

**Central Oregon Police Chaplaincy** 

Serving the Hearts and Minds of Central Oregon's First Responders

www.copchaplain.com



April 2011

## Someone said that Spring was coming!!!

Spring brings getting ready getting ready We are to celebrate Easter \_ the Resurrection Celebration of Jesus rising from the Grave. He brings new life – some have said they like this time of the year because it allows them to have a fresh start - we all need that but it is because of who Christ is and what He has accomplished that we enjoy the gettin' ready!!!

Everything is pretty much on schedule – bulbs that we planted – did you know that bulbs will surface faster when you plant them right side up? – ours are coming up in the form of green vegetation – they are getting ready for their day to celebrate as well.

We spent some time with chaplains from around the state of Oregon recently preparing, training and getting ready. This is the first time that chaplains in the state have met and prepared as a team to respond when called upon. We will serve and provide support for events and agency's/departments that call us. It was good for Chaplain Dismore and myself to be able to have a part in the first Oregon Chaplains Response Team. More of our Central Oregon Chaplains will be attending the training down the road because we have a great core of chaplains that know how to work in a team atmosphere together. We are honored to have had this hosted training bv the Department of Public Safety and Standards Training center and financially supported by the Oregon State Fire Marshalls office. They asked us to help them get ready for something that might happen - we hope that it never does!

I was talking to one of our officers the other day who was loading the entire back of his patrol car with lots of stuff and when I said "Hey", he replied with "how are you doing padre" and he added, I'm getting ready! We are getting ready for our annual COPC Auction Dinner fund raiser. We are getting ready for some great opportunities to train this spring – I'd like to go fishing myself and need to get ready for that – I will be hunting I trust this fall and I am already getting ready for that. Seems like we are always gettin' ready for something -

What are you getting ready for? He Is Risen

- Chaplain Jim Crowley



### **News & Events**

# • IT'S A TOUGH JOB: MANAGING STRESS IN LAWENFORCEMENT

Bend PD is allowing COPC chaplains to attend a one day training 04/27, presented by ALEXIS ARTWOHL, PH.D. that will cover the following objectives:

1. Learn about stress reactions.

2. Learn about the research on the mental health of police officers.

3. Learn about the three sources of stress: traumatic, organizational, and personal.

4. Learn about resources for issues such as managing stress, suicide, and returning veterans.

5. Learn about the research on critical incident stress and debriefings

6. Learn about strategies to take care of self and others.

• DCSO Corrections – Chaplains Jemes, Dismore, and Crowley continue to meet weekly for a lunch with the Corrections Family. These have proven to be very positive opportunities to make contact with our Corrections Deputies in Deschutes County. They are great women and men serving our community.

• **COPC Website** – The COPC website is continuing to be upgraded and changed. We would encourage as many as can to check it out at www.copchaplain.com and please give us some input for a reevaluation of how we look on the web. We have plans for more opportunities with the site.

• **COPC Board Meeting** – Second Thursday from 0830-1000 hours.

• **COPC Auction Dinner** – The Auction Dinner is scheduled for Friday, May 6<sup>th</sup>, 2011 and will be held at the Christian Life Center, 21720 E Hwy 20 in Bend. The Auction Committee is meeting every Thursday @ 5:30 p.m. at the COPC House. We are excited about the assistance of a Professional Planer Mindy for our Auction Dinner. We have met and extended an opportunity for the auction committee to come together for planning and strategizing for this fund raising event. It will be better than ever!!! If you would like to help us please come to this meeting.

### **Prayer Requests**

The following requests for prayer come to us as a request and permission to share the information with friends of COPC.

• Please be in prayer for the McNaughton Family. Their son has entered another round of chemo.

• Matt Kamasz has had a number of surgeries the last few weeks battling cancer. He is doing well and hopes to return to work soon.

• Chaplain Margie Jeffery's son Mike has been diagnosed with cancer and she has asked for our prayers.

• First Responders will find the strength to ask for HELP when they need it.

• Marriages of our Fire, Law Enforcement and Dispatch families. Our Chaplains meet weekly with officers, firefighters and dispatchers that request our assistance and prayers for their families.

• Covering of His Grace, Wisdom and Protection on our chaplains and families.

• Safety & Protection for all of the agencies and Departments that we serve in Central Oregon.

### Dispatched Chaplain Requests

Chaplain Jemes assisted DCSO with a death notification 02/28

Chaplain Dismore assisted RPD and RF&R with a DOA 02/28

Chaplain Kell assisted RF&R and DCSO with a DOA 03/03

Chaplain Haworth assisted BF&R and BPD with a DOA 03/04

Chaplain Dismore assisted BF&R and BPD with a DOA 03/05

Chaplain Kell assisted CRRF&R, DCSO, and JCSO with a suicide 03/07

Chaplain Jemes assisted BF&R and DCSO with a DOA 03/08

Chaplain Crowley assisted BPD & DCSO with a suicide 03/09

Chaplain Crowley assisted 911 with suicide 03/09

Chaplain Crowley assisted BPD with a public assistance call for a missing person 03/12

Chaplain Jemes assisted BPD with a suicide 03/16

Chaplain Crowley assisted BPD with a sex abuse case 03/19

Chaplain Crowley assisted BPD with a missing person case 03/19

Chaplain Crowley assisted with an out of state missing person/suicide 03/19

Chaplain Wright assisted DCSO with a DOA 03/20

Chaplain Crowley assisted WSPD with an officer involved shooting 03/21

Chaplain Crowley assisted BPD with a DOA 03/25

Chaplain Petersen assisted BPD with a DOA 03/25

Chaplain Wright assisted DCSO with a DOA 03/28

Chaplain Jemes assisted BPD with a DOA and Death Notification 03/30

