



Central Oregon Police Chaplaincy

Serving the Hearts and Minds of Central Oregon's First Responders

www.copchaplain.com

March 2014

The Beat

Sustainability

The foundation of Sustainability - Sustain: to keep up or keep going, as an action or process. What process pattern or practice is used to create Sustainability? Recently, a Crisis Event helped with reframing the normal! What created the determination to sustain - to keep going? Here are a few items on the list: The Participants had a Mission - a purposed cooperation with others in the same mindset driven to achieve the same goal. What Sustains - training to accomplish the same purpose. The participants had accomplished training for a targeted outcome. The Participants brought their A game - they were ready - they were prepared. The Participants were committed - determined to accomplish the Task at hand. During the event I began to be aware of some that were not sustaining. Some Observations: They could not Sustain due to conflict - the inability or loss of Mission. They became Distracted and grew Discontent creating Dissatisfaction and Judgment. This joined with the Personal! We have learned over the years that many will sustain an event until it becomes personal. How can we stay

focused and maintain our sustainability? My observations recently identified our First Responders successfully accomplishing Sustainability when they kept the Mission First. The Mission took on a higher Priority than the Personal. Sustainability is created by maintaining Priorities. It mandates the need to set aside the Personal. Sustaining implies Cooperation - we simply need to cooperate to maintain the sustain in us!

The Central Oregon Police Chaplaincy Sustains because of a conviction of Mission. We are ready, trained and intentional with the purpose of Serving the Hearts and Minds of Central Oregon's First Responders. We Sustain because of His Calling: "The Spirit of the Lord is upon Me, Because He anointed Me to preach the gospel to the poor. He has sent Me to proclaim release to the captives, And recovery of sight to the blind, To set free those who are oppressed, as well - to proclaim the favorable year of The Lord (Luke 4:18&19 NASB) - the Mission of Christ.

On Behalf of our COPC Board and Chaplains we want to THANK YOU for your Support to help us with our Mission.

You Are Appreciated, pj



The Central Oregon Police Chaplaincy will be at the Central Oregon Sportsman Show March 6-9, 2014 at the Deschutes County Fair & Expo Center. Please visit the COPC booth at the Sportsman's Show and support our raffle!

Special thanks to Vortex Optics, Advanced Northwest Welding, Smith & Wesson, Deschutes County Sheriff's Association and Supply Depot for our raffle items.

Raffle tickets are \$5 each or six tickets for \$25. You need not be present to win. You choose which of items you want your raffle ticket(s) to go toward.

The raffle items are:

The Cauldron Ultimate Barbeque & Fire Pit w/Disco Cooker Skillet (Retail \$5,000)



BODYGUARD® 380 by Smith & Wesson (Retail \$419)

PLUS: Dynamics of Deadly Force Encounters Class April 19 & 20, 2014 (Retail \$300)



Savage 30.06 Axis XP Stainless Steel Rifle w/Black Stock & Scope (Retail \$515)



Vortex Ranger 1000 Laser Rangefinder (Retail \$380)



Vortex Viper HS Rifle Scope LR 4-16x44 BDC-2

(Retail \$499)



Vortex Diamondback 10x42 Binocular (Retail \$279)



***Weekend to Remember
Sunriver Resort
March 14-16, 2014***

***Registration 5-7 PM on Friday;
Ends 12:30 PM on Sunday***

COPC and the Board of Directors are again teaming together with Family Life to assist couples with conference registration. The standard price for this conference is \$349.98 per couple (\$174.99 per person). **COPC is able to make this opportunity available to First Responders for \$249.98 per COUPLE (\$124.99 per person) through a group rate!**

To register go to <http://shop.familylife.com/p-2993-sunriver.aspx> then click on "Register Myself and Spouse" and fill in the drop down form with the information requested. In the "Group Name" box type in **JimCrowleyCOPC** (this group name is case sensitive) and then click on "continue" button for the next part of the registration process.

This is for the conference registration only and does not include lodging or meals. Call 800-547-3922 for Sunriver Resort lodging reservations.

COPC Chaplains

The Chaplains of Central Oregon Police Chaplaincy provide the crucial services that support the region's First Responders and the community. On an on-call basis, 24 hours a day, seven days a week, COPC Chaplains are dispatched to calls including deaths (Code 99s), death notifications, drownings, fires, homicides, hospital transports, infant and child deaths, motor vehicle accidents, search and rescue, suicides, and more.

In addition, COPC Chaplains provide confidential personal counseling and mentoring, hospital and home visits to assist in healing and provide support, critical incident stress debriefing and defusing for First Responders and the community following traumatic events. They officiate at ceremonies including funerals, weddings, celebrations, dedications, and other events. They do ride alongs and visit the First Responders at the agencies throughout Central Oregon. They also are involved in administrative duties, attending meetings, making community contacts, and fundraising.

Monthly training is offered to the COPC Chaplains, First Responders, and others; training to help Chaplains, Emergency Services Personnel and their family members maintain healthy relationships.



**Central Oregon
Police Chaplaincy**



CENTRAL OREGON SPORTSMEN'S SHOW



Central Oregon Police Chaplaincy will be at the
Central Oregon Sportsman Show
March 6-9, 2014
Deschutes County Fair & Expo Center

Thursday & Friday: 12noon – 8pm; Saturday: 10am – 8pm; Sunday: 10am – 4pm

Please visit the COPC booth at the Sportsman's Show and support our raffle!

Special thanks to Vortex Optics, Advanced Northwest Welding,
Smith & Wesson, Deschutes County Sheriff's Association and
Supply Depot for our raffle items.

All proceeds support COPC programs.

Raffle tickets are \$5 each or six tickets for \$25.

Pictures may vary from actual item. You need not be present to win.
You choose which of items you want your raffle ticket(s) to go toward.

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LR 4-16x44 BDC-2
(retail \$499)



Vortex Diamondback 10x42
Binocular
(retail \$279)



Raffle tickets can be purchased at the Sportsmen's Show or by
contacting your local COPC Chaplain or COPC Board Member

www.copchaplain.com

