

**CENTRAL
OREGON PUBLIC
SAFETY
CHAPLAINCY**



**Serving the
Hearts & Minds
of Central
Oregon's First
Responders**

SEPTEMBER NEWSLETTER

I'm FINE

One of the questions COPC Chaplains ask First Responders is “How are you?” or “How are you today?” or “How are you after _____ (fill in the blank)?” And the answer we often receive is “I’m fine.”

Over the years Jim Crowley and I have used a few acronyms for the word FINE such as Frustrated Insecure Neurotic and Emotional or Feelings Inside Not Expressed. We’ve heard some other acronyms for FINE, but some of those include words chaplains don’t typically use.

This level of FINE is where we say “I’m fine.” But really means “Help me.” We’ve all been there at one time or another. Here is a link to a GIF (one of those formats where the picture moves):

http://66.media.tumblr.com/tumblr_m7s76ycPzh1rzqi6vo1_500.gif

Then there are times we really are FINE. Life or circumstances may not be the best, or easy or fair, but we are processing well and resilience is happening. Everything will be okay, just give it some time and use the healthy resources available.

But what if just as FINE can mean something less than fine it could mean something more than fine? Here are a few examples. (Thanks Kris from RPD)

Fulfilled Impassioned Noble Encouraged
 Fantastic Inspired Nonjudgmental Exceptional
 Free Independent Natural Enthusiastic
 Fabulous Interested Needed Engaged
 Fortunate Intune Necessary Excited
 Focused Important Nice Eager

This level of FINE is where we thrive, grow, learn, and develop. Abundant life is a term used in John 10:10. James 1:2-4 says we can be joyful when facing trials because the tests faced produce perseverance which helps us be mature and complete, not lacking anything.

How are you today? We really do care. Thanks for who you are and what you do.

Chaplain Mike

**CENTRAL OREGON PUBLIC SAFETY CHAPLAINCY
GOLF TOURNAMENT**

Friday August 9, 2019 – Eagle Crest Ridge Golf

Sponsors

Mt. View Heating
Air Link CCT
Cascadia Group/REMAX Key Properties
Storm Water Services
Niswonger Reynolds Funeral
Deschutes County Sheriff Employee Association

Presenting Sponsor
Welcome Sponsor
Beverage Cart Sponsor
Tee Sponsor
Tee Sponsor
Tee Sponsor

Donations & Gifts

Oregon State Ticket Office
Big Foot Beverages
Juniper Golf Course
Big Five Sporting Goods
Hollow Ranch
McMenamins
Eagle Crest Golf Course
Meadow Lakes Golf Course
Prineville Golf & Country Club
Aspen Lakes Golf Course
Fuse Events LLC

2 Tickets OSU vs Cal Poly
Pepsi Products & Water
2 Rounds of Golf
\$25.00 Gift Card
2 Nights B&B for 2
2 \$50.00 Gift Cards
4 Rounds of Golf with Cart
4 Rounds of Golf with Cart
4 Rounds of Golf with Carts
2 Rounds of Golf
DJ Service for your Event

**We had 19 teams this year
Thank you for making it a great success!**





Upcoming Dates

COPC Chaplains Training
1st Tuesday each month

COPC Board Meeting
2nd Thursday of each month

How can you support COPC?

You can help Central Oregon Public Safety Chaplaincy by using the payroll deduction form that I have attached below.

You can have any amount taken out automatically from your pay check every month that will support COPC.

Please fill it out and return it to your admin office.

[Payroll deduction form - click here](#)

Every little bit helps and we are grateful for all the support from all the First Responders in Central Oregon.

If you have any questions, please email me at joel.p.stutzman@gmail.com.

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COPC Chaplains

- [Mike Dismore](#)
- [Joel Stutzman](#)
- [Kinne Callaway](#)
- [Lyman Flenner](#)
- [Stephen Gilday](#)
- [Kimi Glaspie](#)
- [Terry Jemes](#)
- [Paul Lanquist](#)
- [Robin Mirrasoul](#)
- [Patty Myers](#)
- [Peter Pagel](#)
- [Dan Parks](#)
- [Henry Porter](#)
- [Amber Turnage](#)
- [Bob Wiley](#)
- [Richard Ross](#)
- [Leslie Languist](#)
- [Don Manning](#)
- [Skip Hinton](#)
- [Jim Horsley](#)

Click on name for contact info.

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