

Central Oregon Public Safety Chaplaincy

Serving the Hearts and Minds of Central Oregon's First Responders

www.copchaplain.com

January 2018

Blessings in 2018!

Mike and I have served on staff now for 13 years! Seems like time really flies by for sure. He deserves some kind of special recognition for putting up with me for that long - then there's my wife - almost 45 years! She deserves the Noble Peace Award! Time passing quickly tends to create an opportunity to be complacent - ho hum - I'll see them tomorrow! Hey don't put off for tomorrow what you can do today.

With a new year around the corner and the opportunity or choice to start over again intentionally identify ways to stay healthy in our hearts and minds. The possibility of rain or snow is forecasted - forecast the possibility of endorsing your Family a Friend and a Favorite Hobby or place with your time in 2018!

If you're waiting to say something good like Thank You, I Love You - I Appreciate you until next year - it's here! Forecasting a Great Year begins today.

I'm looking forward to Time with my Bride this year - Time with my Family - Time with Good Friends - Mike Dismore and many others. There are a mass of great people all around us. Intentionally endorse time with them even for a brief moment - listen and support those near you with your time.

First Responders - Thanks for letting COPC Chaplains spend time with you. You Are Appreciated and Loved!

Blessings in 2018 -

Padre

ps: Fret Not! Old term that can mean don't let anxiety get the best of you! It's like pulling up the plants in your garden to check the roots to see if they are growing. Give em some time and they will grow! Carrots would be the exception!

Central Oregon Public Safety Chaplaincy has had a great year serving the First Responders of Central Oregon. We have covered hundreds of calls and spent thousands of hours building relationships with the men and women who on the front lines to keep our community protected and healthy. Our chaplains have received excellent training this past year. In 2017, Jim and Mike have taught the ICISF Advanced Group Crisis Intervention course in Beaverton, Bend, Salem, and Umatilla. They have taught the Assisting Individuals & Group Crisis Intervention course in Bend (x3), Dallas (OR), Eugene, McMinnville, Salem, The Dalles, and Tillamook.

We thank the Howard Cross Foundation for the use of the Kearney Street house for the past eight years. We have moved out of that location and are actively looking for a new location for our chaplaincy ministry.



Central Oregon Public Safety Chaplaincy will be at the **Central Oregon Sportsmen's Show March 1-4, 2018** at the Deschutes County Expo Center. We plan to have raffle items similar to those we have had in previous years. Further details and raffle tickets will be available soon.

News & Events

• **COPC Chaplains Training** – First Tuesday each month from 0900-1200 hours.

• **COPC Board Meeting** - Second Thursday each month.

• DCSO Corrections – Chaplains Crowley, Dismore, Jemes, and Michalek continue to meet weekly for lunch with the Corrections Family.

A First Responder Prayer

We pray over the emergency responders of Central Oregon. Please keep these men and women safe; give them strength when they are called to duty, responding to danger and ugliness. Lord, please give them wisdom as they continue to help others. Let your love shine through our Chaplains as we continue to care and support the people and families of our emergency services. Amen.



Family Life Presents Weekend To Remember at the Sunriver Resort March 02-04, 2018 Registration 5-7 PM on Friday; Ends 12:30 PM on Sunday

COPC and the Board of Directors are again teaming together with Family Life to assist couples with conference registration. The standard price for this conference is \$349.98 per couple (\$174.99 per person).

COPC is able to make this opportunity available to First Responders for \$174.98 per COUPLE (\$87.49 per person) through a group rate!

To register go to our chaplaincy web site, <u>www.copchaplain.com</u> home page and click on the Family Life Today Weekend To Remember link under the events listings.

Then click on "Register Myself and Spouse" and fill in the drop down form with the information requested. In the "Group Name" box type in **JimCrowleyCOPC** (this group name is case sensitive) and then click on "continue" button for the next part of the registration process.

This is for the conference registration only and does not include lodging or meals. Call 800-547-3922 for Sunriver Resort lodging reservations.

COPC Chaplains

The Chaplains of Central Oregon Public Safetv Chaplaincv provide the crucial services that region's support the First Responders and the community. On an on-call basis, 24 hours a day, seven days a week, COPC Chaplains are dispatched to calls including deaths (Code 99s). death notifications. drownings, fires, homicides. hospital transports, infant and child deaths. motor vehicle accidents, search and rescue, suicides, and more.

In addition, COPC Chaplains provide confidential personal counseling and mentoring. hospital and home visits to assist in healing and provide support, critical incident stress debriefing and defusing for First Responders and the community following traumatic events. They officiate at ceremonies including funerals, weddings, celebrations. dedications. and other events. They do ride alongs and visit the First Responders at the agencies throughout Central Oregon. They also are involved in administrative duties, attending meetings, making community contacts, and fundraising.

Monthly training is offered to the COPC Chaplains, First Responders, and others; training to help Chaplains, Emergency Services Personnel and their family members maintain healthy relationships.

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