekly with officers, firefighters and dispatchers that request our assistance and prayers for their families.

• Covering of His Grace, Wisdom and Protection on our chaplains, agencies and families.

• There are many First Responder Families facing illnesses, surgery, and other physical ailments. Keep them and their families in prayer.

Dispatched Chaplain Requests

Chaplain Dismore assisted RF&R and RPD with a Suicide and Death Notification 01/01

Chaplain Crowley assisted DCSO with a Death Notification 01/01

Chaplain Jemes assisted BF&R and DCSO with a Death 01/03

Chaplain Jemes assisted BF&R and BPD with an Infant Death 01/04

Chaplain Wright assisted BPD with a Hospital Transport 01/05 Chaplain Wright assisted BPD & BF&R with a Hospital Transport 01/05

Chaplain Wright assisted RF&R and DCSO with a Death 01/06

Chaplain Austin assisted BF&R and BPD with a Death 01/07

Chaplain Austin assisted RF&R and RPD with a Death 01/09

Chaplain Austin assisted DCSO with a Death Notification 01/10

Chaplain Jemes assisted BF&R and BPD with a Death 01/11

Chaplain Pagel assisted DCSO with a Death 01/14

Chaplain Crowley assisted BF&R and DCSO with a Hospital Transport 01/14

Chaplain Dismore assisted RF&R and RPD with a Hospital Transport 01/16

Chaplain Jemes assisted BF&R and DCSO with a Death 01/23

Chaplain Kell assisted RF&R and RPD with a Death 01/24

Chaplain Jemes assisted BF&R and BPD with a Death 01/24

Chaplain Crowley assisted with Follow Up 01/27

Chaplain Kell assisted RF&R and RPD with a Death 01/28

Chaplain Dismore assisted RF&R and DCSO with a Death 01/29

Chaplain Crowley assisted BPD with a MVA – Officer Injury and Follow Up 01/30

Chaplain Pagel assisted DCSO with a death 01/31

