



Central Oregon Police Chaplaincy

Serving the Hearts and Minds of Central Oregon's First Responders

www.copchaplain.com

June 2014

The Beat

Taking on TOOOOOO Much?

There is a void of expanse that caregivers experience - others have called it more sophisticated processes and are using a huge quiver of opportunities to get through what this void could be identified as - none the less it still happens. Those moments of awe when we say - Really - did that just happen? It doesn't take long to bounce back into the reality of yuk when the cries of anguish penetrate and pierce our conscious shaking us to the core of our faith we realize - we better do something. Sometimes we don't have any time to process the yuk at all as we are in it too much. In the moments of self-care we can hardly believe that this has happened - what has happened. It is surreal and devastating.

I have on more than one occasion unlike anyone else sensed the awkward responsibility for something that I cannot do anything about but think I can.

There are natural tendencies and momentum that bring about catastrophic events and the fact of the matter very few if anyone can do anything about them - When the clouds fill up

they will empty out rain on the earth. We are fine with that until it becomes personal and we get wet with a tragedy.

Some things we cannot do anything about - we can try and be responsible for them - If I would have gotten there sooner this would not have happened - stinking thinking creeps in and causes us undue Stress. There are some things that happen and little can be done prior to or during the event to change the event. We are still left with the outcome of the event. When a tree falls - there it lays! - Ecclesiastes 11:3. It's all good knowing that I simply don't have to be responsible to fix everything - sometimes the trees fall I just need to make sure I stay out of the way! It is always an honor to serve and support First Responders and our fellow Chaplains & ICPC Regional Chaplains. I've been asked many times what are you doing for self-care - reading a good Psalm helps - Psalm 86

You Are Appreciated - pj



2014 CENTRAL OREGON POLICE CHAPLAINCY GOLF TOURNAMENT

Presented By



Supported By



Friday, August 15th, 2014

Eagle Crest Ridge Golf Course
- Redmond, Oregon

Shotgun start at 8:00 a.m.

Lunch and prizes at 1:00 p.m.

Entry: \$125.00 per person/
\$500.00 per foursome.

Includes 18 holes of golf, carts
and BBQ lunch.

Reserve your spot today - visit
www.copchaplain.com for more
information and to complete
and send in the registration
form. Contact Andrea at
541.390.4970 for questions.

Group Crisis Intervention

Chaplains Jim Crowley and Mike Dismore will be teaching the **Group Crisis Intervention** class on **June 9-10, 2014**, from 9:00 AM to 5:00 PM each day. The course will be held at DPSST, 4190 Aumsville Hwy SE, Salem, Oregon

Cost of the Course: \$120

Cost Includes: Registration, ICISF Materials & Certificate, DPSST meal card and lodging for June 9th.

Register online for this class at www.socirt.com/training or call 541-450-9532.

Training

Chaplain Jim Crowley will be attending the ICISF Approved Instructor course for the Advanced Individual Crisis Intervention scheduled June 28-29, 2014 in Ellicott City, MD.

Individual Crisis Intervention & Peer Support

Chaplains Jim Crowley and Mike Dismore will be teaching the **Individual Crisis Intervention & Peer Support** class on **July 30-31, 2014**, from 8:30 AM to 5:00 PM each day. The course will be held in Medford, Oregon, the exact location to be determined later

Cost of the Course: \$99.00

Cost Includes: Registration, ICISF Materials & Certificate.

Register online for this class at www.socirt.com/training or call 541-450-9532.

News & Events

- **COPC Chaplains Training** – First Tuesday each month from 0900-1200 hours usually at the COPC office in Bend.
- **COPC Board Meeting** – Second Thursday each month at the COPC office from 0830-1000 hours.
- **DCSO Corrections** – Chaplains Crowley, Dismore, Jemes, and Michalek continue to meet weekly for a lunch with the Corrections Family.

COPC Hydro Flasks



Here's what we have left in the 21 oz. size: 12 Blue, 2 Black, 1 Green, 2 Stainless (no logo). In the 40 oz. size with the wide mouth we have 1 White. **The cost is \$25 for the 21 oz. and \$35 for the 40 oz.**

Prayer Requests

- Marriages of our Fire, Law Enforcement and Dispatch families. Our Chaplains meet weekly with officers, firefighters and dispatchers that request our assistance and prayers for their families.
- Covering of His Grace, Wisdom and Protection on our chaplains, agencies and families.
- There are many First Responder Families facing illnesses, surgery, and other physical ailments. Keep them and their families in prayer.

COPC Chaplains

The Chaplains of Central Oregon Police Chaplaincy provide the crucial services that support the region's First Responders and the community. On an on-call basis, 24 hours a day, seven days a week, COPC Chaplains are dispatched to calls including deaths (Code 99s), death notifications, drownings, fires, homicides, hospital transports, infant and child deaths, motor vehicle accidents, search and rescue, suicides, and more.

In addition, COPC Chaplains provide confidential personal counseling and mentoring, hospital and home visits to assist in healing and provide support, critical incident stress debriefing and defusing for First Responders and the community following traumatic events. They officiate at ceremonies including funerals, weddings, celebrations, dedications, and other events. They do ride alongs and visit the First Responders at the agencies throughout Central Oregon. They also are involved in administrative duties, attending meetings, making community contacts, and fundraising.

Monthly training is offered to the COPC Chaplains, First Responders, and others; training to help Chaplains, Emergency Services Personnel and their family members maintain healthy relationships.



**Central Oregon
Police Chaplaincy**



2014 CENTRAL OREGON POLICE CHAPLAINCY GOLF TOURNAMENT

PRESENTED BY MOUNTAIN VIEW HEATING

SUPPORTED BY EAGLE CREST RESORT

**Details: Friday August 15th, 2014 – Eagle Crest Ridge Golf Course - Redmond, Oregon
Shotgun start at 8:00 a.m. – lunch and prize presentations at 1:00 p.m.**

Entry: \$125.00 per person/ \$500.00 per foursome. Includes 18 holes of golf, carts and BBQ lunch.

*Great team prizes including: 1st Low Gross, 2nd Low Gross, long drive men's/women's
closest to the pin and even last place!*

**Reserve your spot today – visit www.copchaplain.com for more information and to complete
and send in the registration form. Contact Andrea at 541.390.4970 for questions.**



Course Intended For:

Law Enforcement
Firefighters, EMS
Dispatchers
Medical Personnel
Corrections Officers
Chaplains
Federal Employees
Reserves/Volunteers
Probation Officers
Private Security
Juvenile Counselors
Court Clerks
Call-Takers
Records Personnel
Property & Evidence
FBI, DEA, CBP, ICE, DOE, ATF
Detention Personnel
Campus Security
Emergency Room Staff
Mental Health
Parole & Probation
Juvenile Corrections
Arson Investigators
TSA Personnel
Emergency Medical Personnel
Unarmed Security Officers
BLM Law Enforcement
Private Investigator
Armed Security Officers
Court Personnel
Fraud Investigators
Airport Security
Campus Police
BLM Fire
Park Rangers
USFS LE
DHS Investigators
Dept of Ag Examiners
Insurance Investigators
Homeland Security Personnel
Supervisors
Gaming Board Investigators
Racing Commission
Lottery Investigators
Specialty Team Members
School Safety Personnel
Community Service Officers
Mental Health Personnel
Labor Commission Personnel
Employment Investigators
Licensing Board Investigators
Transportation Personnel
Critical Incident Teams
Mental Health Support
Park Police
Animal Control Officers
Liquor Control Officers

CISM

Group Crisis Intervention

ICISF Certified Course

June 9 -10, 2014

9:00am to 5pm each day

Classes will be held at DPSST

4190 Aumsville Hwy SE
Salem, Oregon 97317

**\$120 for new certifications
& re-certifications**

(re-certifications are for classes taken before 2007)

Price includes handouts, certificate of completion, meal card for meals
at DPSST & lodging at DPSST for June 9th

Register On-line at www.socirt.com/training

**For More Info, Call (541) 450-9532
or email training@socirt.com**

Oregon DPSST rosters will be available for training credit

The Course: Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed. (14 contact hours; 1.4 CEUs from UMBC)

The Instructors: Chaplain Jim Crowley presently serves as the Executive Chaplain for Central Oregon Police Chaplaincy in Bend, Oregon. He is an Approved Instructor with the International Critical Incident and Stress Foundation. He is a Regional Director for the International Conference of Police Chaplains and has earned the Master Chaplain Credential. He instructs locally for Dispatch, Fire and Police Disciplines while serving and instructing in the communities of Central Oregon. He has instructed both regionally and nationally with the ICPC and ICISF. Chaplain Mike Dismore has been a pastor since 1978. He is the Assistant Chaplain with COPC, an ICISF Approved Instructor, and a Certified Master Chaplain with ICPC.





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Private Security
Juvenile Counselors
Court Clerks
Call-Takers
Records Personnel
Property & Evidence
FBI, DEA, CBP, ICE, DOE, ATF
Detention Personnel
Campus Security
Emergency Room Staff
Mental Health
Parole & Probation
Juvenile Corrections
Arson Investigators
TSA Personnel
Emergency Medical Personnel
Unarmed Security Officers
BLM Law Enforcement
Private Investigatory
Armed Security Officers
Court Personnel
Fraud Investigators
Airport Security
Campus Police
BLM Fire
Park Rangers
USFS LE
DHS Investigators
Dept of Ag Examiners
Insurance Investigators
Homeland Security Personnel
Supervisors
Gaming Board Investigators
Racing Commission
Lottery Investigators
Specialty Team Members
School Safety Personnel
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Animal Control Officers
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CISM

Individual Crisis Intervention & Peer Support

ICISF Certified Course

July 30th-31st, 2014

8:30am to 5pm each day

Classes will be held in Medford, OR
Exact Location of the class TBD

**\$99 for new certifications
& re-certifications**

(re-certifications are for classes taken before 2007)
Price includes all class materials. Accommodations
and meals are not included

Register On-line at www.socirt.com/training

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or email training@socirt.com**

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The Course: Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

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