



Central Oregon Police Chaplaincy

Serving the Hearts and Minds of Central Oregon's First Responders

www.copchaplain.com

October 2015

The Beat

Anticipation

Anticipation: It can mean a hope for something that you are really looking forward to like seeing a good friend – Christmas morning – end of a shift! Anticipation can also be the irritation with having to wait. It's like being late for a root canal!

One of the steps to a healthier view for life is having something good to look forward to. I try to arrange my schedule and have for many years to focus on a time to be with my bride to have coffee sometime in the late afternoon when she is done with teaching for the day. I anticipate the time and the friendship that I enjoy – to

cathartically vent and listen to her heart as well. I like the Latte's she makes too!



Having something daily, weekly, monthly and annually to look forward to creates a good tension and helps me refocus on

priorities. We all have enough yuk to deal with! It is refreshing to have something to anticipate – looking forward gives you a forward lean!

Faith helps us look forward and lean forward. I look forward to spending time with my heavenly Father – He gives me a forward look!

If you are a First Responder and reading this – our COPC Chaplains pray for you all the time and Anticipate ways that we can serve and support you – you are all appreciated a bunch.

Blessings - pj



The Central Oregon Police Chaplaincy is a Public Benefit non-profit organization with a volunteer board of members from the community, law enforcement agencies, emergency services agencies, clergy, and professionals that meet monthly to assist the chaplains in accomplishing ministry for our law enforcement and emergency services families.

While in contact with the community, it is our mission to care for the troubled and those who have endured loss; those who have been victimized by events and tragedy that have left them abandoned, helpless and without hope.

What We Do

Help Bring Calm To Chaos – Offering a safe place and safe relationship to the First Responders of Central Oregon. Offering help and assistance to those in crisis and facing traumatic circumstances.

Emergency Services – Chaplains are available for on-scene support for all crisis intervention and assistance when needed.

What We Do . . . (con't)

Death Notifications – often the Departments and Agencies in Central Oregon call upon us to help convey the news of the death of a loved one to family and friends.

Training Others – we have assisted starting Chaplaincy Programs in a number of other Oregon Counties and Cities.

Hospital and Home Visits – to assist in healing and support ministry.

Providing Critical Incident Debriefing and Defusing – following a critical incident or traumatic event, for officers, emergency services personnel, and the community.

Officer Training and Public Awareness – to help the officer and emergency services personnel and their family members maintain healthy relationships to enhance their careers. To educate the community through classes and Citizen Academy events.

Training – we offer monthly training and specialized training to our chaplains and to the emergency service personnel of our communities.

Ride-alongs – with officers and emergency services personnel, encouraging and establishing trust, identifying with their daily pressures and responsibilities.



Officiating Services – celebrating with officers and emergency services personnel and their families in Wedding Celebrations, Vow Renewals, and Baby Dedications. Providing pre- and post-marriage counseling and officiating at funeral services, for officers, emergency services personnel, and our communities.



Search & Rescue – Chaplains are there to assist the Search & Rescue teams as they are called upon for missions, rescues, searches, evacuations, and recoveries.

Disaster Services – a number of our chaplains have assisted with events such as 9/11, Hurricane Katrina, and other emergencies.

Confidential and Personal Counseling – to police officers and emergency services personnel, their families and the community.

Critical Incident Stress Management – our Chaplains provide a wide range of services helping others deal with traumatic incidents.

News & Events

• **COPC Chaplains Training** – First Tuesday each month from 0900-1200 hours usually at the COPC office in Bend.

• **COPC Board Meeting** – Second Thursday each month at the COPC office.

• **DCSO Corrections** – Chaplains Crowley, Dismore, Jemes, and Michalek continue to meet weekly for lunch with the Corrections Family.

Prayer Requests

• Marriages of our Fire, Law Enforcement and Dispatch families. Our Chaplains meet weekly with officers, firefighters and dispatchers that request our assistance and prayers for their families.

• Covering of His Grace, Wisdom and Protection on our chaplains, agencies and families.

• There are many First Responder Families facing illnesses, surgery, and other physical ailments. Keep them and their families in prayer.

COPC Chaplains

Jim Crowley, Executive Chaplain

Mike Dismore, Asst. Chaplain

Lyman Flenner; La Pine

Kimi Glaspie; Madras

Tom Hunt; Three Rivers

Terry Jemes; Bend

Dave Kell; Redmond

Paul Lanquist; Madras

Bill Michalek; Bend

Peter Pagel; LaPine

Dan Parks; Prineville

Stan Peterson; Tumalo

Henry Porter; Corrections

Amber Turnage; Powell Butte

Bob Wiley; Redmond



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